

headspace Frankston presents

BOLD

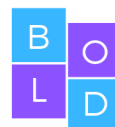
WORKSHOPS FOR GIRLS AGED 15 - 17

THREE FREE 2 HOUR WORKSHOPS RUN
FOR GROUPS ON TOPICS INCLUDING:
RELATIONSHIPS
SELF ESTEEM
BODY IMAGE
SELF CARE
MANAGING MOOD

CONTACT MICHELLE
ALLSOP AT
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OR CALL 5970 0200



headspace
Frankston



BELIEF. OPPORTUNITY.
LEARNING. DRIVE.