

CAREERS NEWSLETTER 10 JUNE, 2026



## INVITATION TO JOIN JOB JUMP

We warmly encourage all **parents and students** to register for **Job Jump**, an excellent careers platform that supports young people as they explore future pathways.

### **Job Jump provides:**

**Up-to-date information on tertiary study options, ATARs, apprenticeships, and TAFE pathways.**

**Tools to create a resume**, helping students present their strengths professionally.

**Customised news alerts** so families stay informed about important deadlines and opportunities.

Both parents and students can benefit from clear guidance and timely updates as they plan — whether that's choosing senior subjects, exploring university courses, or considering vocational training.

To register, simply visit:

<https://www.jobjump.com.au/register> and visit Careers 2026 on Canvas to access sign up details.

We hope you find Job Jump a valuable resource in supporting informed and confident career decision-making.

**Disclaimer** – all information is printed in good faith

It is the responsibility of the student to confirm all details with the appropriate institution.



To contact Ms. Hall please email [chall@stpiusx.nsw.edu.au](mailto:chall@stpiusx.nsw.edu.au) or call 9414 4733.

## Events

### THIS WEEK'S EVENTS

Discover Western Webinar – For Year 10-12 Students: Pathways, Alternative Entry and Early Offers

**Organisation:** Western Sydney University

**Location:** Online

**Date:** June 9, 2026

This webinar is aimed at students in Years 10-12. We will explore and explain our HSC True Reward Early Offer Program, Alternative Entry Pathways and more.

[Find out more](#)

TAFE NSW – Info session for Radio, Journalism and Social Media

**Organisation:** TAFE NSW

**Location:** Ultimo TAFE Campus

**Date:** June 10, 2026

Our teachers are qualified communications professionals who have all worked in the media industry. We'll provide you with a happy, supportive place to learn the practical skills you'll need to be a journalist, radio or TV presenter, media producer, writer, designer, blogger, editor, or public relations specialist. Come meet us and get some career advice at this info session.

[Find out more](#)

Study Interaction Design at the University of Sydney – Webinar for Future Students

**Organisation:** University of Sydney

**Location:** Online

**Date:** June 10, 2026

There is so much more to design beyond websites and apps. But how much do you know about interaction design and the role of designers in today's rapidly evolving digital landscape?

Join this session to explore how the Bachelor of Design (Interaction Design) at Sydney can prepare you to shape the way we experience the world through technology.

[Find out more](#)

Career Pathways in Urban Design

**Organisation:** Urban Design Association NSW

**Location:** SJB Architecture Office

**Date:** June 10, 2026

Join the UDA for an evening of “speed networking” with experienced Urban Designers from Northern Beaches Council, Architectus, Olsson Architecture & Urban Projects, Smart Design Studio, DesignInc and Tract.

This event is a fantastic opportunity to ask questions, gain industry insights, and learn what it's like to work in Urban Design in NSW. Whether you're a recent graduate, an early-career designer, or new to the local industry, this is a great chance to connect with peers and mentors, explore different career pathways, and hear directly from professionals who've been where you are now.

[Find out more](#)



### Notre Dame Auburn Information Evening

**Organisation:** University of Notre Dame Australia

**Location:** University of Notre Dame, Auburn Study Centre

**Date:** June 11, 2026

Join us at the Auburn Study Centre Information Session to explore how the University of Notre Dame Australia can support your journey into higher education.

You'll hear about the bachelor's degrees taught from our Auburn Study Centre and Broadway Campus in Chippendale, Notre Dame's Early Offer program, scholarships and fees, alternate entry pathways and student support services.

[Find out more](#)

### UQ Ramsay Undergraduate Scholarship Information Webinar

**Organisation:** University of Queensland

**Location:** Online

**Date:** June 12, 2026

The UQ Ramsay Undergraduate Scholarship provides up to 30 full-time enrolled students approximately \$20,000 per year for the first 3 years of the Western Civilisation program.

Students from an Australian state or territory other than Queensland, or from a non-metropolitan region of Queensland may be eligible to receive an additional \$12,000 per year for 3 years.

Learn about the UQ Ramsay Undergraduate Scholarship's benefits and eligibility requirements. Join UQ for a webinar to:

- learn more about the scholarship requirements and application dates
- explore UQ's programs in Western Civilisation.

[Find out more](#)

### CDW Open Day 2026, Sydney

**Organisation:** CDW Studios

**Location:** CDW Studios, Sydney Campus

**Date:** June 13, 2026

This is your chance to come down and explore our creative space, meet staff and students, and learn more about our programs!

Whether you're an aspiring entertainment design artist or just curious about the world of games, movies and animation, this is the perfect opportunity to kickstart your career at CDW Studios.

[Find out more](#)

## NEXT WEEK'S EVENTS

### UOW Year 10 Subject Selection Webinar

**Organisation:** University of Wollongong

**Location:** Online

**Date:** June 15, 2026

Choosing the right subjects in Year 10 is an important step towards achieving your future study and career goals.

Join the University of Wollongong (UOW) for a free online event designed to help Year 10 students and their parents make informed subject choices for senior years.

In this session, experts from UOW and the Universities Admissions Centre (UAC) will cover:

- How subject choices can influence university entry and career pathways
- The importance of prerequisite subjects and assumed knowledge
- Understanding the ATAR and the role of Year 11 results



- Tips for keeping your options open

You'll also have the chance to ask questions during a live Q&A and chat with our team.

[Find out more](#)

#### Music Careers Expo 2026, Sydney

**Organisation:** The Push

**Location:** Oxford Art Factory

**Date:** June 16, 2026

The Music Careers Expo is for young people aged 15–25 who are curious about working in music — whether that's performing, producing, working behind the scenes or exploring other roles across the industry.

You'll hear from people working across the industry (artists, managers, producers, engineers) and have the chance to sit down one-on-one with professionals and educators for advice on your next steps.

If you love Australian music and want to work in it, this is where you start!

Parents, teachers and friends are also welcome to attend.

[Find out more](#)

#### Becoming a Protective Service Officer with the AFP – Online Information Session

**Organisation:** Australian Federal Police

**Location:** Online

**Date:** June 16, 2026

Gain insights into the role of a protective service officer (PSO), hear first-hand experiences, and discover what it means to do legendary work in the Australian Federal Police (AFP).

[Find out more](#)

#### Why Study Business at the University of Sydney? Webinar for Future Students

**Organisation:** University of Sydney

**Location:** Online

**Date:** June 17, 2026

Discover how our commerce degree prepares you for the future of work and a wide range of career opportunities. You will learn about the range of study areas (or majors) available – such as marketing, finance, or innovation and entrepreneurship - and the many ways in which you can combine your interests, with over 100 study areas to select from our shared pools of majors and minors.

Find out more about internships, industry-focused experiences, and global mobility opportunities on offer to our Bachelor of Commerce students.

[Find out more](#)

#### Bond Parents Information Webinar

**Organisation:** Bond University

**Location:** Online

**Date:** June 18, 2026

Are you a parent supporting your child on their journey to university? Bond University invites you to join our upcoming online webinar designed specifically for parents like you.

This session will explain the Bond difference, including our personalised learning experience and close-knit, supportive community. You'll gain a clear overview of the direct application and admissions process, 2027 key dates, FEE-HELP and scholarship opportunities.

