

BMGS CAREERS NEWSLETTER

Tuesday, 25 October 2022

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Open Days & Info Sessions

ADF | Engineering Careers Virtual Information Session

Thursday 27 October 2022, 6:00 pm - 8:00 pm

Online

Consider an Engineering career in the Navy, Army or Air Force and keep Defence weapons, vehicles, aircraft, ships and infrastructure operating safely and effectively.

Join us for a virtual information session to learn more.

Find out more: <https://www.defencejobs.gov.au/events/events-detail/uyg0gbd>

Camp America | Online Information Session

Tuesday 8 November 2022, 7:00 pm - 8:00 pm

Online

Summer Camps are looking for you! Teach your skills all summer, make a difference and meet great mates on your next adventure. Stop dreaming and start your next adventure from home.

Join us for an online information session from the comfort of your home!

We've got heaps of tips and tricks to make your dreams reality and make application stand out. Get a full rundown of what your Camp America Experience could look like. Bring mum, dad and your best friend, all are welcome.

Summer 2023 is waiting for you!

Find out more: <https://www.campamerica.com.au/events/camp-america-online-3>

UTS | Sport Tours

Thursday 10 November 2022, 4:00 pm - 6:30 pm

University of Technology Sydney, Broadway

Interested in exploring what UTS sport has to offer? Join us to get an exclusive tour of our sport facilities and have your sporting questions answered.

Find out more: <https://www.uts.edu.au/study/undergraduate/our-courses/events-and-info-sessions/register-uts-campus-tour>

NSW Police | Recruitment Information & PCT Practice, Dubbo

Sunday 13 November 2022, 9:00 am - 11:00 am

PCYC Dubbo

If you are interested in a career with the NSW Police Force the Recruitment Branch would like to invite you to an Information session including a physical practice session.

The aim of the session is to provide you with a “try before you buy” insight into the application process and physical capacity testing day.

The information session will give you a brief introduction to the application process and a Q & A session.

Following the information session you will be invited to stay and take part in a practice Physical Capacity Testing (PCT) session. This event is a practice session only and will not be recorded as an official result towards a police application.

Find out more: <https://www.facebook.com/events/773037247291702>

Basair | Pilot Career Seminar

Monday 14 November 2022, 7:00 pm - 8:30 pm

Basair Aviation College, Bankstown Aerodrome

Learn about career paths, salaries, entry level jobs, qualifications, pilot courses and everything you need to know about becoming a Commercial Pilot in less than a year at Basair.

Find out more: <https://basair.com.au/seminar-events/sydney-pilot-career-seminar-nov-14-2022/>

AIF | Virtual Open Day

Tuesday 15 November 2022, 5:00 pm - 8:00 pm

Online

Our virtual Open Day is your chance to get all your questions answered about studying with us, all in one place. Learn about our range of industry-leading courses, live chat to our friendly career advisors, discover how AIF helps you get a career, plus much more.

Find out more: <https://enquire.fitness.edu.au/open-day>

Achieve Fest

Tuesday 29 November 2022, 9:00 am - Wednesday 30 November 2022, 1:00 pm

Online

Achieve Fest is a free, two-day online immersion designed to explore identity, build networks, and develop the skills needed to thrive now and into the future.

Achieve Fest is open to:

- Young people aged 12 to 18 years
- Educators
- Parents/guardians across Australia

Achieve Fest takes young people on a journey of self-discovery, from exploring their unique passions, to developing important life skills and taking real-world action on issues that matter to them most. Along the way they'll participate in engaging online workshops and learn from inspiring individuals who have created careers of passion and purpose.

Find out more: <https://www.princes-trust.org.au/young-people/achieve-fest>

Bradfield Senior College | Open Day

Tuesday 29 November 2022, 4:30 pm

Bradfield Senior College, St Leonards

Register now to attend an Open Day at Bradfield Senior College to learn more about how students can study their HSC differently.

Please join us for a tour of the Bradfield campus followed by a presentation and Q&A.

