

# Disability SA

Qualified, skilled and experienced Developmental Educators, Occupational Therapists, SLES Consultants, Therapy Assistants, Support Workers and Mentors who are committed to offering holistic, individualised and tailored services.

Extensive professional experience as well as lived experience with neurodiversity.

Passionate about providing advocacy supports in environments such as schools, workplaces and out in the community to support participant's and their family's voices to be heard.

[www.disabilitysa.com.au](http://www.disabilitysa.com.au)

Improving quality of life through fostering growth and independence in areas including social and emotional regulation, social skills, activities of daily living, fine and gross motor skills, coping strategies and mindfulness.

## Contact Us For More Information

 (08) 8568 5107

 [www.disabilitysa.com](http://www.disabilitysa.com)

 [admin@disabilitysa.com.au](mailto:admin@disabilitysa.com.au)

# Disability SA



## Specialising in:

- Therapy with Developmental Educators and Occupational Therapists
- STA / Respite - Middleton and Birdwood
- School Leaver Employment Support (SLES)
- Advocacy in Schools and community
- Assessments
- Therapy Assistants
- Therapeutic Groups

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# Services offered at Disability SA

## Short Term Accommodation (STA) / Respite:

Disability SA specialises in supporting neurodiverse children, adults and their families. Disability SA have two beautiful Short Term Accommodation locations for respite stays:

### *Ollie's Place*

Located in the Adelaide Hill's township of Birdwood.

### *Middleton House*

Located in the beachside location of Middleton.

Disability SA offer structured, planned support around a participant's individual needs during their STA stay, with a wide variety of engaging and meaningful activities offered.

## School Leaver Employment Support (SLES):

Providing support in areas such as career counselling, goal setting, preparing for work or study, confidence and capacity building, work experience opportunities and coaching. Disability SA support participants every step of the way through the life transition of leaving school into further study or into the workforce.

## Developmental Educators:

DE's provide individualised supports to participants to increase their level of independence and quality of life. DE's work holistically across the lifespan to address issues which may affect a person's functional capacity, level of independence and social inclusion. This may include skill building in:

- Social and emotional intelligence
- Building resilience and coping strategies
- Executive functioning
- Social communication
- Goal setting
- Community participation
- Sensory awareness

## Occupational Therapists:

OT's provide individualised supports to people across the lifespan, promoting health and wellbeing through increasing capacity and independence in everyday occupations of life. This may include assessment and skill building in areas of:

- Assistive technology
- Home modifications
- Activities of daily living
- Self-care activities
- Fine and gross motor skill development
- Sensory awareness

## Social Skills and Mindfulness Classes:

- 'What's the Buzz?'
- Peaceful Kids
- Lego Club

## Assessments:

Disability SA's team of DE's and OT's are trained to administer and interpret a variety of adaptive skill and sensory preference assessments which are used to write comprehensive **Functional Capacity Assessments** and **Sensory Profile** reports.

## Advocacy in Schools and Community:

Disability SA's team of DE's and OT's provide advocacy within a participant's school, workplace or community to provide an extra voice to ensure that their wants, needs and human rights are communicated and actioned on.

## Therapy Assistants:

Under the guidance of a DE or OT, Therapy Assistants work alongside participants and their families, school or work, and other key stakeholders to facilitate individualised supports to work towards achieving their NDIS and life goals.

## Support Workers / Mentors:

Disability SA have a fantastic team of Support Workers and Mentors who support participants with activities of daily living and fostering opportunities to work towards achieving their goals. We provide flexible, engaging and meaningful supports to assist participants and their families within the home and out in the community.