



Support for New Mums

A session specifically for new mums, using the Parenting by Connection model of Listening Partnerships.

In many years of working with parents, Parenting by Connection is an approach that has found that if parents take regular turns listening to each other, each parent makes dependable gains in her life. The time to explore thoughts and feelings about the experience of being a new mum is invaluable. Listening Partnerships are a simple and rewarding way to give and to get the support we parents/carers need as we meet the challenges of nurturing our children.

Event Details

- When** Friday 5th June 11am-12noon
- Where** Melville Virtual Community Centre online via Zoom - meeting details sent on registration
- Note** Babes in arms welcome. FREE, please book your place.
- Further Information** Contact Belynda Smith on belynda.smith@meerilinga.org.au to book your place.

Supported by

