



St James

Catholic Primary School, Brighton

Physical Education Newsletter

Term 1, 2023

Year 2

During Term 1 students in year 2 will be focussing on Minor Games and Athletics to prepare for the St James Athletics Carnival to be held on Tuesday 4th April. Students will also be working on their skills in Newcomb, one of many catching and throwing(ball handling) sports we will be learning. The skills of ball handling give students the opportunity to refine both gross and fine motor skills as well as hand-eye coordination. Learning the skills of teamwork and scoring are also taught.

Week 2-3

Beginning our year with Minor Games will allow students to be reminded of working as a team during Physical Education. This will also give students the opportunity to be reminded of the expectations that are required during Physical Education; how to listen to and follow rules of games.

Week 4-6

During weeks 4-6 we will be focussing on Newcomb. Newcomb involves ball handling skills such as serving, throwing and catching. Students also need to understand the importance of working as a team, rotations on the court and scoring.

Week 7-10

During week's 7-10 students will be practising the skills required to compete at the St James Athletics Carnival in the first week of April. Events will include; sprints, hurdles(modified), relays(sack races, egg and spoon), javelin(soft) and bean bag throwing.

Specialist Timetable 2023

Week A								
Day 1 TUES	9.00am - 10.00am	10.00am - 11.00am	11.00am - 11.30am	Eating Time 11.40am	11.40am - 12.40pm	12.40pm- 1.40pm	1.50pm - 2.30pm	2.30pm - 3.30pm
PE Georgia	5*	6*			DP Planning	2		Planning (PE)
PE Chris	3	4			1	Prep		Planning (PE)
LOTE (Italian) Celeste	6*	5*			2	1		Prep

Week B								
Day 1 TUES	9.00am - 10.00am	10.00am - 11.00am	11.00am - 11.30am	Eating Time 11.40am	11.40am - 12.40pm	12.40pm- 1.40pm	1.50pm - 2.30pm	2.30pm - 3.30pm
PE Georgia	5*	6*			DP Planning	2		Planning (PE)
PE Chris	3	4			1	Prep		Planning (PE)
LOTE (Italian) Celeste	6*	5*			2	1		Prep

Thank you for your ongoing support,

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School Website: www.stjamesbrighton.catholic.edu.au

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Please visit the Victorian Curriculum website for further information about what your child will be learning at this level.

<https://victoriancurriculum.vcaa.vic.edu.au/>