Find out more: <https://www.bradfield.nsw.edu.au/events/open-day-2911/>

University of Sydney | Life in the field: Agriculture, Food and Animal Biosciences

Wednesday 30 November 2022, 4:00 pm - 4:30 pm

Online

Have you wondered what life in the field of agriculture, food, sustainability, and the environment is like? And what jobs are available in this growing sectors? Join this session and learn about what the sector is about, what an average day of work might be like for a agriculture or food scientist, environmental consultant, conservation, or natural resource management professional, and how you can pursue studies towards working in the sector yourself.

Find out more: https://uni-sydney.zoom.us/webinar/register/WN_G8cgeWTMS9Chi14r2OJoTQ

endota Wellness College | Open Day

Saturday 3 December 2022, 10:00 am - 12:00 pm

endota Wellnes College, Alexandria

eWC invites you to come to Open Day and learn how we get our students job-ready within Australia's largest spa network. Offering full-time, part-time and blended learning courses in Beauty Therapy, Remedial Massage and Salon Management.

Find out more: <https://endotawellnesscollege.edu.au/open-day-rsvp/>

AIE | Online Campus Day

Saturday 3 December 2022, 1:00 pm

Online

Discover the courses designed to get you started in game development, 3D animation, film and visual effects at the AIE Online Campus Day on Sat 3 December 2022. AIE will be running this event for students interested in studying online. You will be able to meet our teachers, explore how classes will run, course options, career pathways and see our amazing student work.

We will be covering everything you need to know about the:

- careers in games and VFX that we train students for;
- studios and industries that we work with;
- courses we offer – from beginners to professional mastery, and;
- the software, skills and knowledge we teach.

Find out more: https://aie.edu.au/aie_event/online-campus-day/

ACU | Pathways to ACU Webinar

Thursday 8 December 2022, 1:00 pm - 2:00 pm

Online

If you didn't receive the ATAR you wanted, it's all good – there's more than one way into university. Learn about the entry pathways to ACU, including diplomas and Foundation Studies, that can give you access straight into the second year of your preferred bachelor's degree.

Find out more: <https://www.acu.edu.au/about-acu/events/2022/december/pathways-to-acu-webinar>

William Angliss | How to Apply Info Session

Thursday 8 December 2022, 6:00 pm - 7:00 pm

Online

Join us as our course experts guide you through the application process, providing step by step instruction in real time. Ask questions, seek clarification and begin your journey towards further study.

Find out more: <https://www.angliss.edu.au/events-hub/how-to-apply-info-session/>

University of Newcastle | ATAR Information Day

Thursday 15 December 2022, 10:00 am - 1:00 pm

University of Newcastle, Callaghan Campus

Join us on campus at our ATAR Info Day to get all your questions answered to kick start your uni journey!

If you have questions about studying in 2023 or didn't quite get the marks you need, our ATAR Info Day is a chance to chat with our admissions and pathways teams to help you understand your adjusted ATAR and entry options.

Bring your mates and grab a free bite to eat, relax with some live music and talk to our team about degrees, changing preferences and alternative entry options.

You'll also have the chance to take a tour of our beautiful campuses and chat with current students to find out what uni is really like.

Find out more: <https://www.newcastle.edu.au/events/future-students/atar-information-day,-callaghan>

UOW | ATAR Information Webinar

Thursday 15 December 2022, 6:00 pm

Online

Received your offer to UOW and wondering what happens next? Or maybe you're ATAR is a little lower than expected and you're looking for an alternative pathway to uni?

Our panel of experts will be on hand to talk to you about UAC offers, ATARs, enrolment and getting started at UOW in 2023.

Find out more: https://uow-au.zoom.us/webinar/register/WN_we1F6tl-SXqoly8QAd9x6g

SAE | Open House

Byron Bay: Thursday 15 December 2022, 6:00 pm - 8:00 pm

Sydney: Thursday 15 December 2022, 6:00 pm - 8:00 pm

Open House is your one-stop event to experience SAE as a student. Whether you want to view student work, specific facilities, or chat with our experienced faculty or advisors, Open House is your chance to meet your people, and experience for yourself, SAE.

