

# THE BRAIN

REAL TIME LEARNING

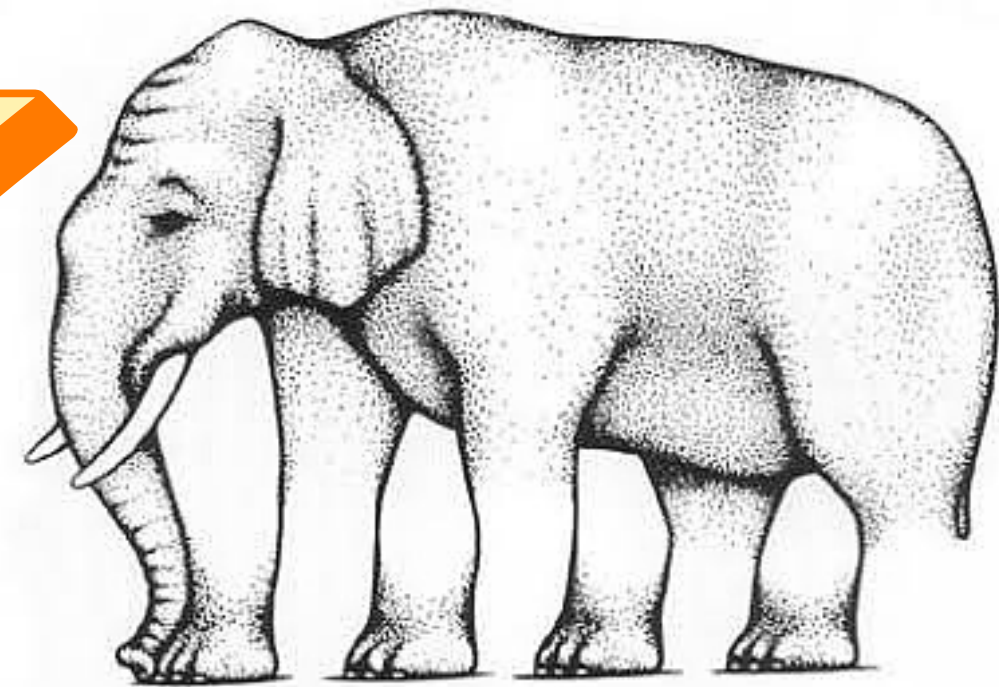


For the first few weeks of RTL we looked at how the brain works and how we can change our brains to become better. During these few weeks we started to look at different brain exercises and clips, including trying to learn to juggle, and trying to remember a deck of cards.



For an activity based on brain science we signed up to a web-sight called Brain H.Q. This web-sight has games and puzzles that improve either your memory, attention or intelligence. As you get better the games get harder and faster. Search Brain HQ to find out more!

Think  
your  
brain is  
the best?



As a way of understanding that our brains really can get better, we watched three episodes of a series called Redesign my brain.

Or just search up  
Redesign my Brain -you tube



Episode 1

<https://m.youtube.com/watch?v=lefXkjmVD2Y>

Episode 2

<https://m.youtube.com/watch?v=HIEI AL2bE>

Episode 3

<https://m.youtube.com/watch?v=WighSFYasUM>