

Thursday 7th March.

Field event Rotations

	9:00	EVENT 1 9:20	EVENT 2 9:45	EVENT 3 10:10	EVENT 4 10:35	RECESS 11:00	EVENT 5 11:30	EVENT 6 11:55	EVENT 7 12:20	EVENT 8 12:45
Sponge Race	House assembly, do the chant, check that relay runners are present. Talk about being good sports. Try and be on oval by 9:15	9 Year Girls	12 year Boys	12 year Girls	11 year Boys		11 year Girls	10 year Boys	10 year Girls	9 year Boys
100m		9 year Boys	9 Year Girls	12 year Boys	12 year Girls		11 year Boys	11 year Girls	10 year Boys	10 year Girls
Dress Up Relay		10 year Girls	9 year Boys	9 Year Girls	12 year Boys		12 year Girls	11 year Boys	11 year Girls	10 year Boys
Discuss		10 year Boys	10 year Girls	9 year Boys	9 Year Girls		12 year Boys	12 year Girls	11 year Boys	11 year Girls
Shot Put		11 year Girls	10 year Boys	10 year Girls	9 year Boys		9 Year Girls	12 year Boys	12 year Girls	11 year Boys
800m		11 year Boys	11 year Girls	10 year Boys	10 year Girls		9 year Boys	9 Year Girls	12 year Boys	12 year Girls
Long Jump		12 year Girls	11 year Boys	11 year Girls	10 year Boys		10 year Girls	9 year Boys	9 Year Girls	12 year Boys
Racquet Relay		12 year Boys	12 year Girls	11 year Boys	11 year Girls		10 year Boys	10 year Girls	9 year Boys	9 Year Girls

9:00 – 1:10pm

1:10 Lunch break

1:50 Grade 3-6 Assemble on the oval in house groups under gazebos

1:55 Sprint finals

2:15 4 X 100 Circular relays 10yrs, 11yrs & 12yrs

2:40 The Delacombe Gift – Staff race dress up and obstacle course race. 4 staff per House needed.

2:55 Presentations

of Age Champions

Shield to the winning house

Ribbons to all competitors, according to House results

Day concluded by 3:15 pm

- Students come to school wearing their House Colours.
- All food must be in a named disposable bag. Snacks and lunch will be collected by class teachers and put in tub outside classrooms.
- Breaks are only long enough for eating, toilet and not a “play time”
- Students will rotate through 8 field events from 9:30am to 1:10pm
- Grade 3-6 sprint finals and relays will be on the oval after lunch.
- The day will conclude at 3:15pm.
- Delacombe Café will be open 8:00am – 2:00pm.
- Sports Day Lunch orders will be available – Keep an eye out in Newsletter/Compass
- NOTE – High Jump, Triple Jump and 1500m have been removed from rotations due to time constraints. 1500m will be held on Wednesday 21st Feb at LUNCHTIME on gravel track. High Jump and Triple Jump will be conducted in PE classes and lunchtime ‘jump offs’ to determine District Aths, Llanberris competitors.

Hats. All students must be wearing their hat, clearly named on the inside.

Students and parents are encouraged to bring water bottles and sunscreen is available in classrooms and marquees.