Register for Byron Bay: <https://sae.edu.au/event/open-house-sae-byron-bay/>

Register for Sydney: <https://sae.edu.au/event/open-house-sae-sydney/>

CQUni | Change of Preference Online Chat

Friday 16 December 2022, 9:00 am - 11:00 am

Online

Didn't get the ATAR you need or changed your mind about what course you want to study in 2023? We're here to help!

All you need to do is head over to Facebook Messenger and send us a message during our Change of Preference event and you'll receive real-time answers to all your questions. Alternatively, you can call us on 13 27 86 to speak directly to a student adviser.

Speak with our expert team and discover your options at our Change of Preference event on Friday, 16 December at 9am AEST. Get guidance on how to change your preferences and learn more about CQUni's alternative pathways.

Find out more: <https://www.cqu.edu.au/events/event-items/information-session/change-of-preference-online-chat>

Workshops and Courses

NIE | Medical Interviews Preparation Workshop

Saturday 12 November 2022, 10:00 am - Sunday 13 November 2022, 4:00 pm

Online

This unique NIE workshop program aims for students to gain an in-depth understanding and required knowledge of the medical interview processes for specific universities, including Multi-station Mini Interview (MMI), Structured, and Semi-structured panel interviews.

The workshop is structured and based on the models that are taught during our proven one-on-one personalised medical interview sessions. The workshop will allow each and every attendee to learn the required skills and practical understanding for the university from which they received an interview offer from.

Find out more: <https://www.nie.edu.au/products-listing/product/44-umat-medical-interviews-preparation-workshop>

Scholarships

Catherine Bonnes AM Scholarship

Value: \$2,000 AUD

Open/Closing Dates: January 1, 2022 – December 31, 2022

The Catherine Bonnes AM Scholarship has been established by the Broken Hill & District Hearing Resource Centre Inc., with the view of assisting deaf and people who are hard of hearing to further their education by undertaking post-secondary studies.

[Find out more](#)

Larsen Jewellery Design Scholarship Program

Value: \$3,000 AUD

Open/Closing Dates: February 1, 2022 – November 30, 2022

Larsen Jewellery recognises the need to support and educate young adults wishing to begin a career in jewellery, design or visual arts; or who wish to further their studies in a jewellery, design or visual arts related course.

[Find out more](#)

Notre Dame Merit Scholarship

Value: Up to \$10,000 AUD per year

Open/Closing Dates: September 1, 2022 – December 15, 2022

The purpose of the Scholarship is provide financial support and encouragement to a commencing student who shows academic promise enrolled at The University of Notre Dame Australia.

[Find out more](#)

WSU School of Medicine Rural Scholarship

Value: \$10,000 AUD

Open/Closing Dates: September 1, 2022 – January 15, 2023

Western Sydney University's School of Medicine Rural Scholarship helps academically gifted students living in rural and remote locations to enrol into the Doctor of Medicine.

[Find out more](#)

Charles Sturt Birrang Enterprise Development Company Ltd Aboriginal Scholarship

Value: \$45,000 AUD

Open/Closing Dates: September 1, 2022 – November 25, 2022

Birrang have created these scholarships to assist Aboriginal students to gain access to tertiary education and will offer financial support for relocation, accommodation and other educational expenses.

[Find out more](#)

Macquarie Faculty of Science Sustainability Scholarship

Value: \$5,000 AUD per year

Open/Closing Dates: September 1, 2022 – November 6, 2022

This scholarship recognises excellence in Science, Information Technology and Engineering and aims to support students who have the potential to make a positive impact in support of the United Nations Sustainable Develop goals.

[Find out more](#)

ACU Jim Anderson Memorial Equity Scholarship

Value: \$20,000 AUD

Open/Closing Dates: August 1, 2022 – March 1, 2023

For undergraduate students residing in the Blacktown LGA, who are experiencing financial hardship.

[Find out more](#)

University of Sydney CAE Aboriginal and Torres Strait Islander Engineering Scholarship

Value: \$10,000 AUD per year

Open/Closing Dates: September 29, 2022 – November 28, 2022

This scholarship has been established to encourage and support an Aboriginal and/or Torres Strait Islander student to study engineering or a related discipline at the Faculty of Engineering, University of Sydney.