This webinar includes insights from current Bond parents and have the opportunity to ask questions to help you support your child's decision with confidence.



[Find out more](#)

You Can Get In: How to Job Hunt for Entry Level Roles in the Screen Industry

**Organisation:** Screen Careers

**Location:** Online

**Date:** June 20, 2026

The screen industry recruits through friends and recommendations. The good news about this is that everyone, initially, doesn't know anyone. We'll cover how to create a screen ready CV, the role of crew agencies, credits and how to find work.

[Find out more](#)

## FUTURE EVENTS

SCU Live Talks: Parent Information Evening

**Organisation:** Southern Cross University

**Location:** Online

**Date:** June 23, 2026

Here at Southern Cross University, we are organising an exclusive session designed specifically for parents and students in Years 11 & 12 and encourage you to join us for an upcoming Parents Information Webinar.

The session will cover a wide range of topics, including:

- How to apply
- Taking advantage of our early entry application
- Why SCU
- Scholarship opportunities
- Understanding costs
- Support services
- Uni life and global opportunities

[Find out more](#)

SAE Online Info Session: Design

**Organisation:** SAE University College

**Location:** Online

**Date:** June 23, 2026

Discover how our courses prepare you for career paths in visual communication, branding, UX/UI and digital design. Hear directly from industry pros and see how our students build portfolio-ready work through real projects and collaborations.

Whether you're gearing up to finish high school or looking to switch careers and follow your passion, this is the place to figure out your next step with confidence.

[Find out more](#)

SAE Online Info Session: Creative Industries

**Organisation:** SAE University College

**Location:** Online

**Date:** June 23, 2026

From content creation and digital media to project management and creative direction, SAE's creative industries courses are designed to give you adaptable skills for a fast-moving industry. In this session, you'll see how you can shape your own creative pathway and build a career that evolves with you.



Whether you're gearing up to finish high school or looking to switch careers and follow your passion, this is the place to figure out your next step with confidence.

[Find out more](#)

Study and Career Options in Occupational Therapy at the University of Sydney – Webinar for Future Students

**Organisation:** University of Sydney

**Location:** Online

**Date:** June 24, 2026

Interested in supporting people live a fuller life? Join us for this informative webinar to learn what occupational therapists do, explore the Bachelor of Applied Science (Occupational Therapy) at the University of Sydney, hear about work-based placements and student life, and get guidance on entry pathways. Join us live with the Program Director and get answers in the Q&A.

[Find out more](#)

Online Info Session: VFX & Virtual Production

**Organisation:** SAE University College

**Location:** Online

**Date:** June 24, 2026

This exclusive Online Info Session gives you a front-row seat to all things VFX and virtual production at SAE! Discover how SAE prepares you for careers in film, games and digital media. You'll explore how students create high-quality visual work using industry-standard tools and workflows.

Whether you're gearing up to finish high school or looking to switch careers and follow your passion, this is the place to figure out your next step with confidence.

[Find out more](#)

SAE Online Info Session: Computer Science

**Organisation:** SAE University College

**Location:** Online

**Date:** June 24, 2026

Build the skills to shape the digital world, from secure systems to powerful software. Learn how SAE's computer science courses equip you with practical, job-ready skills in cyber security and software development. This session will highlight how hands-on projects and industry insights prepare you for in-demand tech careers.

Whether you're gearing up to finish high school or looking to switch careers and follow your passion, this is the place to figure out your next step with confidence.

[Find out more](#)

Western Sydney Careers Expo 2026

**Organisation:** Resources for Courses

**Location:** The Dome - Sydney Showground

**Date:** June 25 to June 27, 2026

The Western Sydney Careers Expo 2026 is Sydney's biggest education and career event, designed to help high school students, parents, teachers, and jobseekers explore study and employment pathways. It brings together universities, TAFEs, training providers, employers, and career advisers in one location to provide practical information about courses, apprenticeships, and career options.

The event aims to support informed decision-making about future study and work choices through exhibits and seminar presentations.

[Find out more](#)



## How Computational Mathematics Powers the Modern World – Discover Lecture Series with Macquarie

**Organisation:** Macquarie University

**Location:** Macquarie University, Wallumattagal Campus

**Date:** June 25, 2026

Since the earliest days of computing in the 1950s, computational mathematics has been quietly reshaping the world around us. From the algorithms that simulate climate and weather to those that enable medical imaging, advances in computational mathematics sit at the heart of modern technologies that define our world today. This talk will illustrate some of the big ideas in computational mathematics, including some of Associate Professor Stuart Hawkins' favourite innovations.

We'll then look at the techniques behind Professor Hawkins' own research on simulating sound and light waves in complex materials and in the atmosphere. Together, these examples reveal how computational mathematics makes it possible to model the invisible forces that shape our world.

*This event is part of Macquarie's [Discover Lecture Series](#), monthly talks suitable for ages 10 and up that offer inspiring insights and a glimpse into the technological advancements shaping our future.*

[Find out more](#)

## UOW Open Day 2026, Wollongong

**Organisation:** University of Wollongong

**Location:** University of Wollongong, Wollongong Campus

**Date:** June 27, 2026

The University of Wollongong (UOW) Open Day is the perfect opportunity to visit our amazing Wollongong campus, speak with our staff and students, and see why UOW is ranked as one of the best universities for student experience.

Whether you are looking at your next steps after Year 12, or you finished school some time ago and are looking for a pathway into university, Open Day is for you.

UOW Open Day also caters to graduates who are considering further study, offering one-on-one consultations with postgraduate course experts. Whatever your education or career goals, our staff are able to answer your questions.

[Find out more](#)

## UOW Future Talk for Parents – Early Entry

**Organisation:** University of Wollongong

**Location:** Online

**Date:** June 29, 2026

Year 12 can be a stressful time for students and for the parents and carers supporting them. With big post-school decisions ahead, these sessions are designed to provide clarity, reassurance and practical advice to help you navigate the year with confidence.

Across the program, you'll gain insights into:

- Supporting students through the HSC and common challenges
- Understanding UOW degrees, pathways and study options
- How AI and emerging technologies are shaping degrees, careers and the future workforce
- Navigating university applications, Early Admission and UAC
- Financial planning for university, including scholarships, budgeting and accommodation
- Accessing UOW support services for a smooth transition to university
- Connecting with other parents and carers in a supportive environment

You'll also receive regular emails with practical tips, resources and expert advice to help you and your young person feel informed, prepared and supported throughout Year 12 and beyond.

[Find out more](#)



### Debating Holiday Camps Years 5-12

**Organisation:** Speakers' Corner Australia

**Location:** Chatswood / Online

**Date:** June 29 to July 17, 2026

This camp will be focused entirely on comprehensive debating techniques and knowledge.

***For Year 5-6:***

Focus on public speaking and debating skills, enhancing communication and expression.

***For Year 7-8 and Year 9+:***

Intensive debating sessions to further develop skills. Involving seminars, theory, practice debates, preparation, debating exercises and all-encompassing feedback.

[Find out more](#)

### ACPE Careers in Sport Day

**Organisation:** Australian College of Physical Education

**Location:** Australian College of Physical Education

**Date:** July 3, 2026

For the lovers of sport; ACPE presents you with a day that is packed with information presented by special guest speakers from the sport industry. From education and sport degrees to taking your first steps into the sport industry as your career path, you can immerse yourself in interactive panel discussions and workshops. You'll also have the chance to mingle and network with likeminded individuals, and rub shoulders with professionals working in the sport industry.

