

Grow Wellbeing Services

Introduction

Grow wellbeing are proud providers of mental health care & health professional services in Adelaide South Australia since 2016.

We specialise in working in schools alongside the existing wellbeing coordinators providing expert support for their students. Our services are building on this expert support and helping young students reach their goals in areas such as education, friendship, emotional, relaxation skills, etc. (Please see full list below).

The Grow Wellbeing Clinicians are based In-school on a permanent basis, planning with key school personnel to achieve the best possible outcomes for students, their families, and the school.

Support available for Grow Wellbeing clients

1. NDIS Therapy Case Manager (TCM)

Our Grow Wellbeing NDIS Therapy Case Manager is an experienced Social Worker employed to help families with their NDIS plans and to ensure the support each child receives matches their holistic needs.

2. Occupational Therapy

Our Grow wellbeing Occupational Therapist is working with families to review their NDIS plan, to help families wishing to apply for NDIS navigate the system, and to make sure NDIS funding is properly matched to the functional needs of each child.

The TCM and Occupational Therapist are assisting families by:

- Understanding their child's holistic needs.
- Attending school meetings for general advocacy and provide support.
- Communicating with school personnel to ensure therapy supports are working.
- Supporting families to review NDIS funding options and checking the evidence before an NDIS review meeting.
- Providing general and emotional support for parents/guardians.



GROW WELLBEING SUPPORT SERVICES AVAILABLE FOR OUR CLIENTS

