CLASS CAPTAIN TIPS & TRICKS

Let's face it. Remote learning can be HARD. Here are some tips & tricks to get you through from your Year 7 Class Captains.



Farah 7F "If you don't feel motivated to work, I always find that listening to music helps me a lot.



Habiba 7E "Staying organized can sometimes be a very overwhelming task. A simple but efficient system I use to stay organized is that I prioritize my work. I see

Listening to music while working makes me more absorbed in the work."

"Occasionally at lunch time I go out for a walk with a friend that lives nearby. This keeps me in touch with my friends, while still getting some fresh air and exercise."

what is due the soonest and work on that first."



Erin 7J "Suggestions of fun things to do (besides things in front of a screen) when you have down time":

Cooking
Dinner, lunches, snacks
Art
Drawing, craft, knitting, sewing
Music
Listening, practicing, playing
Board games
With siblings and/or parents
Sport
Yoga, running, walking, etc.
Reading
Books, magazines, comics



Jennifer 7A

"Stimulate your brain by learning something new. Read a book about history, philosophy, physics, or some other challenging topic. Watch a topical documentary, or take one of the many excellent courses that are now offered online. Learn another language or pick up a new skill. It's fun, entertaining and it can keep you busy."