Hi all,

I thought you might have a bit of fun with this Find a Word. If you have any questions or things that you’d like to write about, please feel free to send me an email on [Pip.Rose@education.vic.gov.au](mailto:Pip.Rose@education.vic.gov.au)

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| M | I | N | D | F | O | O | D | N | M | O | R |
| I | E | N | Q | U | I | R | E | L | A | E | I |
| N | X | N | B | S | Y | N | V | J | O | Y | Z |
| D | E | O | T | V | R | D | M | K | W | Y | X |
| F | R | Q | I | A | S | K | B | P | L | H | G |
| U | C | D | E | F | L | G | H | T | A | L | K |
| L | I | L | X | C | V | H | P | V | I | K | B |
| N | S | E | Q | N | O | R | E | T | H | E | U |
| E | E | W | E | S | T | N | O | A | R | T | S |
| S | B | R | A | I | N | E | A | S | L | T | Y |
| S | C | O | U | N | S | E | L | M | T | T | U |
| H | E | A | D | S | P | A | C | E | S | D | H |
| K | N | E | U | R | O | N | S | K | N | E | E |
| C | O | U | N | S | E | L | L | O | R | E | Y |
| H | G | R | A | T | I | T | U | D | E | I | P |
| K | I | D | S | H | E | L | P | L | I | N | E |

Ask

Brain

Busy

Counsel

Counsellor

Enquire

Exercise

Gratitude

Headspace

Joy

Kidshelpline

Mental Health

Mindfulness

Mindfood

Neurons

Talk