

Tuning in to Kids



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Tuning in to Kids is a 6-session parenting program that focuses on the emotional connection between parents/carers and their children.

Would you like to learn how to:

- Be better at talking with your child?
- Be better at understanding your child?
- Help your child learn to manage their emotions?
- Help to prevent behavioural problems?
- Teach your child to deal with conflict?

The details:

- Where: Online
- When: Tuesdays 19th of May - 23rd of June 2026
- Time: 10 am – 12 pm
- Cost: Free
- Suitable for: Parents and carers with children aged 3 to 10 years.

Please note, this program is only eligible to parents and carers residing in the inner and outer east of Melbourne.

Contact us
familywellbeingreferrals@vt.uniting.org

Learn more
unitingvictas.org.au//event/tuning-in-to-kids-august/



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