Come along and have a great day in the sport hub of Sydney Olympic Park, and take your first steps into a career in sport.

Unlock your access to successful careers in sport:

- Gain invaluable insights from industry professionals
- Discover the range of job opportunities in the sport industry
- Identify the attributes and experiences it takes to be successful in sport
- And much more!

Careers in Sport Day is perfect for:

- Anyone looking to turn their passion for sport into a career
- Year 11 and 12 students
- Career advisors and school teachers

[Find out more](#)

### WSU Open Day 2026

**Organisation:** Western Sydney University

**Location:** Western Sydney University, Parramatta South Campus

**Date:** July 5, 2026

Open Day is coming to Western on Sunday 5 July 2026, from 10am–4pm at our Parramatta South Campus.

Explore your study options, attend course information sessions, and meet our academics and students. Experience uni life and see all that Western has to offer!

Ask questions, see things up close, and get a clear sense of where your next step could take you.

[Find out more](#)

### Sydney Design School Introduction to SketchUp Workshop

**Organisation:** Sydney Design School

**Location:** Sydney Design School



**Date:** July 6 to July 8, 2026

Looking to extend your presentation skills? Create detailed 3D models using this intuitive and easy-to-learn program.

Over 3 days you will be introduced to the fundamentals of SketchUp enabling you to create realistic floor plans and 3D models. You'll use the 3D Warehouse, the world's largest online library, to import furniture and lighting.

[Find out more](#)

**NYSF STEM Hub for Year 10-12 Students, Sydney**

**Organisation:** National Youth Science Forum

**Location:** Sydney

**Date:** July 7 to July 9, 2026

Are you in Year 10, 11 or 12 and curious about where STEM could take you? Join us for an immersive, non-residential experience that connects you with real study options and career pathways in science, technology, engineering and mathematics.

As part of the STEM Hub experience, you can:

- participate in tours of science and technology facilities,
- learn about cutting-edge research,
- engage with industry partners and research providers,
- learn about university, training and STEM career pathways,
- mix with other like-minded students from all over Australia, and
- attend social events.

The NYSF Sydney STEM Hub will include visits to leading institutions and organisations including UNSW Sydney, ADF Careers, University of Technology Sydney, Atlassian, Macquarie Uni and more. This exclusive NYSF experience includes behind-the-scenes access, direct engagement with experts, morning tea and a \$10 lunch voucher to use on campus.

The fee covers all programmed visits and activities, as well as daily program transport. Transport to and from Sydney and accommodation requirements are the responsibility of the attendee. STEM Hubs are non-residential.

[Find out more](#)

**UNSW Future Creators' Day for Year 10-11 Students**

**Organisation:** University of New South Wales

**Location:** University of New South Wales, Paddington Campus

**Date:** July 7, 2026

Future Creators' Day is a hands-on experience for Year 10 and 11 students passionate about creativity, design, and visual storytelling. Hosted by UNSW Arts, Design & Architecture, this event is the perfect opportunity to explore future study and career paths in the creative industries.

Join us on campus for a day of immersive workshops led by expert academics and industry professionals. Get a taste of our newly offered Game Art specialisation, along with workshops in Animation, Painting, Textiles & Fashion Design, Object Design, and Graphic Design. Whether you're interested in digital art, interactive storytelling, or traditional design disciplines, this event is designed to help you develop your skills and discover your creative potential.

Connect with like-minded students, experience university life, and gain insights into studying at UNSW. Future Creators' Day is your chance to turn your creative passion into a future career.

[Find out more](#)

**Discover ACU Strathfield: Early Childhood, Primary and TAS Secondary Education**

**Organisation:** Australian Catholic University

**Location:** Australian Catholic University, Strathfield Campus



**Date:** July 7, 2026

Are you passionate about making an impact in the lives of young people? Do you want to inspire the next generation through teaching? At ACU, you'll learn how to turn your passion for education into purpose: shaping minds, inspiring curiosity and helping students to thrive.

Join us for Discover Early Childhood, Primary and TAS Secondary Education, an engaging event designed for students in Years 10 – 12 who want to explore a rewarding teaching career. Take part in hands-on workshop, meet our education experts, and find out what it's really like to study teaching at ACU.

[Find out more](#)

Discover ACU Strathfield: Exercise and Sports Science and Biomedical Science

**Organisation:** Australian Catholic University

**Location:** Australian Catholic University, Strathfield Campus

**Date:** July 7, 2026

Are you fascinated by how the human body works, moves and performs? Or curious about the science that helps diagnose disease and improve health?

Come and experience what it's like to study exercise and sports science or biomedical science at ACU. Step inside our specialist biomechanics and human performance laboratory, where you'll see how cutting-edge technology is used to analyse movement, measure force, track motion and understand the science behind athletic performance. You'll also explore how biomedical science students investigate the building blocks of life through biology, chemistry and anatomy, preparing for careers in medical science, research, pathology and health innovation.

Plus, you'll meet our expert academics and hear from current students about where a degree in these fields can take you – from elite sport to research, rehabilitation, medical science and beyond. Open to Year 10 – 12 students, this free event is your chance to explore two exciting science-based study areas at ACU.

[Find out more](#)

Business Camp in Sydney for 7-15 year olds

**Organisation:** The ASE Group

**Location:** Shafston College Sydney Campus

**Date:** July 8 to July 10, 2026

In just 72 hours, your child will experience the highs, lows, love and pressure that make up the ever changing world of business. They will meet the most amazing friends and mentors, along the way starting a business or social change movement.

In addition to the 3 full days, your child will also get:

- A SUPER COOL "I started a business this week. What did you do?" Business Camp Tee
- An EXCLUSIVE invitation to our Young Entrepreneurs Community
- Complimentary access to Space, our online platform with course content, videos and mentoring!
- Pizza Party on Day 3 of the Business Camp

[Find out more](#)

Sydney Design School Designer for a Day Workshop for Year 10-12 Students

**Organisation:** Sydney Design School

**Location:** Sydney Design School

**Date:** July 9, 2026

Curious about what it might be like to work as an Interior Designer? We have developed the perfect one day workshop for students in Years 10, 11 and 12 to find out more.

You'll get hands on in our studios experimenting with colour and materials. Find out what it takes to



become a professional Interior Designer and understand what an average day looks like on the job! We've included a 3D modelling activity to give you an opportunity to create an interior space.

[Find out more](#)

HSC Workshop: Business Studies

**Organisation:** Inner West Council Libraries

**Location:** Ashfield Library

**Date:** July 9, 2026

This HSC Business Studies workshop will provide you with the knowledge and skills to achieve your best in your HSC assessment tasks & exams.

This Workshop will cover:

- Detailed analysis of vital course content, delivered by one of the most qualified and experienced HSC markers in NSW.
- HSC marker insights on how to approach various questions found in the exam.
- A chance to view, and practice, possible exam questions (and be provided with exemplary responses to each question).
- Tips and strategies on how to approach more difficult questions.

Students are encouraged to bring their own lunch, water bottle and snacks, as well as a charged device or note-taking supplies.