[Find out more](#)

Competitions

The Canal to Creek Prize

To celebrate the Transurban Public Art Program, high school students in years 7-10 are invited to create their own artwork, inspired by the 21 signature art pieces that form 'Canal to Creek'.

The theme for the Canal to Creek Prize is 'Connections'. We want you to consider connections to earth, culture, history, movement and environment. There's over \$15,000 in prizes to be won!

Entries are open until **4 November 2022**, and winners are announced on 30 January 2023.

Find out more: <https://canaltocreek.com/wcx/art/prize#>

Careers & Jobs

Roles in Disaster Relief

Unfortunately there have been lots of natural disasters happening recently, and over the past few years in Australia. If you're wondering how you might be able to help, there are lots of jobs and volunteer roles where you can make a difference.

Jobs in Disaster Relief

If you want a career in Disaster Relief, there are a variety of different roles to look into. From management and office work, to being on the ground while an emergency is happening, there's something for everyone.

Disaster Management Officer

Disaster Management Officers assist in creating plans for when a disaster happens, coming up with strategies to limit the impact of disasters, as well as communicating with the public to raise awareness about disaster management and prevention.

Many local councils and government bodies will employ people as Disaster Management Officers. You could also work for an external company that provides advice to other businesses and the community.

This role is perfect for people who are passionate about helping the community, and can make decisions quickly under pressure. You'll typically be doing most of your work in offices.

You can check out our Disaster Management Officer Job Spotlight [here](#).

Fire and Emergency Services

If you want a more hands-on role, this one could be perfect for you. During emergencies, firefighters and emergency workers are on the ground to protect lives and property. Your roles will vary depending on what kind of disaster you are responding to, such as fires, floods, cyclones, earthquakes, or more.

To work in this role, you'll need great physical and mental strength, as well as a strong commitment to both the job and your community.

You can read more about working in Fire and Rescue in Queensland [here](#). You can also take a look at our Job Spotlight on [becoming a Firefighter](#).

Volunteer roles

If you want to help but can't commit to a full-time job, there are also lots of volunteer roles where you can make a difference.

Volunteer with your local SES

Volunteering with the State Emergency Service is a great way to get out there and assist your community in a disaster. There are usually lots of different kinds of roles you can volunteer for – you might be helping out alongside emergency workers, creating disaster prevention plans with the council, helping deliver sandbags to areas preparing for floods, or cleaning up after storms.

In many states you can volunteer with the SES once you turn 16, but you might need permission from your parents or guardians.

See more about becoming an SES volunteer in your state or territory:

- [New South Wales](#)
- [Victoria](#)
- [Queensland](#)
- [South Australia](#)
- [Western Australia](#)
- [Australian Capital Territory](#)
- [Northern Territory](#)
- [Tasmania](#)

You can also find lots of other different volunteering roles through [Volunteering Australia](#).

Other ways to help

There are lots of other ways you can help your community and the people around you in a disaster as well. You can help by [donating money](#), [donating clothes and other goods](#), making food to give out to emergency workers and those in need, and even just checking in with your neighbours and friends to make sure they're ok.

Further Learning

National Youth Science Forum (NYSF) 2023

Applications are now open for students who want to be a part of the National Youth Science Forum in 2023!

The NYSF Year 12 Program offers an exciting range of in-person and digital science, technology, engineering, and mathematics (STEM) experiences for participants across Australia. If you're a year 11 student (in 2022) and passionate about STEM, apply now!

In 2023, the NYSF Year 12 Program will run from 10 to 24 January. Students will have opportunities to:

- participate in tours of science and technology facilities, and learn about cutting edge research;
- engage with industry partners and research providers;
- learn about university and STEM career pathways;
- mix with other like-minded students from all over Australia; and
- network with former NYSF participants to further increase understanding of STEM related study and career experiences.

NYSF offers Access and Equity Scholarships to students who require additional financial assistance due to experiencing financial or other forms of disadvantage or will incur additional costs to fully participate in the Year 12 Program. Information regarding Access and Equity Scholarships, including how to apply, will be sent to successful program applicants later in the year.

