



Monty South PS Newsletter

GREEN & GOLD FEVER



Yesterday, in celebration of our Matildas in the FIFA Women’s World Cup, and in anticipation of the Australia v England game, staff and students were encouraged to wear green and gold. Whilst our amazing Matildas didn’t make it through last night, their success in the tournament has shown their strength as a team and as individuals, and has brought focus on women in sport. For our girls and women, the Matildas have proved that they can aspire and achieve in the domains traditionally dominated by men.

PRINCIPAL’S DAY—FRIDAY 4TH AUGUST

On Tuesday 8th August we belatedly celebrated Principal’s Day. Students and staff celebrated with Mrs Keyla Jeffers and Ms Maree Magnabosco by creating cards and enjoying an afternoon tea.

Thank you for your hard work, effort, commitment and enthusiasm that you bring to your roles as our Principal and Acting Assistant Principal.

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UPCOMING EVENTS

- 21 Aug - Student free curriculum day**
- 24 Aug - Book Parade 9.30-11am
- 28 Aug—Yr 6 Graduation Photo at 9.30am
- 31 Aug - Yr 1 Excursion
- 11-13 Sep - Yr 4 Camp
- 14 Sep - Yr 2 Day Camp
- 15 Sep - Last day of term, 2.30pm dismissal

ASSEMBLY DATES

- Wed 30 August - 2.45-3.15pm
- Wed 13 Sept - 2.45-3.15pm

PRINCIPAL'S UPDATE



Dear Monty South Community,

A big thank you to our school community for supporting the multiple programs that we have across the school. It is wonderful to see so many parent helpers in and outside the classroom. A special thank you for the parents who helped Shane on Sunday dig out the dirt in the space where we will place the turnover bars.

Congratulations and thank you to Lachie and students for participating in the interschool athletics carnival yesterday. Well done to all our students who participated and gave their very best. Although we did not come away with the win, students and staff were great ambassadors for the school, Well done!

If you were at our assembly yesterday, you would have seen a sea of green and gold in the gym. Our students and staff went above and beyond in their support of the Matildas with their dresswear. I am sure that we all watched in anticipation and were hoping for another win. However, although it was not the outcome that we were hoping for, the Matildas made Australia proud and not only made history but captivated an entire nation and lifted the profile of women's 'futbol'. This impact was felt right here at Monty South, with the sheer number of girls on the oval playing 'futbol' this morning.

Last Saturday two of our student leaders and I participated in the Vietnam Veteran's Community Memorial Service. Thank you to Zain and Charli for representing the school in the laying of a wreath on behalf of MSPS. We received a lovely message from the Dviets Sub-Branch that they wanted me to pass on to the community:

"The Diamond Valley Vietnam Veterans members thank the staff and students of the school after their attendance at its Community Memorial Service on Saturday 11th August. The interest of the school community in the Vietnam Veterans activity is most appreciated."



Although we no longer see or hear the effects of COVID one of the greatest challenges for all of us has been our ability to support students with anxiety. As part of the *Thriving Kids and Parents School Project*, you are invited to attend three highly relevant Triple P – Positive Parenting seminars from one of the most effective evidence-based programs in the world, **FREE** of charge. These interactive seminars will be delivered to parents/carers of **children aged 4 – 12 years** from your school/via a videoconferencing platform.

The three interconnected seminars will provide you with a toolkit of practical strategies to help your child thrive. These strategies will help you guide your child's behaviour, manage everyday worries, and build healthy peer relationships.

Attending all three seminars will provide you with the strategies you need to best support your child's development.

The **Power of Positive Parenting (Triple P Seminar)** helps you to understand why kids behave the way they do and introduces practical strategies to *support your child's social and emotional development*.

The **Helping Your Child to Manage Anxiety (Fear-Less Triple P Seminar)** is designed to equip you with the skills and strategies you need to support your child to *manage their emotions and overcome challenges*.

The **Keeping your Child Safe from Bullying (Resilience Triple P Seminar)** helps you maintain good communication with your child, *develop positive peer relationships, and address conflict and bullying*.

How can I get involved?

Register for the seminar series and complete a short (approximately 15 – 20 minutes) online questionnaire.

Attend the **three online seminars** in the TKPSP series (90 – 120 minutes each seminar).