[Find out more](#)

Public Speaking: The Leader's Voice Masterclass

**Organisation:** Dymocks Tutoring

**Location:** Dymocks Tutoring Parramatta

**Date:** July 10, 2026

This masterclass equips students with the skills to present their ideas with unshakeable conviction. Over three hours, students develop delivery frameworks, vocal technique, and the ability to think clearly under pressure, skills that directly support selective school interviews, scholarship panels, and classroom performance.

[Find out more](#)

National Fashion College Styling Workshop for Ages 16+ in Sydney

**Organisation:** National Fashion College

**Location:** National Fashion College, Sydney Campus

**Date:** July 11, 2026

You're officially invited to our exclusive Styling Workshop, taking place at our vibrant Sydney campus - home to creativity, innovation, and the next generation of fashion talent.

In just one day, gain hands-on experience as you learn the foundations of professional styling from an industry-recognised expert. You'll assist on not one, but two photo shoots with a renowned fashion photographer - offering you a rare, behind-the-scenes glimpse into the fast-paced world of fashion. This is your first step towards a career in styling.

Gain insight from the sharp editorial eye of Emma Read - former Fashion Editor at RUSSH, Grazia, ELLE Australia, and L'Officiel, and most recently Fashion Editor-at-Large at Order Magazine. With a global perspective and creative direction behind brands like Hermès, Tiffany & Co., L'Oréal, Westfield and more, Emma brings a rare depth of industry experience. Her multi-disciplinary approach to styling and brand consulting makes this a truly unmissable opportunity.

This experience is recommended for guests aged 16 and older.

[Find out more](#)



### AMPA Dance Experience Day

**Organisation:** Academy of Music and Performing Arts

**Location:** AMPA Performing Arts Centre, Alexandria

**Date:** July 13, 2026

The Academy of Music and Performing Arts (AMPA) invites dancers to experience a dynamic day on campus. Register, bring your friends, and get ready to move.

Throughout the day, you'll take part in a variety of classes led by AMPA's inspiring faculty, offering a glimpse into what it's like to study dance full-time in a professional training environment.

You'll also have the opportunity to attend a Q&A session with the Head of Dance, designed to give aspiring dancers, choreographers, and future educators valuable insight into tertiary study and the pathways it can open. This is a fantastic opportunity to connect with our welcoming student community and expert faculty, while experiencing first-hand what it means to be part of AMPA's Bachelor and Associate of Dance programs.

[Find out more](#)

### AMPA Classical Performance & Composition Experience Day

**Organisation:** Academy of Music and Performing Arts

**Location:** AMPA Music Campus, Surry Hills

**Date:** July 13, 2026

The Academy of Music and Performing Arts is ready to welcome budding performers and composers to our music campus for our Classical Music and Composition Experience Day.

Spend a day on campus at AMPA to learn what studying Classical Music or Composition is like at a tertiary level and to find out how you can benefit from AMPA's elite training as part of our Bachelor or Associate Degree in Music (Performance).

At Experience Day, once you have been given a guided tour of our practice studios and performance spaces, you will have your choice of Classical Music or Composition workshops to attend, the chance to observe Classical Performance Classes, and enjoy relaxed Q&A sessions with our faculty and admissions department, while also connecting with our student body to gain real perspectives on student life at AMPA.

[Find out more](#)

### UNSW Portfolio Entry Information Session, Sydney

**Organisation:** University of New South Wales

**Location:** University of New South Wales, Paddington Campus

**Date:** July 14, 2026

Submit a portfolio of your best work to showcase your talent and you could receive an early conditional offer to study in Term 1 2027.

At UNSW, we know you're more than just a number. That's why we've created the UNSW Portfolio Entry Early Conditional Offer Scheme—a pathway to university that recognises your unique talents and ambitions.

Join us for an exclusive info session tailored for students applying to degrees within the Faculty of Arts, Design & Architecture for Term 1 2027. Hear directly from UNSW academics on how to craft a standout portfolio that highlights your strengths.

Why choose this scheme?

- Early Conditional Offers: Get an offer with a reduced ATAR requirement—up to 10 points below the standard selection rank for your chosen degree.
- Showcase your talent: Stand out by highlighting your unique skills, potential, and passion.

[Find out more](#)



### AMPA Music Theatre Experience Day

**Organisation:** Academy of Music and Performing Arts

**Location:** AMPA Music Campus, Surry Hills

**Date:** July 15, 2026

Calling all triple threats! While you're waiting for your big break, AMPA is excited to invite passionate performers and theatre makers to our Music Theatre Experience Day.

This is your chance to find out what studying Music Theatre at a pre-professional level looks like, learn what the Music Theatre industry is looking for and to experience the training it takes to become a true triple threat performer within our Bachelor or Associate Degree of Music (Performance).

At Experience Day, you will receive a tour of our music campus and our dedicated performance space, the Tom Mann Theatre, followed by the chance to watch our Music Theatre Performance Class and attend a Music Theatre Workshop as our students prepare their end of trimester showcase. You are also invited to partake in Q&As with our faculty of Music Theatre professionals, our admissions team for information about auditions, and our student body for their perspective on life at AMPA.

[Find out more](#)

### UNSW Portfolio Entry Information Session, Online

**Organisation:** University of New South Wales

**Location:** Online

**Date:** July 15, 2026

At UNSW, we know you're more than just a number. That's why we've created the UNSW Portfolio Entry Early Conditional Offer Scheme—a pathway to university that recognises your unique talents and ambitions.

Hear directly from UNSW academics and students about crafting a compelling portfolio for degrees within the Faculty of Arts, Design & Architecture and the Faculty of Engineering in 2026. We'll guide you through what to include, how to apply, and tips to help you succeed. Plus, you'll have the chance to ask questions and get clarity on anything you're unsure about.

Why choose this scheme?

- Early Conditional Offers: Get an offer with a reduced ATAR requirement—up to 10 points below the standard selection rank for your chosen degree.
- Showcase your talent: Stand out by highlighting your unique skills, potential, and passion.

[Find out more](#)

### Specialist Beginner Debating Camp for Years 3-12

**Organisation:** Speakers' Corner Australia

**Location:** Chatswood and Online

**Date:** July 15 to July 17, 2026

No experience required! This fun and supportive environment is the perfect start for any curious young mind looking to develop public speaking and critical thinking skills and make friends.

This camp will be focused on learning the fundamentals of debating and public speaking in an intensive short course! This three day course will help you polish your skills and create confidence in yourself, your voice and most importantly your ideas!

The camp will be split into age appropriate classes.

#### ***What will I learn about debating?***

Lots of things! Throughout the program, students will learn:

- Introduction to the game of debating, including the rules, speaking positions, substantive vs rebuttal, macro speech structure, argument structure, prepping, and case construction.



- A deeper dive into speaking positions and rebuttal skills.
- Different types of arguments, including principle vs practical arguments, followed by a Showcase Debate with parents invited to watch!

[Find out more](#)

#### AMPA Contemporary Music & Music Production Experience Day

**Organisation:** Academy of Music and Performing Arts

**Location:** AMPA Music Campus, Surry Hills

**Date:** July 16, 2026

Get ready to rock out at AMPA with our Contemporary Music and Music Production Experience Day – whether you're a jazz cat, metalhead or DJ in the making, Experience Day will give you the info you need if you're considering the path of a musician.

Our Bachelor or Associate Degree of Music (Performance) could be the next step in your journey and our Experience Day will be your chance to learn what studying music at a tertiary level looks like and how it can benefit your career.