Applications for the 2023 NYSF Year 12 Program are still open – apply ASAP to receive the full benefit of the pre-program experience!

Find out more and apply here: <https://www.nysf.edu.au/programs/year-12-program/>

New Microcredentials from Le Cordon Bleu

Le Cordon Bleu Australia has just launched brand new microcredentials. These self-paced online programs have been designed to enhance your culinary and hospitality skills, while encouraging new ways of thinking and understanding.

They currently have three courses on offer, starting from just \$150. The courses are run fully online, and can be started at any time.

Find out more: <https://www.openlearning.com/le-cordon-bleu-australia/>

Insights from the Beauty Industry

The Beauty Industry is an exciting, rapidly growing space that could offer a range of roles that'll keep you on your feet and allow you to help people feel amazing. You'll see people at their best and become a trusted advisor to your clients.

Beauty is a booming industry that's already generated AU \$8.47bn in 2022 and employs over 120,700 workers industry-wide in Australia. It's also projected to grow annually by over 3.5% (Source: [Statista](#)). In particular, strong growth for Beauty Therapists is expected to continue, with employment levels in Australia projected to reach around 50,700 by 2024 ([AISC](#)).

The industry is now regulated and you'll need a qualification or training to be able to perform:

- Massage
- Facials and facial peels
- Make-up services
- Nail care
- Hair removal (including laser hair removal)
- Cosmetic tattooing and piercing
- Micro-dermabrasion
- Spa therapies.

SWG: Thanks for having a chat with us today, can you tell us what a career in the beauty industry typically looks like?

Anna: Working in the beauty industry is both fulfilling and enriching. Clients will come to you for treatments and advice to help them feel like their best selves. It is incredible to be part of a client's transformation, physically or emotionally, once they enter your spa, clinic or salon.

As a therapist, you have the opportunity to make positive changes and impacts on the clients you treat while getting to meet interesting people in a job that challenges you.

SWG: What skills do you need in order to thrive as a Beauty Therapist?

Anna: The willingness to learn and grow and, of course, a passion for Beauty and helping people feel like their best selves. Having a sense of compassion and wanting to learn will allow you to become a confident and caring practitioner.

Connecting with clients is an essential part of being a Beauty Therapist. If you're not already great at talking to people, consultation and care are skills that can be evolved when studying, with work experience and student-spa days.

SWG: Could you please explain some of the duties a Beauty Therapist might carry out on any given day?

Anna: As a Beauty Therapist, you are trained in various modalities, from performing relaxation to aromatherapy and hot stone massage. You could also perform traditional and specialised facials, hair removal, tinting treatments and eyelash extensions, and hand and foot treatments, such as reflexology and deluxe mani-pedi care.

You'll be trained to use different devices and technologies to deliver treatments such as advanced facials, hydro-microdermabrasion, led light therapy treatment, chemical peels and laser genesis.

SWG: What are some of the highs and lows of working in the Beauty Industry?

Anna: Every day is different when working as a Beauty Therapist. There are often new and exciting products and services to learn about! It's an industry with many options and pathways to specialise in, so you'll always have the opportunity to learn and expand your skill set. No one is perfect straight away, and Beauty can be pretty complex, but time and practice can help you learn.

SWG: What are the working conditions like for a Beauty Therapist?

Anna: Once qualified, there are many flexible employment opportunities in the Beauty, Health & Wellness industry, including part-time work and running your salon from home. You can choose from a salon or spa environment; you can always go into further studies, such as dermal therapies and work in skin clinics.

SWG: Is it a competitive industry to get into?

Anna: The beauty industry is growing, so many job opportunities are available. Most employers prefer to hire someone with a Diploma of Beauty Therapy, which will make you a more competitive candidate.

You could find a job whilst studying, gain work experience and start your training (you will be limited to performing specific treatments and duties based on what you have already completed during your studies).

SWG: What career prospects and opportunities exist for Beauty Therapists?

