



# ST. PATRICK'S CATHOLIC PRIMARY SCHOOL

45 Belmont Street, Sutherland NSW 2232

Telephone: 9521 2163

## REMINDER CROSS COUNTRY TRIAL 2026

Dear Parents and Carers,

A reminder that our School Cross Country Trial is **Monday 23rd February** for students who registered.

- Students are required to be at school by **8:30am** for the roll and preparation for the walk to the venue. Students will walk to Waratah Upper and Lower Fields under teacher and parent supervision. Students dropped off directly at the track will be supervised at the venue from 9:15am. If your child's travel arrangements have changed from the compass event or are no longer attending please email the school so we are not waiting for them at school.
- Students are **able** to come to school in their preferred running attire. They must change back into their full sports or regular school uniform once they return to school.
- Please bring a nutritious recess, plenty of water and **wet weather** gear in a separate plastic bag to take to the track.
- **The image below outlines an approximate guide to the running track. There may be minor changes implemented to the course depending on the field conditions on the day.**
- Juniors 8/9/10yrs will run 2km and 11yr and 12/13yrs will run 3km.
- Boys and girls will compete separately and the event order will be:
  - 8/9 years girls and 8/9 years boys
  - 10 years girls and 10 years boys
  - 11 years girls and 11 years boys
  - 12/13 years girls and 12/13 years boys
- Parents are most welcome to attend to cheer on the students. We will walk the students back to school in 2 groups. After the 10yr olds race, all our juniors (8,9,10 year olds) will start walking back to school with teachers and volunteer parents. Our senior students (11,12,13 year olds) will walk back in the second group. We expect all juniors to finish by 10.45am and seniors to finish by midday.
- The first 4 place getters in each category have the opportunity to make selection into the **Cross Country Primary Championships**, granted they are within the qualifying times. This is to be held on **Tuesday 12th May 2026** at **Sydney Motorsport Park, Eastern Creek**. Parents are responsible for transport to and from this event.



Age Group	Gender	Distance	Qualifying Time Guide only
8/9 Years combined age group	Boys	2km	Completed within 13 mins
8/9 Years combined age group	Girls	2km	Completed within 14 mins
10 Years	Boys	2km	Completed within 13 mins
10 Years	Girls	2km	Completed within 14 mins
11 Years	Boys	3km	Completed within 19 mins
11 Years	Girls	3km	Completed within 20 mins
12/13 Years combined age group	Boys	3km	Completed within 19 mins
12/13 Years combined age group	Girls	3km	Completed within 20 mins
Multi-Class All age groups	Boys	2km	Completed within 16 mins
Multi-Class All age groups	Girls	2km	Completed within 16 mins

Thank you for your support,  
**Amanda Col & Chloe Devlin**  
*Teachers in charge of Sport*