After a tour of our music studios, recording/editing suites and performance space, you'll get the chance to watch our students in action during Contemporary Performance Class, followed by your choice of either a Performance or Production workshop, with time to have casual Q&As with our industry staff, admissions team and student body about anything from networking and training, auditions or campus life.

[Find out more](#)

#### Animal Careers (high school students up to 17 years) Winter 2026

**Organisation:** RSPCA New South Wales

**Location:** RSPCA NSW Adoption and Education Centre, Yagoona

**Date:** July 16, 2026

Are you a teenager interested in a career working with animals? Our Animal Career Day is the perfect opportunity for you to learn about the different career options available in the animal industry.

Our program offers a unique opportunity to meet and interact with RSPCA NSW professionals including an Inspector, Animal Attendant, Animal Trainer, Veterinarian and Vet Nurse. You'll have the chance to learn about their work, ask questions, and gain valuable insights into what it takes to succeed in these fields.

In addition to the workshops and activities, you'll also have the chance to network with other teens who share your passion for animals. Our program is designed to be fun, informative, and inspiring, and we're confident that you'll leave with a greater understanding of the animal industry and the career opportunities available to you.

[Find out more](#)

#### Experience Music@Western – Performance Day for Year 12 Students, Parents & Teachers

**Organisation:** Western Sydney University

**Location:** Western Sydney University, Kingswood Campus

**Date:** July 17, 2026

Interested in studying Music@Western? Keen on performing, production, composition or teaching? Current Year 12 students who are interested in studying the Bachelor of Music in 2027 can take part in performance, production and career workshops, a tour of our music precinct, and live performances from our current students, and lunch is on us!

There is also an option for attendees to book an interview for an early offer for 2027 entry. Parents and teachers welcome.



[Find out more](#)

Experience Design@Western – Portfolio Day for Year 12 Students, Parents & Teachers

**Organisation:** Western Sydney University

**Location:** Western Sydney University, Parramatta South Campus

**Date:** July 17, 2026

Mark your calendars! Join us for early entry interviews for the Bachelor of Design 2027, plus studio tours, talks and hands-on workshops for students interested in Graphic design, branding, digital storytelling, UX/UI, photography and motion design

This is a fantastic opportunity for Year 12 students, parents, and teachers to:

- Participate in course entry interviews for early entry offers (September) into the Design program
- Hear from recent graduates
- Meet Design tutors and lecturers
- Check out our facilities
- Take part in hands-on workshops

[Find out more](#)

ACU Guarantee Early Offer and Pathways Webinar (NSW/ACT/QLD)

**Organisation:** Australian Catholic University

**Location:** Online

**Date:** July 22, 2026

Learn about ACU's entry and pathway options, including the ACU Guarantee early offer program, key dates and how to apply. Plus, hear from current students about their journeys.

This webinar is for NSW, ACT and Queensland Year 12 students and their parents.

[Find out more](#)

Clean Energy: Why It Matters and What Comes Next – Discover Lecture Series with Macquarie

**Organisation:** Macquarie University

**Location:** Macquarie University, Wallumattagal Campus

**Date:** July 23, 2026

Clean energy systems such as solar, wind, and biomass are often presented as the answer to climate change. While they aim to reduce pollution, they must also deliver reliable and affordable energy for everyday life, powering homes, transport, and industry without disruption. If clean energy is so promising, why haven't we fully switched to it yet? The answer lies in the practical challenges of performance, safety, and scale that must be solved before new energy technologies can replace the systems we rely on today.

In this talk, Associate Professor Fatemeh Salehi explores how engineering helps address these challenges, turning clean energy ideas into real-world solutions. This talk explains how understanding what affects performance, and identifying safety issues early, can make clean energy systems work at large scale. Through this lens, she provides insight into how research supports the transition from promising concepts to energy solutions that can meet future needs.

*This event is part of Macquarie's [Discover Lecture Series](#), monthly talks suitable for ages 10 and up that offer inspiring insights and a glimpse into the technological advancements shaping our future.*

[Find out more](#)

UOW Open Day 2026, Liverpool

**Organisation:** University of Wollongong

**Location:** University of Wollongong, Liverpool Campus

**Date:** July 25, 2026



Chat with course experts, find your dream degree, and get a taste of uni right in the heart of Liverpool. There will be plenty of opportunities to get all your questions answered and ensure you're making a confident decision about your studies in 2027.

Whether you are looking at your next steps after Year 12, or you finished school some time ago and are looking for a pathway into university, Open Day is for you.

[Find out more](#)

#### ACU Open Day 2026, Blacktown

**Organisation:** Australian Catholic University

**Location:** Australian Catholic University, Blacktown Campus

**Date:** July 25, 2026

Open Day gives you the opportunity to ask our teaching staff any questions you might have about your dream course, the application process, pathway options, entry schemes and more.

Chat to current students and discover the facilities your new campus has to offer. And sit in on information sessions from each of the faculties to find out more about the courses you're interested in.

[Find out more](#)

#### UTAS Open Day 2026, Sydney

**Organisation:** University of Tasmania

**Location:** University of Tasmania, Rozelle Campus

**Date:** July 26, 2026

Going to university is an exciting time. Understanding what to expect and how to navigate this new environment can help you make the most of your experience.

You will have the opportunity to explore our campus, discuss your study options, and discover how studying at the University of Tasmania could be the perfect fit for you.

[Find out more](#)

#### Parramatta & Hills District Apprenticeship/Traineeship & Jobs Expo 2026

**Organisation:** Brett Carter Events

**Location:** Wenty Leagues

**Date:** July 28, 2026

Our Apprenticeship/Traineeship & Jobs Expos are held annually and have grown to a status where they are widely accepted as the premier events of their kind in NSW. The timing of the expos is a hit with families as they allow parents to attend with their children and have those all-important career chats with industry experts.

The Expos provide our career/job seekers, business and industry, education providers and employers with the opportunities to all come together under the one roof where exhibitors also get the chance to collect resumes and promote their organisation for upcoming recruitment drives.

[Find out more](#)

#### Discover Western Webinar – Uni Life and Making the Most of Your Time at Uni

**Organisation:** Western Sydney University

**Location:** Online

**Date:** July 28, 2026

University is not all about study! Western has over 130 different clubs and societies you can join to make friends and meet like-minded people. Join our webinar to learn about university life at Western, including clubs and societies, overseas study opportunities, Jobs on Campus, and more.

[Find out more](#)



### Becoming a Protective Service Officer with the AFP – Online Information Session

**Organisation:** Australian Federal Police

**Location:** Online

**Date:** July 28, 2026

Gain insights into the role of a protective service officer (PSO), hear first-hand experiences, and discover what it means to do legendary work in the Australian Federal Police (AFP).

[Find out more](#)

### ATAR, Bonus Points, & Uni Entry Explained with ADHD – Webinar for Year 12 Students & Parents

**Organisation:** Claire Pech Careers

**Location:** Online

**Date:** July 30, 2026

Join our webinar designed for Yr 12 students and parents, navigating university admissions with ADHD, which can impact these processes.

We'll cover:

- The ATAR - explained
- What the Educational Access Scheme (EAS) is and who qualifies
- How to apply for EAS and what you will need
- Other bonus points (adjustment factors) on offer
- Important dates and deadlines
- University preference strategies that work
- Early entry options and their benefits

Hosted by [Claire Pech](#), CICA-Accredited Careers Practitioner, and [Amanda Krulis](#), endorsed Organisational Psychologist.