Anna: Training in Beauty Therapy provides opportunities to work in salons or spas, and you could then choose to specialise in specific modalities.

Students can go on to study Salon Management, with career opportunities such as spa owner or become a BDM (Business Development Manager).

They can also go on to study Training and Assessment, with career opportunities including Spa owner, educator/trainer, product manager or beauty college teacher.

There is also the opportunity to upgrade their qualification to an international Diploma or study Dermal Therapies. Further study and training could even see you embark upon a career within a skin clinic.

By incorporating training in Remedial Massage, you could get the chance to work in a broader range of fields, including private practices, wellness resorts, sporting organisations, and salons or spas.

Therapists who study Remedial Massage also have the option to study Myotherapy, Acupuncture, Nutrition, Chinese Medicine, Physiotherapy or Occupational Therapy.

SWG: At endota Wellness College, what are the study options available?

Anna: eWC is a Registered Training Organisation (RTO88123) launched in 2018. We offer industry-leading training in Beauty Therapy, Remedial Massage, Salon Management, Certificate III in Beauty Services and Certificate IV in Beauty Therapy.

eWC's community is guided by the endota values; Intent, Connect, Truth, & Balance, while focusing on the mantra "learn mindfully, live authentically." Students are supported with specialist endota masterclasses, morning meditation, on-campus Yoga and 1:1 trainer support while learning from expert industry leaders in Spa-like classrooms.

With campuses in VIC, NSW & QLD, eWC has successfully trained over 250 Therapists to date. Over 80% of eWC graduates are working within the Beauty & Wellness industry.

SWG: Thank you so much Anna for sharing your time and knowledge with us.

If you're interested in a career as a Beauty Therapist or would love to pursue a career with endota in one of their spas located across Australia, you can find information about all of their courses on the [endota Wellness College](#) website.

You can also check out our [Job Spotlights page](#) for more careers in the Beauty Industry.

Resources

World Teachers' Day 28 October 2022

World Teachers' Day is coming up on Friday 28 October, and this year we're taking our "hats off" to all of our wonderful teachers!

This year, we're asking you to share your "hats off" selfie to celebrate teachers, and to tell us what they mean to you. Grab your hat and create a post on social media, making sure to use **#WTD2022** and **@aitsl**.

And don't forget to say thank you to your teachers!

Should I drop a subject?

Senior high school is tough! You're busy with school, extra curriculums, and maybe even working part time too. You might also be learning to drive, expected to do more at home, then there's all the life admin you've suddenly got to deal with...and a social life to consider.

So it's understandable that when you're thinking about Year 12, you could be tempted to drop a subject. But should you?

Why do you want to drop a subject?

If you're considering dropping a subject, be honest with yourself about the real reason behind your decision.

Could you be overreacting? Taking a step back and putting life into perspective could be a good start. Year 12 is really only another 3 full terms at school – could you hang in that long?

Do you genuinely think dropping a subject will make your life easier, or do you just hate a subject so much you can't bear to put up with it for the next year?

Asking for some help or additional support could be all that needs to change.

Take some time to reflect

Dropping a subject is a big step and shouldn't be taken lightly. Take a little time and talk to trusted adults (and friends) about what you hope will happen if you do go ahead and drop a subject.

Be realistic and consider the chances of your perceived outcomes *actually* happening. Also give some thought to what might happen if you **don't** drop a subject.

Will you still qualify for an ATAR?

Before you do anything else, it's really important to check that you will still be eligible for an ATAR and/or a high school certificate if you drop a subject. Otherwise, you could be jeopardising your future for the sake of a few extra hours a week.

If you're unsure about what makes you eligible to get an ATAR or a high school certificate, ask your school or check below:

- [NSW & ACT ATAR](#)
- [QLD ATAR](#)
- [VIC ATAR](#)
- [SA & NT ATAR](#)
- [WA ATAR](#)
- [TAS ATAR](#)
- [ACT Senior Secondary Certificate](#) (SSC)
- [NSW Higher School Certificate](#) (HSC)
- [QLD Certificate of Education](#) (QCE)
- [SA Certificate of Education](#) (SACE)
- [NT Certificate of Education and Training](#) (NTCET)
- [WA Certificate of Education](#) (WACE)
- [VIC Certificate of Education](#) (VCE)
- [TAS Certification of Education](#) (TCE)

Will you need that subject for university?

