

Supporting Children Through Change and Uncertainty – The COVID Experience



The pandemic has brought many changes and losses for children, young people, and families all around Australia. There are so many questions about the impacts and how we can best support those in our care.

Overview

Common questions:

- How can I talk about what is happening?
- What kind of reactions can I expect from young people?
- How can I best support those in my care?

Attendees will have the opportunity to:

- Consider the range of impacts the pandemic is having on people
- Explore ways of managing reactions of young people
- Hear about some creative ways of providing support



Join us



Join us for this free online seminar

to discuss helpful ways of supporting children and young people manage the events of the last eighteen months.

Date: Thursday, 2nd Sept, 2021

Session 1: 12.00–1.00pm (AEST time)

Session 2: 3.00–4.00pm (AEST time)

*Click the session time to secure your spot

The Seasons for Growth suite of programs equip professionals to support children and young people, parents / carers and other adults in sharing their experiences of change and loss in safe and creative ways, understand and attend to their feelings, and learn skills for adapting and recovering.

Get in touch



The MacKillop Institute,
Seasons for Growth Programs

 **Michael Hoffman** 0429 174 742

 michael.hoffman@mackillop.org.au

 **Mandy Cox** 0401 344 577

 mandy.cox@mackillop.org.au