**SOUTHERN GRAMPIANS SCHOOLS’ SPORTS ASSOCIATION**

**39th ANNUAL ATHLETICS SPORTS**

**MITCHELL PARK, MOUNT NAPIER ROAD, HAMILTON**

**Tuesday 26th March 2024**

Please arrive no later than 9.00am

All students compete in age level based on their age as at 31/12/2024. Must be turning 9 or above in 2024 to participate.

**9.15am: WELCOME**

**9.30am - 9.45am: 800m Distance**

9, 10, 11 and 12/13 years - boys and girls run concurrently. Students nominated by schools (max 2 per age/gender)

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| **ROTATIONS:** | |  |  |  |  |  |
|  | ***9:45am*** | ***10:15am*** | ***10:45am*** | ***11:15am*** | ***11:45am*** | ***12:15pm*** |
| **High Jump** | 12/13 |  | 11 | 10 | 9 |  |
| **100m** |  | 12/13 | 9 |  | 11 | 10 |
| **Discus** | 11 |  | 12/13 | 9 | 10 |  |
| **200m** | 10 | 11 |  | 12/13 |  | 9 |
| **Shotput** | 9 | 10 |  |  | 12/13 | 11 |
| **Long Jump** |  | 9 | 10 | 11 |  | 12/13 |

**12.45 - 1.15pm: LUNCH**

**1.15pm: Hurdles**

9, 10, 11 and 12/13 years - Students nominated by schools (max 2 per age/gender)

**1.30pm: Triple Jump** (after athlete has finished hurdles if they are participating)

Students nominated by schools. No points allocated and does not go towards age champion.

Only for those wishing to progress to Division Athletics in Triple Jump.

**1.45pm: Inclusive Relays**

Encourage all students to participate in the FUN mixed shuttle relays. No points will be allocated for this event.

9 year olds

10 year olds

11 year olds

12/13 year olds

\*Selection for Relay Teams for Division will be made from the top four 100m times for each Age group. Teams can comprise students from different schools. The team will be a representation of the SGSSA.

**2.15pm: Announcement of Age Champions**

Note: there will be no overall school award

**DISMISSAL**

**SPECIFICATIONS:**

**Hurdles**: 9, 10, 11 years: 80m (9 x 60cm hurdles) **Track**: All age groups: 100m

12+ years: 80m (9 x 68cm hurdles) All age groups: 200m

All age groups: 800m (nominations only)

**Shot Put**: 9, 10, 11 years: 2kg **Discus**: 9, 10 years: 500g

12+ years: 3kg 11, 12+ years: 750g

**2024 RESPONSIBILITIES:**

**School** **Morning Rotation Student Group Carers Event**

Cavendish: Long Jump

St. Joseph’s: 11 years Girls Discus

Tarrington: 12/13 years Girls Long Distance, Sprints, Hurdles, Starter and Timing Gates

Dunkeld: 9 years Boys and Girls Shot Put & Results Recording

Macarthur: 12/13 years boys High Jump

Branxholme: 10 years Boys and Girls

Penshurst: 11 years Boys

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# All schools to please help with hurdles as required (fallen hurdles, height changes etc)

# Schools to provide two people for each field station (boys and girls separate) – 4 in total

1. All events require 1st, 2nd and 3rd place recorded. Event coordinators to distribute the ribbons at the end of each event.

2. **Ties:** In the event of a tie, all three place ribbons (and points) will be acknowledged. E.g. Tie for 2nd place results in 1st, equal 2nd, and 3rd. We cannot have a tie for first in field events, there is always a countback or a jump/throw off may be required if the athletes remain equal after all attempts. 4 or more people may receive ribbons and points in one event if one or multiple ties.

**FIRST AID: Schools responsible for their own First Aid.**

**Champion Athlete:** This is determined by the total number of points gained by the individual boy and girl in each age group. In the event of a tie, all involved will be awarded a medallion.

For all individual events, placegetters are awarded 3 points for 1st place, 2 points for second place and 1 point for 3rd place.

**Qualifying for Division Athletics:** First place getter for field events will be eligible for Division Athletics. First and second place getters for track events will be eligible for Division Athletics. Individuals are only allowed to participate in 2 individual and 1 relay event so will need to make a choice about which events they would like to progress in. The next place getter will be offered the position in the case the first does not take on that event. If we have equal first in track then those two athletes will progress to Division and the second place getter will not.

9/10 age group is combined at the next level of competition - Division. These age groups at SGSSA District Athletics will be competing separately for ribbons and Age Champion however to qualify for Division, the age groups will be combined. For example someone in the 9 year age group may perform better in shot put than someone in the 10 year old age group, so the 9 year old will qualify for Division and the 10 year old will not. This is applied across track and field events.