

Minestrone with native greens

Serves: 24 – 30 tastes Source: www.saveur.com



Ingredients

2 tablespoons olive oil

1 medium brown onion, diced

2 cloves garlic, minced

2 medium carrots, peeled and

diced

2 Sticks of celery diced

1 sprig fresh rosemary

6 cups vegetable stock

1/3 cup risoni -orzo or small pasta

1/8 cabbage thinly sliced

1 can chopped tomatoes

1 can mixed beans, drained and

rinsed

Handful Warrigal greens, sliced

Salt and pepper to taste

To garnish, chopped parsley

Equipment

Peelers

Chopping boards

Knives

Sieve

Measuring spoons and cups

Large saucepan

Wooden spoon

- Heat oil in a large pot, cook onion and garlic stirring until onion is soft.
- Add diced carrot, celery and rosemary, cook stirring for 5 minutes
- Pour in stock & tomatoes, add the cabbage and beans then bring to the boil and simmer for 10 minutes or until the vegetables are soft
- Stir pasta into the soup, bring to a boil and simmer for 10 minutes or until the pasta is just tender
- Add the Warrigal greens a few minutes before the pasta is cooked
- Check seasoning, adding salt and pepper
- Serve into individual bowls and garnish with a parsley