Complete post-seminar series questionnaires 6 weeks and 12 weeks following the registration. Each questionnaire will take around 15 minutes to complete and will help us understand how helpful the strategies have been.

Yes, I want to be involved. What's next?

Register through this link: <https://able.adelaide.edu.au/education/thriving-kids-and-parents/for-parents#power-of-positive-parenting>

If you have any questions, you can contact the project team at: thrivingkidsandparents@uq.edu.au

Operational

Staffing

This week we completed the fixed term process for appointing three more Education Support staff. Congratulations Tom Brindley, Duncan Hulme Georgina Nebe who have been appointed to the school until the end of the school year.

Disabled parking

We have a number of disabled parking bays that have been strategically placed around the school to give easy access to those who need it. Most of the time these bays are accessible; however, of late we have been made aware that there have been multiple vehicles using the disabled parking who do not have a disabled parking permit displayed on their vehicle. Please only use these bays if you have a permit.



School Uniform

In the newsletter at the end of Term 2, there was a sentence written in the School Update which referred to students only wearing 'branded' Monty South uniform. This was in reference to the large number of clothing items in the Lost Property and to encourage students and parents to check for lost items. We do not have a dress code policy for Monty South; however, School Council are currently working on a Dress Code Policy for the school.

Voluntary Contributions

As we know voluntary contributions are an essential part of school funds which support the school's ability to provide the very best for students. Thank you to all our families who have made their voluntary contribution for 2023, we are currently sitting at 95% of these voluntary contributions being made. Although making phone calls to remind parents has been a historical part of Monty South, phone calls will no longer be made.

Drop-off and Pick-up

Just a reminder to please be very vigilant around drop off and pick up time. Unfortunately, almost two weeks ago there was a car that was double parked near Panorama and one of our students stepped around that car and walked into the side of a moving car. Fortunately, the car was moving very slowly, and the student reported to have been okay. Please park in designated bays and remind your children to be alert around vehicles.

I hope the weather is kind to all of us over the next three weeks.

Keyla

WELLBEING UPDATE

MSPS CLUBS & ACTIVITIES

At MSPS, we are lucky enough to have a range of clubs and activities running during lunch and snack times throughout the week. Many of these are initiated and run by students, but supervised by teachers. Current clubs and activities include Dance Club, Lego Club, Role Play Club, Queer and Allies Club, Tech Club, Pokémon Trading and Lunchtime Library. All clubs are completely optional to attend and some are specific to certain year levels, for example, at the moment Tech Club is open to just Year 4s. Each Monday, a weekly schedule of clubs and activities are sent out to teachers to display in their classrooms, and additional schedules can be found on the Wellbeing Office window, near the undercroft stairs, and in the office foyer. There are often announcements during lunch eating times as an extra reminder about some clubs and activities running that day. We are always open to new club and activity ideas!



Quinn's review of Tech Club –

Tech Club

Tech Club runs from the Media room on Thursdays at recess. It is a fantastic opportunity for you and your friends to have fun with laptops. You can try coding using the Scratch app, which teaches kids programming. The coding elements are presented as blocks that snap together, and it helps teach kids to think like coders. If you're feeling nervous because you don't know what to do, IT Captains Gideon and Noah will be there to help you. At this stage 3B & 3C are the lucky classes that can attend, and I recommend you definitely give it a try.

By Quinn

Wellbeing Captain

Lily's review on Dance Club –

Dance Club

Dance Club happens for Prep to Year 2 on Tuesday odd weeks and for Years 3 to 6 on Tuesday even weeks. At Dance Club, you can play fun warm up games, learn new dance choreography, create short dances with your friends and then perform them to other members of Dance Club.

What people who attended Dance Club think:

"It's very fun and we can be as creative as we want."

"I like how you get to perform because it builds up my confidence."

"When I perform I feel supported and proud of myself because everyone claps for me."

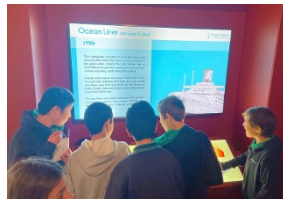
By Lily

Wellbeing Captain

EXCURSIONS AND CAMPS

This term is particularly exciting for our students as all but our Year 6s will head off on a school camp or excursion.