If you're planning on going to university, an ATAR will help you to apply easily as a school leaver. Some courses also require you to have completed specific subjects to be eligible to apply. They're called pre-requisites. If you don't have them, you might not be offered a place in the course you want. Alternatively, you might have to spend time doing a bridging course or go through other pathways before you can start your degree.

Even if it's not a clear prerequisite, you might end up doing better at university if you've at least covered the material in Year 12. Think of it as planning ahead.

The main reasons for dropping a subject

From what we've seen, here are the top reasons students tend to think they'd be better of dropping a subject in Year 12:

More time

It's optimistic to think you're going to free up much more time by dropping a subject – it's probably not going to make a huge difference to your day or week.

Most students who drop a subject don't actually spend the additional time studying other subjects, so is it really going to benefit you?

If you're enjoying the subject and finding it useful or think that it might be useful down the track, there are always other ways you could make it work.

For example, you could get more organised, look at reducing any hours that you work, consider rescheduling some of your extra-curriculars, or maybe even just getting up half an hour earlier each day.

If you genuinely feel time poor and can't see any way around it, or you think that dropping a subject could improve your health and wellbeing, then you should go for it.

Better marks or a higher ATAR

Sometimes if students feel they're not doing well in a subject, it could pull down their overall results and end up with them getting a lower ATAR.

That's usually **not** the case – you're ranked on your top results anyway. So even if you're not doing well, maybe consider changing down to an easier program instead. For example, if you're finding Maths Methods tricky, then switch to Maths Essentials.

Reasons NOT to drop a subject

Life isn't always within your control. So if you drop a subject and then stuff up one of your exams or assessments in another subject, you could end up being in a worse position.

What if you get injured or sick just before exam or assessment time, there's a natural disaster, or you lose a loved one which then impacts your performance? Yes, you can often get exemptions in all these cases, but it could take a lot of work and may still leave you worse off.

Things might change in Year 12, the subject could just "click" with you, the teacher might change, or you might be covering topics which spark your interest. Suddenly a subject you hated could become interesting, or conversely you might end up hating a subject you previously loved.

You might change your mind about your career path, and more subjects lead to more options.

Before making the final decision

Think about any long-term implications. Are you going to need this knowledge at university, a job, or for something else?

Can you get more help? Think about a tutor or speak to your teacher to let them know you're struggling, and they may be able to help you get back on track.

Maybe you just don't like the subject. This is probably the best reason to drop it, as long as you don't need it for your career plan. It's totally OK, and it's good that you've learnt something about yourself. You can discount any uni courses or careers that will rely heavily on that subject.

How to go about it

Most importantly, don't rush into a decision – think it through and give yourself time. You might change your mind or things might pick up. If you think you can stick with it for a little while longer, it might pay off in the long run.

Talk to your school – they'll have all the information to help you understand the next steps, know if it will be recorded on your school transcripts, and can tell you what (if any) implications there may be on your high school certificate, ATAR, or future.

If you're still determined to drop a subject, you'll just need to follow your school's procedures. They'll be there to support you with that.

Lastly, just knuckle down and do your best with your remaining subjects. Remember, nothing is forever, and if you later regret dropping a subject, there will be ways around it.

Job Spotlight

[How to become a Jockey](#)

Jockeys are professional athletes who ride horses in competitive races. Not only do they need to have a high level of athleticism, they also need lots of knowledge and experience with horses. This is a fast-paced career that can be difficult to break into, but also highly rewarding.

If you're competitive and dedicated, prepared to put in lots of hard work, and love working with animals and in the outdoors, becoming a Jockey could be a career to consider.