View the [full series of webinars](#) for the ADHD community on all things careers, schooling and the workforce.

[Find out more](#)

### SAE and ACAP Career Advisor Webinar

**Organisation:** ACAP University College

**Location:** Online

**Date:** August 5, 2026

Join us online for a dedicated interactive webinar to learn all about SAE and ACAP University Colleges, designed exclusively for high school career advisors and teachers.

Hear directly from academic staff, current students, and alumni, while discovering the diverse study opportunities available across creative media and technology at SAE, and psychology, counselling, social work, criminology and more at ACAP.

Whether you're looking to expand your knowledge of higher education pathways, support your students as they explore future career paths, or strengthen your school's connection with ACAP and SAE, this session will provide valuable insights and practical information you can take back to your students.

[Find out more](#)

### AFTRS Open Day 2026

**Organisation:** Australian Film Television and Radio School

**Location:** Australian Film Television and Radio School

**Date:** August 8, 2026

Discover your place in screen and audio storytelling at AFTRS, Australia's national screen and audio school. Join us at our purpose-built campus to explore everything you need to know about studying at AFTRS.



Open Day is designed to give you clear, practical answers as you plan your next steps. Find out more about the application process, scholarships, and career outcomes, and gain insight into where an AFTRS qualification can take you.

On the day, you will be able to explore our campus and experience our facilities firsthand, from industry-standard studios and the tech store to the prop room and Australia's premier audio and screen library. You can also connect with current students and alumni, and speak with our staff for guidance on preparing a strong application.

[Find out more](#)

UOW Future Talk for Parents – Financial Considerations, Scholarships, Accommodation, Wellbeing & Support Services

**Organisation:** University of Wollongong

**Location:** Online

**Date:** August 10, 2026

Year 12 can be a stressful time for students and for the parents and carers supporting them. With big post-school decisions ahead, these sessions are designed to provide clarity, reassurance and practical advice to help you navigate the year with confidence.

Across the program, you'll gain insights into:

- Supporting students through the HSC and common challenges
- Understanding UOW degrees, pathways and study options
- How AI and emerging technologies are shaping degrees, careers and the future workforce
- Navigating university applications, Early Admission and UAC
- Financial planning for university, including scholarships, budgeting and accommodation
- Accessing UOW support services for a smooth transition to university
- Connecting with other parents and carers in a supportive environment

You'll also receive regular emails with practical tips, resources and expert advice to help you and your young person feel informed, prepared and supported throughout Year 12 and beyond.

[Find out more](#)

Macquarie University Open Day 2026

**Organisation:** Macquarie University

**Location:** Macquarie University, Wallumattagal Campus

**Date:** August 15, 2026

Open Day is your opportunity to discover everything a Macquarie University education can offer you.

We get to share with you why we're the #1 university in Sydney for teaching quality, as well as showcase our future-focused degrees, cutting-edge facilities, collaborative spaces for learning and leisure, and our stunning green campus.

Come along and find out firsthand how we can help you achieve your career – and your life – aspirations.

What you can do on Open Day:

- Attend info sessions
- Speak 1:1 with our academics
- Learn about our scholarships, adjustment factors, pathways, and RPL (recognition of prior learning) if you've studied before
- Chat to current students
- Join campus and faculty tours
- Engage in faculty-led workshops
- Alumni are welcome back to be a part of Alumni Reunion Day
- Participate in hands-on activities



- Enjoy entertainment and giveaways

[Find out more](#)

#### University of Newcastle Open Day 2026, Newcastle

**Organisation:** University of Newcastle

**Location:** University of Newcastle, Callaghan & City Campuses

**Date:** August 15, 2026

Open Day is packed with everything you need to know about going to the University of Newcastle. Participate in degree presentations, info sessions and tours of the campus.

Enjoy a hands-on experience with our program activations, and ask our student ambassadors questions about uni life.

[Find out more](#)

#### ACAP Open Day 2026, Sydney

**Organisation:** ACAP University College

**Location:** ACAP University College, Sydney Campus

**Date:** August 15, 2026

Ready to turn your passion into a purpose-driven career? ACAP Open Day is your opportunity to discover how our practical, people-focused courses can help you make a real difference – in your community and your life.

Join us on campus this August and experience what makes ACAP different. Whether you're considering counselling, psychology, social work, criminology, law or business, you'll get a firsthand look at the learning, support, and outcomes that set our students up for success.

From expert-led masterclasses and career panels to course advice and campus tours, Open Day is designed to give you the insight and inspiration to take the next step.

[Find out more](#)

#### SAE Open Day 2026, Sydney

**Organisation:** SAE University College

**Location:** SAE University College, Sydney Campus

**Date:** August 15, 2026

Whether you're still exploring your study options or you're ready to apply, SAE Open Day is the perfect place to get inspired, get informed, and get hands-on with your creative future.

Join us on campus this August to tour our studios, meet your future mentors, and experience what it's like to study at SAE – the University College built for creators and tech innovators.

Explore your study and career pathways across animation, audio, design, film, games, music, VFX and more. Connect with current students, industry-experienced lecturers, and alumni who've turned their ideas into careers.

[Find out more](#)

#### ADFA Open Day 2026

**Organisation:** Australian Defence Force Academy

**Location:** ADFA Canberra Campus & Online

**Date:** August 15, 2026

ADFA Open Day is run each year in August. Join us online or in person to:

- Explore world-class UNSW degrees, with information sessions about Business, Arts, Science, Engineering, Computing and Cyber Security.
- Learn about military training, studying and life on campus from current ADFA Trainee Officers.
- Watch a variety of exciting displays, take a virtual tour, and much more



[Find out more](#)

SCU Open Day 2026, Northern Rivers

**Organisation:** Southern Cross University

**Location:** Southern Cross University, Lismore Campus

**Date:** August 16, 2026

Open Day at Southern Cross University is a perfect opportunity to discover which courses spark your interest and the campus or study mode that works best for you.

Our friendly study specialists will be on hand to step you through the process of applying for your dream course and answer any questions you have about studying with us.

[Find out more](#)

CSU Open Day 2026, Albury-Wodonga

**Organisation:** Charles Sturt University

**Location:** Charles Sturt University, Albury-Wodonga Campus

**Date:** August 16, 2026

Discover what uni life is like! Whether you're in high school, looking to upskill, want to change careers, or are a parent, teacher or carer – there's something for everyone.

- Jump on a campus tour – explore our facilities and accommodation.
- Get detailed info about courses.
- Chat to current students about Charles Sturt life.
- Be inspired by our expert teaching staff.
- Discover the social side of life at Charles Sturt.
- Enjoy live entertainment, giveaways, competitions and free food!

Plus, you can explore our expo, info, and career and skills hubs. Chat to our friendly teams about our support services, early offer programs and how to boost your hiring potential.

[Find out more](#)

ACU Open Day 2026, Strathfield

**Organisation:** Australian Catholic University

**Location:** Australian Catholic University, Strathfield Campus

**Date:** August 16, 2026

Open Day gives you the opportunity to ask our teaching staff any questions you might have about your dream course, the application process, pathway options, entry schemes and more.