Last week Year 5 students visited the Immigration Museum and had a fantastic time learning about refugees and immigrants to Australia. They will head off to Phillip Island later this term, while our Year 4s head to Anglesea. The Year 3 students this week went on a 2-day camp to Wombat Corner in the Dandenongs. The Year 2s will head to Sunnystones camp for the day and our Year 1s have a fun extended day program planned at school. Finally, our youngest students in prep will head to the zoo for a day excursion.



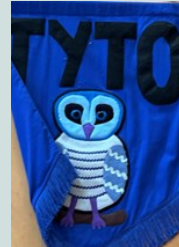
VICTORIAN HIGH-ABILITY PROGRAM

In recognition of their ability in either English or Maths, 4 of our year 5 students have been offered places next term in the Victorian High-Ability Program. The students are:

- For Maths—Savannah R and Matilda S.
- For English—Owen B and Oscar B.

VHAP consists of ten-week online courses in Mathematics and English that enable students to be inspired, challenge themselves and each other, gain confidence in their choices and abilities and feel excited by their learning.

STUDENT NEWS AND ACHIEVEMENTS



Guess what Will found on his recent trip to the UK? While walking around Haughmond Hill in Shropshire, England in early July, he came across this sculpture of an owl. Not just any owl; this is a Tyto owl and he just happens to be in Tyto house too!

TEACHING AND LEARNING UPDATE

FLUENCY PRACTICE IN YEAR 1

What is it?

The Year 1s have recently introduced regular fluency practice in their classrooms. They have been doing an amazing job! Students are given a passage and are paired up with a partner. The focus of this practice is to develop appropriate rate (not too fast and not too slow- just right!), accuracy and prosody (expression and use of punctuation). The students aim for 3-4 reads of their passage each day over the course of a week. They are then asked to provide some constructive feedback about how their partner read. This can be around use of punctuation which assists with prosody. Students also record how far they read each day, with most aiming to increase how many words they have read correctly in one minute over the week.

What are the students saying?

Sean from 1D: "When we get to tricky words I like that I can chop them up and sound them out together. It helps me learn new words."

Evan from 1A: "I like underlining the words and it's fun to see how far I got in the text."

Violeta from 1A: "I like fluency because I get to see where I get up to each day."

What can you do at home to help?

Parents often wonder how they can help at home with reading. Fluency is one of the Big 6 of reading and one that you can assist with no matter how old your child is! You can help by modelling appropriate rate, accuracy, and expression, as well as providing feedback to your child. We want our reading to sound like we are talking to someone, rather than stilted or robotic. The importance of appropriate fluency is that it has strong links to comprehension of texts.

Tom Davis,
Acting Leading Teacher- Literacy



**WORKING
BEE**

**HELP US
INSTALL
PLAY
EQUIPMENT**

**THIS
SATURDAY—
19th August
12.30pm to
approx. 3pm.**

A team of helpers worked last weekend to prepare the site for installation of twirl bars near our new playground. The work continues this weekend.

If you can help out please call Shane on 0488 25 2 345.





IN OUR SAKG KITCHEN & GARDEN





In weeks 4 & 5 we explored the history behind some **UK food favourites**; Soda bread, Muligatawny soup, Rumbledethumps, egg and cheese salad and apple sponge.

In weeks 6 & 7 we are investigating **Indigenous sustainability**. Many native ingredients are foraged for and some are farmed. A cultural rule is to only ever take what you need and no more.

We are making Calzone with cheesy veg and Warrigal greens, Bush potato cakes/rosti with kalamata tapenade, Pasta e ceci, Lemony kale salad and Mini wattleseed crust pumpkin pies.