About you:

- High level of physical fitness
- Resilient and dedicated
- Love horses and the outdoors
- Willing to work long hours
- Great communicator
- Tough under pressure
- Competitive and driven
- Can meet age and weight requirements

The job:

- Competing in racing trials and events
- Working with trainers to decide on strategies
- Discussing a horse's performance post-race
- Maintaining a high level of fitness
- Attending practice sessions and training
- Adhering to strict racing rules and regulations
- Maintaining riding equipment
- Undertaking promotional activities

Lifestyle Impact: High

- Part Time opportunities: Moderate – around 30% of Jockeys work part-time (source: labourmarketinsights.gov.au).
- Average hours for full-time workers: 49 hours a week, which is above average (source: labourmarketinsights.gov.au).
- Jockeys' salary (median) \$27,000* per year (source: ato.gov.au). *Salaries will vary depending on how many races you compete in and where you position.
- Future career growth: Stable (source: labourmarketinsights.gov.au).
- Being of short stature can be an advantage, and you will be required to meet strict weight requirements.
- You will be expected to maintain a high level of fitness and health throughout your career.
- This is a highly competitive career and you'll need to perform well to earn lots of money.

Jockeys are most in demand in these locations:

Jockeys can work anywhere there are racing tracks, and will often tour to different locations to compete in races. Jockeys typically work in the Arts and Recreation Services industry.

How to become a Jockey

To become a Jockey, you'll need to complete an apprenticeship in your State or Territory. This is a comprehensive program that involves riding training, vocational education, stablehand work, and other development and training.

Step 1 – Complete Year 12 with a focus on English and Maths.

Step 2 – Try to get experience working with and riding horses if possible. Also consider undertaking a traineeship as a stablehand or trackrider.

Step 3 – Apply for an Apprentice Jockey Training Program in your State or Territory, usually through your State or Territory's racing organisation. The program is usually 4 years in length.

Step 4 – Once you finish your apprenticeship and have ridden in a minimum number of [barrier trials](#), you can obtain a license and become a fully qualified Jockey.

Step 5 – Keep up with personal and professional development throughout your career as a Jockey.

Find out more here –

<https://dev.racingsw.com.au/guide-to-racing/careers-training/general-information/talent-identification-program/apprentice-jockey/>

<https://www.racingvictoria.com.au/the-sport/jockeys/apprentice-jockey-program>

<https://www.racingqueensland.com.au/careers-training/rto-qualifications>

<https://racingsa.com.au/careers/sa-apprentice-academy-news>

<https://www.rwwa.com.au/racing-careers/>

Similar Careers to Jockey

Horse Trainer

Coach

Stablehand

Trackrider

Veterinarian

Hippotherapist

Track Official

Find out more about alternative [careers](#).

Frequently Asked Questions (FAQs)

What do Jockeys do?

Jockeys work with and ride horses in competitive races. A typical day might involve getting up early to perform warm-up exercises with your horse, then preparing for a race meet. After a race you might meet with your coach or trainer to discuss the horse's performance and next steps.

Which industries employ Jockeys?

Jockeys are mostly employed in the Arts and Recreation Services industry.

What's involved in my apprenticeship?

While you're an apprentice jockey, you will be assigned to a licensed trainer and learn all about the industry. You'll undertake both theoretical and practical learning, as well as undertaking stablehand work and caring for horses. You will also learn about sporting integrity, professional and personal development, and even business and media skills.

Do I need to go to university to become a Jockey?

No, but you will need to complete a comprehensive apprenticeship program and obtain a license.

What if I change my mind or don't make it as a Jockey?

Even if you don't end up becoming a Jockey, the skills you gain through your apprenticeship will prepare you for a variety of other careers working with horses and athletes, such as becoming a horse trainer, stable owner, horse breeder, track official, or even fitness coach.

What are 3 things I can do right now to help me become a Jockey?

If you're in high school and you'd like to find out if a career as a Jockey is right for you, here's a few things you could do right now:

1. Get as much hands-on experience with horses as you can. Volunteer with a local track or club, take riding lessons, and ensure you have the right temperament to work with horses.
2. Build on your physical fitness and ensure you will be able to meet height and weight requirements.
3. Talk to a Jockey to see what a day in their life is like. If you don't know anyone, see if you can watch videos or documentaries about the role.

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