

Canteen Day Available Items and Ingredients List



Pringles

DRIED POTATOES, VEGETABLE OIL (CORN, COTTONSEED, HIGH OLEIC SOYBEAN, AND/OR SUNFLOWER OIL), DEGERMINATED YELLOW CORN FLOUR, CORNSTARCH, RICE FLOUR, MALTODEXTRIN, MONO- AND DIGLYCERIDES. CONTAINS 2% OR LESS OF SALT, WHEY, SOUR CREAM (CREAM, NONFAT MILK, CULTURES), MONOSODIUM GLUTAMATE, ONION POWDER, COCONUT OIL, DEXTROSE, SUGAR, NATURAL FLAVORS, NONFAT MILK, CITRIC ACID, SODIUM CASEINATE, LACTIC ACID, YEAST EXTRACT, DISODIUM INOSINATE, DISODIUM GUANYLATE, BUTTERMILK, MALIC ACID, INVERT SUGAR, CULTURED NONFAT MILK, CREAM, WHEAT

STARCH.



Jumpy's Chicken Flavoured

Dehydrated potato, vegetable oil, corn starch, salt, whey powder, glucose, flavour enhancers (621, 635), sugar, onion powder, flavour, soy sauce powder, spices, food acid (330), herbs and preservative (223)



BBQ Shapes

Wheat Flour, Vegetable Oil, Starch (Wheat), Salt, Tomato Powder Salt, Yeast, Garlic, Parsley, Sugar, Worcestershire Sauce, Onion Powder, Baking Powder, Natural Flavour, Vegetable Protein Extract (from Maize), Spices, Antioxidants (E300, E307b From Soy, E304), Flavour Enhancer (E635), Emulsifier (Soy Lecithin), Malt Extract (From Barley)



Pizza Shapes

Wheat Flour, Vegetable Oil, Starch (Wheat), Tomato Powder, Salt, Cheese (Contains: Milk), Maltodextrin (Maize), Yeast. Milk Solids, Baking Powder, Sugar, Spice, Garlic Powder, Onion Powder, Herb, Natural Flavour, Vegetable Extract (From Maize, Soy), Food Acid (Citric Acid), Food Colours (Turmeric, Paprika Extract), Antioxidants (E300, E307b From Soy, 304), Yeast Extract, Emulsifier (Soy Lecithin)



Chicken Crimpy

Wheat Flour, Vegetable Oil, Sugar, Salt, Malt Extract (From Barley), Baking Powder, Flavour Enhancers (E621, E635), Onion Powder, Natural Flavour, Maltodextrin (Maize), Chicken, Spices, Antioxidants (E300, E304, E307b from Soy), Emulsifier (Soy Lecithin)



Cheetos

Balls: Corn, Canola Oil Whey Powder (Milk), Wheat Flour, Cheese Powder (Milk), Salt, Flavour Enhancer (621), Mineral Salt (Potassium Chloride), Maltodextrin, Flavours Natural Colours (Paprika Extract, Turmeric), Food Acid (Lactic Acid).

Puffs: Corn, Canola Oil, Cheese Powder (Milk, Soy), Maltodextrin, Salt, Wheat Flour, Flavour Enhancers (621, 635), Tomato Powder, Onion Powder, Garlic Powder, Natural Flavours (Milk), Dextrose, Yeast Extract, Sugar, Mineral Salt (Potassium Chloride), Food Acids (Lactic Acid, Citric Acid), Colours (110, 150c), Spice (White Pepper).



Oreo

Chocolate flavoured sandwich cookies with Vanilla Flavoured Creme (29%). Wheat Flour, Sugar, Vegetable Oil, Cocoa Powder, Fructose Syrup, Cornstarch, Iodised Salt, Raising Agents (500, 503), Emulsifier (Soy, Lecithin), Flavour, Antioxidant (319)



Choc Chip: Wheat Flour, Sugar, Vegetable Oil (Contains: Soy), Chocolate (Sugar, Cocoa Mass, Cocoa Butter, Natural Flavour, Emulsifier (Soy Lecithin)), Butter (Cream (From Milk), Salt), Vegetable Fibre, Emulsifier (Soy Lecithin), Salt, Cocoa Powder, Glucose (From Wheat), Soybean Oil, Baking Powder, Natural Flavour.

Honey: Wheat Flour, Sugar, Vegetable Oil, Honey (5%), Butter (Cream (From Milk), Salt), Vegetable Fibre, Salt, Emulsifier (Soy Lecithin), Baking Powder, Natural Flavour.

Chocolate: Wheat Flour, Sugar, Vegetable Oil, Chocolate (4%), Cocoa, Honey, Vegetable Fibre, Salt, Emulsifier (Soy Lecithin), Golden Syrup, Baking Powder, Colour (Carmel III), Natural Flavour.