Chat to current students and discover the facilities your new campus has to offer. And sit in on information sessions from each of the faculties to find out more about the courses you're interested in.

[Find out more](#)

La Trobe Open Day 2026, Albury-Wodonga

**Organisation:** La Trobe University

**Location:** La Trobe University, Albury-Wodonga Campus

**Date:** August 16, 2026

Why attend Open Day at La Trobe?

- Chat with current students, alumni and teachers to get first-hand advice about your dream course, or just about the best places to eat on campus.
- Explore the campus by yourself or join a guided tour. See our world-class health facilities, leading IT and science labs, business trading room, accommodation and much more.



- Discover your options for placements, internships and work-based learning, and get all your questions answered about your dream course.
- Get a taste of what it's really like to be at uni. Join events and activities or kick back and enjoy the campus – Open Day is the place to see it all.

[Find out more](#)

#### Discover Western Webinar – Scholarships

**Organisation:** Western Sydney University

**Location:** Online

**Date:** August 18, 2026

If you're applying to study at university in 2027, you will also want to apply for Scholarships! This webinar will go through the different types of Scholarships available, as well as the application process, and give you tips for writing your Personal Statement.

[Find out more](#)

#### Why the Honey Bee is Smarter than ChatGPT – Discover Lecture Series with Macquarie

**Organisation:** Macquarie University

**Location:** Macquarie University, Wallumattagal Campus

**Date:** August 18, 2026

How smart is the honey bee really? This lecture considers the biological marvel that is the honey bee brain, and the bee mind it supports.

Bees' brains incorporate rapid feedback on their actions, and can quickly learn different types of art, recognise abstract concepts and learn to navigate for kilometres around their hives. Professor Andrew Barron argues the honey bee is significantly smarter than ChatGPT and surpasses the best that contemporary AI has to offer. He will discuss what lessons AI and robotics developers could learn from consideration of the humble bee.

*This event is part of Macquarie's [Discover Lecture Series](#), monthly talks suitable for ages 10 and up that offer inspiring insights and a glimpse into the technological advancements shaping our future.*

[Find out more](#)

#### Collarts Open Day 2026, Sydney

**Organisation:** Australian College of the Arts

**Location:** Collarts, Sydney Campus

**Date:** August 22, 2026

At Collarts, our Open Day is all about making this process simple and hands-on. Information sessions, workshops and the chance to chat with students, teachers and leaders are an important part of learning more about what sets us apart from the rest.

We invite you to come and experience life at Collarts: from our passion for creativity, close community, industry-level facilities, expert faculty, and more.

From guided tours to live demonstrations, here are some of the activities you can catch at the next Collarts Open Day:

- **Guided tours:** Experience our campuses firsthand with guided tours led by our enthusiastic Student Ambassadors.
- **Info hubs:** Our info hubs provide convenient drop-in spaces where you can have direct conversations with Program Leaders, Academics, and students about your desired course.
- **Demonstrations:** Demonstrations are your chance to see our course content come to life. They allow you to be actively involved in projects and see our cutting-edge equipment in action, so you can get a firsthand preview of what studying at Collarts is really like.
- **Displays:** Our campus displays are positioned throughout different areas of our campuses, offering a showcase of our community's achievements and journeys.



If you have specific accessibility needs or require additional assistance, please contact Collarts in advance, and they will do their best to assist you.

[Find out more](#)

#### CSU Open Day 2026, Bathurst

**Organisation:** Charles Sturt University

**Location:** Charles Sturt University, Bathurst Campus

**Date:** August 23, 2026

Discover what uni life is like! Whether you're in high school, looking to upskill, want to change careers, or are a parent, teacher or carer – there's something for everyone.

- Jump on a campus tour – explore our facilities and accommodation.
- Get detailed info about courses.
- Chat to current students about Charles Sturt life.
- Be inspired by our expert teaching staff.
- Discover the social side of life at Charles Sturt.
- Enjoy live entertainment, giveaways, competitions and free food!

Plus, you can explore our expo, info, and career and skills hubs. Chat to our friendly teams about our support services, early offer programs and how to boost your hiring potential.

[Find out more](#)

#### South Western Sydney & Macarthur Apprenticeship/Traineeship & Jobs Expo 2026

**Organisation:** Brett Carter Events

**Location:** Liverpool Catholic Club

**Date:** August 25, 2026

Our Apprenticeship/Traineeship & Jobs Expos are held annually and have grown to a status where they are widely accepted as the premier events of their kind in NSW. The timing of the expos is a hit with families as they allow parents to attend with their children and have those all-important career chats with industry experts.

The Expos provide our career/job seekers, business and industry, education providers and employers with the opportunities to all come together under the one roof where exhibitors also get the chance to collect resumes and promote their organisation for upcoming recruitment drives.

[Find out more](#)

#### Say Yes to the Trades Expo

**Organisation:** Superior Training Centre

**Location:** Entertainment Park, Bankstown Aerodrome

**Date:** August 27, 2026

Say Yes to the Trades Expo is a trade-focused event designed for high school students who are curious about hands-on careers and the opportunities available in Australia's growing trade industries. The event brings together training providers, employers, and industry professionals to give students a practical introduction to careers in trades such as electrical, air conditioning and refrigeration, and metal fabrication.

Students attending the event can explore different career pathways, speak directly with employers and industry representatives, and gain a better understanding of what it's like to work in a skilled trade. Exhibitors will showcase tools, equipment, and technologies used in the industry, helping students see how these careers operate in the real world.

In addition to learning about training and employment opportunities, attendees will also be able to enjoy the entertainment facilities at the venue, making the day both informative and fun. The event is designed to inspire students, answer questions about entering the trades, and help them take their first steps toward a practical and rewarding career.



If you're considering a future in the trades or simply want to explore your options, Say Yes to the Trades is the perfect place to start.

[Find out more](#)

#### Sydney West Careers & Employment Expo 2026

**Organisation:** Kym Jones Exhibitions

**Location:** Sydney Showground

**Date:** August 28 to August 29, 2025

The Sydney West Careers & Employment Expo will be at the Sydney Showground - Hall 4. The Expo will showcase over 80 organisations and employers with career opportunities for all ages. Entry is free.

The event is for school students, parents, teachers, graduates, job seekers, people looking for courses, and workers seeking new opportunities.

The Expo is packed with free advice, where you can:

- Talk with over 80 training organisations and employers
- Gain free career advice
- Discover jobs of the future
- Talk with leading organisations about training and apprenticeships
- Experience the free career seminars
- Learn how to write a winning resume

If you're looking for a job, career change, or course, or you're a school student looking for a career path, you can't afford to miss the Expo.

[Find out more](#)

#### University of Newcastle Open Day 2026, Central Coast

**Organisation:** University of Newcastle

**Location:** University of Newcastle, Ourimbah & Gosford Campuses

**Date:** August 29, 2026

Open Day is packed with everything you need to know about going to the University of Newcastle. Participate in degree presentations, info sessions and tours of the campus.

Enjoy a hands-on experience with our program activations, and ask our student ambassadors questions about uni life.

[Find out more](#)

#### Notre Dame Open Day 2026, Sydney

**Organisation:** University of Notre Dame Australia

**Location:** University of Notre Dame, Sydney Campus

**Date:** August 29, 2026

Notre Dame's Open Day is your chance to explore what university life is all about! You'll discover study options, career pathways and our student support services. Plus, you'll experience an exciting program filled with activities for future students.

