

# IT'S

# TIME

## GET ACTIVE. BEAT DEMENTIA.

Register now for 2019  
[memorywalk.com.au](http://memorywalk.com.au)



**Sunday 5 May 2019**  
**Westerfolds Park**  
**Templestowe VIC**



**MEMORY**  
**WALK**  
**& JOG**  
GET ACTIVE. BEAT DEMENTIA.



**EVERY 3 SECONDS**  
**someone is diagnosed**  
**with dementia.**

**Support Dementia Australia.**  
**Get Active. Beat Dementia.**

**Date:**

Sunday 5 May 2019

**Location:**

Westerfolds Park  
Templestowe

**Courses:**

5km walk

5km jog

10km run

**IT'S**  
**TIME**



**Can't make it?**

Pledge your own K's with  
My Memory Walk – For more  
info visit [memorywalk.com.au](http://memorywalk.com.au)



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**WALK**  
**& JOG**  
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