

Murrumbidgee Kids' Café

Canteen Menu (Effective May 2018)

Closed Mondays

Canteen Enquiries: 9568 1300

Lunchtime Classics

Available as Sandwich, Tortilla Wrap or Roll
(Roll = 80 cents extra) - all on Wholemeal

Cheese	\$3.00
Vegemite	\$3.00
Sliced Ham	\$4.00
Tuna	\$4.00
Salad (Seasonal vegies)	\$4.00
Egg and Lettuce	\$4.90
Roast Chicken	\$4.90

Add Lettuce, Cheese, Tomato, Carrot, Cucumber
(30 cents each)

Add Avocado (50 cents)

Choice of Butter/Nuttlex

Fresh Sushi Rolls (White or Brown Rice)

Tuna & Mayonnaise	}	all \$3.00
Chicken Teriyaki		
Smoked Salmon & Avocado (GF)		
Vegetarian (V & GF)		
Plain (V & GF)		
(Soy Sauce – 5cents)		

SUSHI ONLY AVAILABLE TO ORDER ON FRIDAY

ALLERGY ALERT.

Unless specified in your order the tuna/salmon
sushi will contain mayonnaise made with egg.

Toasted Focaccias:

Cheese	\$4.30
Cheese & Tomato	\$4.90
Ham & Cheese	\$4.90
Ham, Cheese & Tomato	\$5.30
Roast Chicken, Avocado & Cheese	\$5.60

Vegetarian Options

Split Pea & Lentil Dhal with Basmati Rice	\$5.20
Salad Box (lettuce, cheese, cucumber, tomato, carrot) (1 st & 4 th term only)	\$5.00
Macaroni & Cheese	\$5.20

Vegetarian Options (continued)

Margarita Pizza	\$4.40
Spinach & Ricotta Roll (hot)	\$4.70
Corn Cobs	\$1.00
Baked Potato with cheese	\$5.60
Baked potato with cheese	\$5.60
Or add your choice of:	
- corn	
- tuna	
Pumpkin Soup	\$3.00
Pumpkin Soup with Bread Roll	\$4.00

More Meaty Lunches for the very hungry...

Cheese Burger: *low fat beef pattie with
2 slices of cheese and sauce* \$5.50

Maxi Burger: *low fat beef pattie with
lettuce, cheese, tomato & sauce* \$6.00

Chicken Burger: *crumbed tenderloins
with lettuce, cheese and mayo* \$6.00

Crumbed Chicken Tenderloin wrap with
lettuce and your choice of sauce
(BBQ Tomato or Mayo) \$6.00

Butter Chicken with Rice	\$5.20
Thai Fried Rice with Chicken	\$5.20
Lasagne	\$5.20
Spaghetti Bolognese	\$5.20
Potato Topped Beef Pie	\$4.60
Party Pie	\$1.70
Party Sausage Roll	\$1.70
Sausage Roll (large)	\$3.70
Hot Dog	\$3.70
Pizza – Hawaiian	\$5.20
Pizza – BBQ Chicken	\$5.20
Chicken Nuggets (5)& dipping sauce	\$4.20
Chicken Strips (3)& dipping sauce	\$5.20
(Choice of dipping sauce: Tomato or BBQ)	
Tomato Sauce Sachet	0.30

Extra fillers: Scrolls / Muffins

Home Made Muffin:	
- Chocolate or Blueberry	\$2.50
Homemade ANZAC cookie	\$0.80

Snacks to fill the gaps!

Popcorn	\$1.00
Mamee Noodle Snacks	
(Chicken or BBQ)	\$1.00
Vege-Chips	\$1.50
Ovalteenies	\$1.00
Gingerbread Kids	\$1.50
Hommus with Celery/Carrot Sticks	\$1.50

Drinks:

Nippys Milk 250ml
*Chocolate, Strawberry or Honeycomb \$2.30

Milo (Hot or Cold) \$2.30

100% Popper Tetra Juices
– Apple, Orange, App/Blackcurrant \$2.10

From the Freezer.....

Fruit Stick Icy pole \$1.00

Moozie – Frozen Milk
(Chocolate, Bubblegum, Banana) \$2.00

Frozen Yoghurt
(Mango, Strawberry, Raspberry) \$2.50

Over the counter:

Snacks, drinks, fruit and freezer items listed earlier are all available over the counter at recess and lunch time. There are also small snack biscuits or crackers for children with only 5- 20 cents to spend.

Maximum quantities of these (50c) will be enforced in order to enable all children to buy these items.

“Special” items such as hot soup, frozen Milos, and garlic bread will be available occasionally for purchase.

THE FOLLOWING ITEMS ARE AVAILABLE OVER THE COUNTER ONLY – PLEASE DO NOT PUT ON LUNCH ORDERS

Available in Terms 1 & 4 only

Slushies(99% real fruit juice) Small \$1.00

Available in Terms 2 & 3 Only

Garlic Bread .80

Chicken Noodle Soup \$1.50

- Children who order frozen items must bring their bag to canteen window to collect. No need to queue, come straight to front at corner of window.

BAG MUST BE PRODUCED TO COLLECT ITEM.