 Wholemeal soda breads with seeds 	
Serves 24 tastes Source: Hairy Bikers – BBC FOOD	
Ingredients	Equipment
225g self-raising white flour, plus extra for dusting and rolling 225g plain wholemeal flour 1 tsp soft brown sugar 1 tsp bicarbonate of soda 1/2 tsp salt 250g full-fat natural yoghurt 175ml milk Milk for brushing 3 tablespoons pumpkin seeds 3 tablespoons sunflower seeds 1 teaspoon linseeds	Kitchen aid mixer Large bowl Wooden spoon Chopping board Measuring cups and spoons Mixing bowl Measuring scales Baking tray
What to do:	
<ul style="list-style-type: none"> Preheat the oven to 200C. Cover a large baking tray with baking paper. Put the white and wholemeal flour in a large bowl and stir in the sugar, bicarbonate of soda and sea salt. Tip onto a clean work surface and scoop into a heap. Make a well in the centre. Mix the yogurt and milk in a large jug until smooth. Pour a fifth of the milk mixture into the well and mix some of the flour into the liquid with a wooden spoon. Add a little more and continue to draw the flour into the liquid. Keep adding and mixing until all the liquid and flour is combined. Using your hands, knead the dough for a couple of minutes, or until light and spongy. You may need to add a little extra flour if the dough is sticky, but try not to add too much as you want the bread to be light and airy. Divide the dough into 12 portions and roll into balls. Place on the baking tray, evenly spaced apart. Use your hand to flatten slightly – to about 4cm deep. Brush the rolls with a little milk, and scatter over the combined seeds. Bake for 20 minutes, or until well risen and golden-brown. The crusts should be nice and crisp. Serve hot with a wedge of butter. 	

 Pasta e ceci 	
Serves 24 - 30 tastes Source: Adapted from Jamie's Italy, Jamie Oliver	
Ingredients	Equipment
1 onion, peeled and chopped 2 sticks of celery, diced 2 carrots, peeled and diced 2 cloves of garlic, peeled and finely chopped 3 tablespoons olive oil 1 teaspoon fresh rosemary leaves picked from the stalk 2 x 400g tins chickpeas 5 cups vegetable stock 250g broken spaghetti or small pasta shapes 1/2 cup chopped parsley to serve 1/2 cup very finely grated parmesan cheese	Measuring cups and spoons Large pot for soup Knives Chopping boards Wooden spoon Small food processor Serving dishes
What to do:	
<ul style="list-style-type: none"> Put the onion, celery, carrot and garlic in a large saucepan with the olive oil and the rosemary. Cook as gently as possible with the lid on for about 15 minutes. The vegetables should be soft with no browning Drain the chickpeas and rinse them under cold water. Add them to the soft vegetables with the vegetable stock. Bring to a boil and simmer for 5 minutes Use a slotted spoon to remove about 1 cup of vegetables and chickpeas. Place in the small food processor and blitz. Return this puree to the soup – it will thicken and make the soup more creamy in consistency Add the pasta and simmer until the pasta is cooked – about 10 minutes – add a splash of extra water if needed Season with salt and pepper Ladle this thick stew into the serving bowls Garnish with chopped parsley and parmesan, serve 	

If you are able to help out in our kitchen—perhaps you can help out your child's class—you can let our Kitchen Specialist, Cathryn Hulme know by emailing her at: cathryn.hulme@education.vic.gov.au.

If you would prefer to help out in our garden, our Garden Specialist, Farmer Mike is happy for you to contact him on michael.tindale@education.vic.gov.au.

Volunteering at Monty South is always welcome. From classroom help with reading and maths, or camps or sporting events such as Cross Country or Athletics Day to our kitchen and garden, not to mention the amazing work of our Parents and Friends Group; our parents/carers play a vital part in helping to make Monty South a great school and help build a strong community.

Reminder—Book Parade next week—Thursday 24th August at 9.30am

Come dressed as your favourite book character and join the parade.

Families are welcome to come and watch the fun!

PARENTS & FRIENDS UPDATE

MSPS at the G

On Saturday 5th August, a very excited MSPS cohort consisting of Pies and Hawks fans headed to the MCG. The families met up and entered the MCG as a group and watched the game together. Former student Josh Weddle#37 scored an amazing goal for Hawthorn and the tone was set for a very exciting game. Hawthorn won with a score of 105-67.

We would like to thank the AFL Community Ticketing Program for their generous donation of the 40 free tickets.



Nicks Gnocchi and Pasta Fundraiser

Montmorency South Parents and Friends Group have partnered with Nicks Gnocchi and Pasta for a special pasta drive. We are raising funds to improve the play spaces around our beautiful school.

Nicks gnocchi is handmade with love and the perfect opportunity to stock up your freezer and just in time for Father's Day!!

Our fundraiser will run from Thursday 10th August until Thursday 24th of August (2 weeks). 20% of all proceeds will go directly to the school to assist in upcoming projects when you use the code 'MSPS' at checkout.

