



# MAROONDAH WALKS

The Pathways for Carers project offers carers of people with a disability or mental illness an opportunity to share walks together and to learn more about news, services and supports available to carers. We will be joined on the walk by representatives from local organisations.

Stay after the walk for a free coffee at Thor-Ra-Neel!



## Week Day Walk

### Time and Day:

9:30am the second Tuesday of every month

**Start Location:** Thor-Ra-Neel Café, Burnt Bridge Shopping Centre, 434 Maroondah Hwy, Ringwood East



### Dates for 2018:

9 January	8 May	11 September
13 February	12 June	9 October
13 March	10 July	13 November
10 April	14 August	11 December

## Weekend Walk

### Time and Day:

1:00pm the third Saturday of every month

**Start Location:** Thor-Ra-Neel Café, Burnt Bridge Shopping Centre, 434 Maroondah Hwy, Ringwood East



### Dates for 2018:

20 January	19 May	15 September
17 February	16 June	20 October
17 March	21 July	17 November
21 April	18 August	15 December

**For further information contact:** Jack Mulholland, Maroondah City Council's Metro Access Officer, 9294 5750 or email [Jack.Mulholland@maroondah.vic.gov.au](mailto:Jack.Mulholland@maroondah.vic.gov.au)

**For information and updates please see our facebook page at [www.facebook.com/pathwaysforcarers](http://www.facebook.com/pathwaysforcarers)**





Guest walkers are listed below.

### Maroondah Tuesday Walks

**SEPTEMBER** Sofie Sneddon – Epic Assist

**OCTOBER** Michael Sukkar –  
Federal Member for Deakin

**NOVEMBER** Rayce Coyte – National Disability  
Coordination Officer

**DECEMBER** Carer and Community Educator –  
Carers Victoria

### Maroondah Saturday Walks

**SEPTEMBER** Vanessa Thomas –  
Family Planning Victoria

**OCTOBER** Suzie Bissett – Raising Kids  
Together (Animal Assisted Therapy)

**NOVEMBER** Agnes Bamford – Agnes Support  
Services

**DECEMBER** X-mas Lunch at the Ringwood  
Club – cost TBA

**Contact :** Jack Mulholland at Maroondah Council on Jack.Mulholland@maroondah.vic.gov.au

### Walks dates for other Councils

The Pathways for Carers Project operates all over the Eastern Region of Melbourne.

Please see below for information regarding other locations and dates. You are welcome to attend walks at as many locations you like!

#### BOROONDARA WALK

**Time and Day:** 10:00am the fourth Wednesday of every month

**Start Location:** Kew Neighbourhood Learning Centre, 2-12 Derby Street, Kew.

**Contact:** Kew Neighbourhood Learning Centre on 9853 3126 or admin@kewnlc.org.au

**Dates for 2018:** (No walk in January), 28/02, 28/03, (No walk in April), 23/05, 27/06, 25/07, 22/08, 26/09, 24/10, 28/11, (no walk in December)

#### MONASH/KNOX WALK

**Time and Day:** 10:00am the second Friday of every month

**Start Location:** Madeleine's at Jell's Park (please enter via Waverley Road)

**Contact:** Barb Wallace, City of Monash on barb.wallace@monash.vic.gov.au

**Dates for 2018:** 12/01, 09/02, 09/03, 13/04, 11/05, 08/06, 13/07, 10/08, 14/09, 12/10, 9/11, 14/12

#### MANNINGHAM WALK

**Time and Day:** 10:00am the third Thursday of every month

**Start Location:** Melissa Cakes Café (65 Parker St, Templestowe Lower)

**Contact:** Jon Adams, Manningham City Council on jon.adams@manningham.vic.gov.au

**Dates for 2018:** 18/01, 15/02, 15/03, 19/04, 17/05, 21/06, 19/07, 16/08, 20/09, 18/10, 15/11, 20/12

#### YARRA RANGES WALK

**Time and Day:** 9:30am the first Thursday of every month

**Start Location:** Meeting at the Mt Evelyn Community House (50 Wray Cres, Mt Evelyn)

**Contact:** Nicky Condello, Mt Evelyn Community House on 9736 1177 or  
nicky@mtevelynch.com.au

**Dates for 2018:** (No walk in January) 1/02, 1/03, 05/04, 03/05, 07/06, 05/07, 02/08, 06/09, 04/10, 01/11, 06/12