

## Tuning in to Kids

A six session program for parents on 2 -10 year olds.

Learn how to help your child develop emotional intelligence

**ONLINE**

**Wednesdays 10am-12pm**

**2 March - 6 April**

**[Register here](#)**

## Tuning in to Teens

A six session program for parents of 10 -16 year olds.

Learn how to help your teenager develop emotional intelligence

**ONLINE**

**Tuesdays 6pm-8pm**

**1 March - 5 April**

**[Register here](#)**

## Emotion Coaching

For parents and carers of children 2-10 years of age who would like to understand their children's emotional development and learn how they can connect with their children.

**ONLINE**

**Monday 21 February**

**1pm - 3pm**

**[Register here](#)**

**ONLINE**

**Thursday 24 February**

**10am-12pm**

**[Register here](#)**



**Call 1800 161 306  
for more information**

# Child and Family Services Timetable Term 1 - 2022