Orders can be delivered to your home at a fee, picked up from Nick locally, or picked up from Montmorency South on Thursday 24th August from 3pm.

Be sure to share this with all your family and friends as anyone is welcome to order! For any information regarding ingredients please email Nick at [https://nicksnegozio.com.au](mailto:nicksnegozio.com.au)

Any questions, please feel free to contact Ashlee at secretarymbspf@gmail.com.



The Montmorency Parents and Friends group will hold their annual **Father's Day Stall** on **Wednesday 30th August!**

A poster with images of many of the gifts on sale can be viewed in the window of Ms Magnabosco's office. Your child's class WhatsApp group may also have shared it or find it on the P&F Facebook page [MSPSParentsandFriends](https://www.facebook.com/MSPSParentsandFriends).

Gift prices range from \$0.50c to \$8. We have a range of items from chocolates and cookies, local coffee vouchers to photo frames and BBQ aprons. It is a special opportunity for children to select their own gift giving them a sense of responsibility and pride. Students should remember to bring some money (small notes and coins preferable) and a shopping bag for their gifts.

Some families may wish to OPT OUT of the event and this is absolutely fine. If this is the case, families should email your child's teacher prior to the event and also discuss it with your child.

There will be a carefully planned out IOU system in place if children do forget to bring their money. It will be capped at \$8, a note will be sent home to parents after the stall and gifts can be collected once payment has been made, if the parent chooses to accept the gifts, there is no obligation to do so.

If you would like to help out on the day, please email Ashlee Sandars at secretarymbspf@gmail.com. Parent help is needed from 11:30-3:00pm (or part thereof).

PARENTS & FRIENDS UPDATE



P&F MEETINGS 2023

We welcome parents, carers and family members of Monty South students to our meetings every third Wednesday of the month.

Please email us to confirm your attendance or with any other questions you may have.

Wednesday 23rd of August
Wednesday 18th October
Wednesday 15th November

Please follow the P&F Group activities on Facebook [@MSPSParentsandFriends](#)

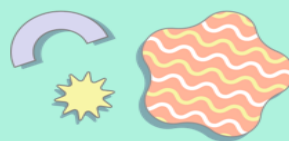
You can also get in touch by emailing presidentpandfmsps@gmail.com or secretarymsspspf@gmail.com.

COMMUNITY NEWS



Guiding children's growth

Newsletter



A message from your Coordinator

Hello, and welcome to this week's newsletter. This term has been very busy, children enjoyed our incursion based on doing different science experiments, they got to make volcanos, magic milk, suage snow and many other experiments. During this week, is our science week, where children will have the opportunity to do more science-based activities like making slime, fizzing monsters, volcanos, invisible ink and many other great experiments.

Our next big incursion that is happening this term will be on Thursday the 14th of September, which will be about Bopping Bingo Disco. Children will join in on dancing while they play bingo.

During week 7, on the 21st of August, Camp Australia will be opened during the pupil free day. Bookings are now opened through the parent portal and the Camp Australia app.

During week 8, we will be practicing our emergency drills. For children to know and feel comfortable doing these emergency drills. We will be practicing a lockdown and an evacuation drill.

The school holidays are coming up, and these school holidays we have lots of amazing activities that will be happening. Including a fun soccer day where professionals will come and teach us some amazing soccer skills, a day of playing boardgames where you can take home your own board game, and many other great activities. Our excursions these school holidays will be a dance party where children will celebrate our new song "Take Me to Base Camp" and sing along to other great songs, and we will also be going to the Melbourne Zoo.

Bookings are now opened for Rocketeers, for more information please head to campaustralia.com.au/rocketeers.

Remember to update your bookings and your details through the Camp Australia app and to come in to sign in and out your child into care. Thank you and see you soon.

Activities coming up

- Week 6: Science Week
- Week7: Pupil Free Day
- Week 8: Emergency Drills
- Week 10: Thursday Bopping Bingo Disco

What's on the menu

- Pita bread with cheese
- Banana Pancakes
- Naan with cheese

COMMUNITY NEWS



Lower Plenty Traders Assoc. Art Competition
 Find out details <https://www.facebook.com/lowerplentysshopping> or grab a flyer from our school office

Open Competition – Two Categories
 Category 1- Under 12 years- 1st prize \$100 Art supplies
 Category 2- Over 12 years – 1st prize \$100 Art supplies
 Entries Close - Thursday 28th September 2023.

