

ISO Bucket List

<ul style="list-style-type: none"> <input type="checkbox"/> Make homemade treats <input type="checkbox"/> Learn to sew <input type="checkbox"/> Get out those jigsaws that you never have time for <input type="checkbox"/> Learn how to use tech (this one is great for new skills to use at work/study/life) <input type="checkbox"/> Pull out the paints and drawing/painting again <input type="checkbox"/> Remake all that Lego that's fallen apart or make new creations <input type="checkbox"/> Pay an instrument <input type="checkbox"/> Pick up an online leaning course (if I had time this is what I would be doing - furthering my knowledge and skills) <input type="checkbox"/> Pillow fort weekend!! We do it every weekend now that we cannot go anywhere! It was so fun <input type="checkbox"/> Watch the fairy penguins live TV <input type="checkbox"/> Take a virtual tour of the NGV <input type="checkbox"/> Finish the books for the Premiers Reading Challenge. <input type="checkbox"/> Set a SMART exercise goal. Ours is to be able to run 5km together in the Albert Park Run at the end of Iso. <input type="checkbox"/> 3-minute a day of mindfulness (headspace is a very recommendable and very popular app to help you out with this) <input type="checkbox"/> would add the SMPPS Clever Cookies activities!!! They are all so good! <input type="checkbox"/> Walks together in nature and being mindful of the noises, sensations and surroundings, draw a picture or write a story afterwards. <input type="checkbox"/> Chalk pavement art, baking, making a card and dropping this into your neighbour's mail boxes. <input type="checkbox"/> Download the free app "Sky-view lit" and stargaze 	<ul style="list-style-type: none"> <input type="checkbox"/> Do a Jams for Juniors session <input type="checkbox"/> Attend a Royal Academy of Dance ballet lesson <input type="checkbox"/> We've created a calendar for the rest of ISO to cross off the days. But every member of the family added things to future days to look forward to like "make popcorn" or "play Uno together." The last day we plan to have a party to celebrate getting through. It's helped bring a bit of sunshine to our days. <input type="checkbox"/> We went through our old photos from our travel before the lockdown. Just to refresh our happy memories. <input type="checkbox"/> Meditation/learn to meditate <input type="checkbox"/> Play Nail Salons and paint each other's nails. <input type="checkbox"/> Home disco! <input type="checkbox"/> Watch a family movie with ice-cream and popcorn. <input type="checkbox"/> Read a new chapter book out loud to the kids. <input type="checkbox"/> Start my spring exercise routine <input type="checkbox"/> Make a bowl out of chocolate (blow up a balloon, melt some chocolate and pour this over the balloon and cover in sprinkles and then let it set, pop the balloon and you will have a chocolate bowl!) <input type="checkbox"/> MSO Jams for Juniors <input type="checkbox"/> Drawing classes with Mo Willems (Don't let the pigeon drive the bus author/illustrator) <input type="checkbox"/> Spiderman PE with the Body Coach TV <input type="checkbox"/> Writing letters to friends and family <input type="checkbox"/> Daily walks <input type="checkbox"/> Playing dress up <input type="checkbox"/> Baking as a family <input type="checkbox"/> Talk to your neighbours (safely) <input type="checkbox"/> Movie marathons 	<ul style="list-style-type: none"> <input type="checkbox"/> Have a clear out with the kids: donate their old toys to make space for the ones Santa will bring this year :) <input type="checkbox"/> Learn magic tricks <input type="checkbox"/> Create a family tree <input type="checkbox"/> Pick a country and make a virtual trip there (cook a dish from there, learn few words in the language, read about it etc.) <input type="checkbox"/> Swap parents/kids roles for half a day <input type="checkbox"/> Fly a kite (make one if you don't have one) <input type="checkbox"/> Learn a long complicated handshake or dance choreography as a family <input type="checkbox"/> Watch the penguins live TV stream <input type="checkbox"/> Make a lockdown photo album-diary including school desk set up <input type="checkbox"/> Fun things and books read and walks etc. to remember this very odd time <input type="checkbox"/> Play every board game in the house at least once <input type="checkbox"/> Art Wall (All students contribute piece of art into a group collage); <input type="checkbox"/> Cook something you have never cooked before <input type="checkbox"/> The online guided theatre experience 'Mountain Goat Mountain' is amazing (https://www.artscentremelbourne.com.au/community/content-hub/together-with-you/families/mountain-goat-mountain) <input type="checkbox"/> Plant a herb garden <input type="checkbox"/> Pair up every sock in the house <input type="checkbox"/> Make a home-school term 3 photo album and summary of event <input type="checkbox"/> Finally learn to solve a Rubik's Cube.
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