Vision Board

Vision Board Instructions

Think About Your Goals

Start by reflecting on what's important to you. Use these areas as a guide:

- School, Work, Study: What do you want to improve or achieve?
- Dream Big: If you could do anything or go anywhere, what would it be?
- Personal: What makes you happy, and how do you want to grow?

Find Inspiration

Look through the cut outs to find pictures, words, or phrases that represent your goals and dreams.

Create Your Vision Board

Cut out the images and words, then arrange them on your board or paper. Be creative—this is about what inspires you!

Add Your Own Touch

Draw, write, or decorate your board with anything else that reflects your vision. Make it personal and unique to you.

Keep Your Vision Alive

Place your vision board somewhere you'll see it often, like your room or study space, to remind yourself of your goals.

Vision Board

PERSONAL

What makes you feel happiest or most confident? What kind of relationships or friendships do you want to focus on? What's one thing you love about yourself? How do you want to grow as a person over the next year? What's a small daily habit that could make a big difference for you?

SCHOOL, WORK, STUDY:

What's one subject or skill you want to improve in? Is there a career or job that excites you for the future? What's one way you can make school or study feel more meaningful to you? Who do you look up to in your field of interest, and why? What's one academic or personal milestone you'd love to achieve next year?

DREAM BIG

If you could do anything, without limits, what would you want to try or achieve? Where do you see yourself in 5 or 10 years? What's one thing you've always wanted to do but haven't started yet? What's a dream destination, opportunity, or experience you'd love to have? Who inspires you to dream bigger, and how can you follow their example?



PERSONAL

SCHOOL, WORK, STUDY:

DREAM BIG

Examples