TAYLOR SWIFT TRIVIA

SATURDAY 19TH AUGUST, 6.30-9PM

Join fellow Swifties for a fun trivia night!
 Monty Hub, 1 Mountain View Road Montmorency.
 Come with a team or join one on the night.

- BYO SUPPER, SOME SNACKS AVAILABLE FOR PURCHASE
- BRING YOUR GOLD COINS FOR CHALLENGES!
- DOORS OPEN 6PM FOR 6.30PM START
- THIS IS AN ALCOHOL-FREE EVENT
- CONTACT: 0408 587 297

BOOKINGS REQUIRED AT:
 TAYLOR-TRIVIA.EVENTBRITE.COM.AU
 \$10/\$20 FAMILY
 FAMILY FRIENDLY - ALL AGES WELCOME
 FUNDRAISER FOR THE MONTY HUB

ONLINE
 SEP 4 - OCT 16
 AGES 8-22

Explore your interests with like-minded Autistic peers in a positive, safe environment. Also...

DID YOU SAY NEW GROUPS?

YES! ... INC. TAYLOR SWIFT, INTRODUCTION TO DUNGEONS & DRAGONS & JUNIOR DRAWING & ART

AS WELL AS:
 MINECRAFT, POKEMON, ROBLOX, AFL, MUSIC, MOVIES, CARS, I CAN GROUPS, FANTASY BOOKS AND MORE...

APPLY NOW TO AVOID DISAPPOINTMENT!

*PLACED WITH SIMILAR-AGED PEERS
 Groups are facilitated by two trained I CAN Mentors. All staff have completed our child protection training and hold current Working With Children Checks.

VISIT OUR WEBSITE:
icannetwork.online/online

APPLY NOW!

Sing*Act*Dance

Perform in a Show! *

Holiday Camps

We give Kids Confidence
 Ages 5 to 13 years

Ettham College
 Monday 25 to Thursday 28 September (4 days)
 9am to 3pm + FREE extended hours!

kids upfront
 DRAMA ACADEMY

For full details and to BOOK online
www.kidsupfront.com.au
 *We will comply with COVID restrictions

SOFTBALL

GIRLS & BOYS

Winter Junior Development Program Starts 29 July
 8 - 14 yrs | Beginner to Intermediate | Saturdays 2-4 pm for 6 weeks | \$70 pp
 Register today at www.softballvic.org.au/get-involved/junior-development

Come and Try Day Saturday 9 September 10am - 12pm
 All ages and experience levels are welcome | Bring a friend
 Come and give softball a try in a fun and friendly environment

Junior Softball October to March
 T-ball and U12 - U19 age groups | Friendly and welcoming teams | Equipment provided
 Games on Saturdays

Northern District Softball Association
 Mill Park Recreation Reserve | northernsoftballvic@gmail.com
 NDSAvic | [northernsoftballvic](http://www.northernsoftballvic.com.au)

Little Athletics is back at Diamond Valley

Come & Try Days

Registration: Sat 2 September 10am -12pm
Warm Up Rounds: 9,16,23 Sept from 8:30am

Find out more:
 Watsonia Little Athletics Club
watsonialiac@gmail.com
 Call 0438176630

Annual Fees:
 U6-8 \$240
 U9-17 \$260
 Free team singlet for new members



"COME AND TRY" JUNIOR BASEBALL

5:30-7PM WEDNESDAY 9TH AUGUST
 GLENAUBURN PARK, LOWER PLENTY

AGES 5-17 YEARS
 ALL GENDERS AND ABILITIES
 SUMMER SEASON STARTS SEPTEMBER

join.juniorbaseball.com.au

PLAY BASEBALL!

Season Starts October

COME AND TRY DAYS

SUNDAYS AUGUST 27th and
 SEPTEMBER 10th @ 10am-12pm

T-BALL, JUNIOR, SENIOR MENS, WOMENS & MASTERS

FOR MORE INFORMATION CONTACT
doncasterbaseball@gmail.com
 DONCASTER DRAGONS BASEBALL CLUB