Whether you're in Year 10, 11 or 12, or a graduate thinking about postgrad study, our Open Day is open to everyone – including pathways and international students, who can chat with our dedicated team. Learn about scholarships and financial assistance to make your journey affordable.

[Find out more](#)

#### CSU Open Day 2026, Orange

**Organisation:** Charles Sturt University

**Location:** Charles Sturt University, Orange Campus

**Date:** August 30, 2026



Discover what uni life is like! Whether you're in high school, looking to upskill, want to change careers, or are a parent, teacher or carer – there's something for everyone.

- Jump on a campus tour – explore our facilities and accommodation.
- Get detailed info about courses.
- Chat to current students about Charles Sturt life.
- Be inspired by our expert teaching staff.
- Discover the social side of life at Charles Sturt.
- Enjoy live entertainment, giveaways, competitions and free food!

Plus, you can explore our expo, info, and career and skills hubs. Chat to our friendly teams about our support services, early offer programs and how to boost your hiring potential.

[Find out more](#)

#### Avondale Lake Macquarie Open Day 2026

**Organisation:** Avondale University

**Location:** Avondale University, Lake Macquarie Campus

**Date:** August 30, 2026

Find out why Avondale University is ranks #1 in NSW for overall experience, learner engagement, student support, skills development and teaching quality

What to expect:

- Imagine being a student at Avondale University with interactive campus tours of our state of the art facilities and onsite accommodation
- Chat to current students about community, social life, sport and clubs
- Learn all about our courses and how to apply from our awesome staff who are here to help you reach your dreams
- Live entertainment, giveaways and of course free food!

[Find out more](#)

#### Sutherland Shire Apprenticeship/Traineeship & Jobs Expo 2026

**Organisation:** Brett Carter Events

**Location:** Tradies Gynea

**Date:** September 1, 2026

Our Apprenticeship/Traineeship & Jobs Expos are held annually and have grown to a status where they are widely accepted as the premier events of their kind in NSW. The timing of the expos is a hit with families as they allow parents to attend with their children and have those all-important career chats with industry experts.

The Expos provide our career/job seekers, business and industry, education providers and employers with the opportunities to all come together under the one roof where exhibitors also get the chance to collect resumes and promote their organisation for upcoming recruitment drives.

[Find out more](#)

#### Avondale Sydney Nursing Open Day 2026

**Organisation:** Avondale University

**Location:** Avondale University, Sydney Campus

**Date:** September 2, 2026

Find out why our Nursing degree is ranked #1 in Australia for overall experience by Good Universities Guide in 2026 and why we are the #1 University for graduate employment.

What to expect:

- Experience interactive campus tours of our state of the art facilities
- Chat to current students about community, social life, sport and clubs



- Learn all about our courses and how to apply from our awesome staff who are here to help you reach your dreams
- Live entertainment, giveaways and of course free food!

[Find out more](#)

#### Rural Health Pathways Showcase for High School Students, Teachers & Parents

**Organisation:** Rural Doctors Network

**Location:** ICC Darling Harbour

**Date:** September 3, 2026

High school students, careers advisers, teachers and parents are invited to RDN's Rural Health Pathways Showcase. Learn about study pathways and careers in medicine, nursing, midwifery, allied health, Aboriginal health and administration.

Attendees will have a chance to:

- Speak with representatives from universities, vocational education and training providers, peak bodies and health employers about study pathways and career opportunities
- Connect one-on-one with and be inspired by health students, recent graduates and health professionals about their education and career journeys
- Participate in hands-on activities offering an immersive "day-in-the-life" perspective of various health careers

[Find out more](#)

#### ACU Open Day 2026, North Sydney

**Organisation:** Australian Catholic University

**Location:** Australian Catholic University, North Sydney Campus

**Date:** September 5, 2026

Open Day gives you the opportunity to ask our teaching staff any questions you might have about your dream course, the application process, pathway options, entry schemes and more.

Chat to current students and discover the facilities your new campus has to offer. And sit in on information sessions from each of the faculties to find out more about the courses you're interested in.

[Find out more](#)

#### UNSW Open Day 2026

**Organisation:** University of New South Wales

**Location:** University of New South Wales, Kensington Campus

**Date:** September 5, 2026

Open Day is an opportunity for future students, family, alumni and community members to explore everything a university has to offer, so they can make an informed decision about their future.

Whether you're starting uni soon, considering postgraduate studies or just curious, UNSW Open Day is a chance to discover UNSW and find out everything the University has to offer. At UNSW Open Day, we'll help you find your unique path to uni, and you'll discover the progress you could make as one of Australia's most employable graduates.

There will be more than 200 sessions available to help you explore your study options, tour our buzzing campuses, enjoy the free food – you'll get expert advice and have fun while you're at it.

[Find out more](#)

#### Western Sydney Apprenticeship/Traineeship & Jobs Expo 2026

**Organisation:** Brett Carter Events

**Location:** Penrith Valley Regional Sports Centre

**Date:** September 8, 2026



Our Apprenticeship/Traineeship & Jobs Expos are held annually and have grown to a status where they are widely accepted as the premier events of their kind in NSW. The timing of the expos is a hit with families as they allow parents to attend with their children and have those all-important career chats with industry experts.

The Expos provide our career/job seekers, business and industry, education providers and employers with the opportunities to all come together under the one roof where exhibitors also get the chance to collect resumes and promote their organisation for upcoming recruitment drives.

[Find out more](#)

#### SCU Future Leaders Workshop, Northern Rivers

**Organisation:** Southern Cross University

**Location:** Southern Cross University, Lismore Campus

**Date:** September 17, 2026

Join us for Future Leaders, a free full-day workshop facilitated by world record-breaking pilot and leadership development speaker, Lachie Smart. With engaging content, practical activities, and a supportive environment, the event aims to inspire students to unlock their potential, lead with confidence, and make a positive impact in their schools and communities.

This event is for Year 11 and 12 students; specifically student representatives, aspiring school leaders and anyone wanting to enhance their confidence and resilience in leadership.

- Explore our campus and experience our state-of-the-art campus facilities.
- Through interactive activities, develop strategic plans and acquire essential leadership skills.
- Meet current Southern Cross University students and network with us throughout the day.
- Enjoy a catered morning tea and lunch on us.

School staff can register online through the university's event page by filling out the registration form, indicating the number of students attending from your school and selecting the desired campus.

[Find out more](#)

#### Sydney Design School Open Day

**Organisation:** Sydney Design School

**Location:** Sydney Design School

**Date:** September 19, 2026

Step inside our world of design and get to know us. Explore our studios, check out amazing student work, meet the inspiring team, get creative making a mood board.

[Find out more](#)

#### Coding With Care: The Power of Compassion in the Classroom – Discover Lecture Series with Macquarie

**Organisation:** Macquarie University

**Location:** Macquarie University, Wallumattagal Campus

**Date:** September 22, 2026

When people think about programming, compassion is not one of the first words that comes to mind. Yet for Lecturer Charanya Ramakrishnan, it has become the most powerful tool in her teaching practices.

Charanya will share how she has integrated care and empathy into introductory computing units, a space often defined by logic and precision rather than human connection. By embedding a deeper level of care and empathy into her practice, Charanya creates classrooms where students feel supported, valued, and confident to take risks.

This talk will explore how small, intentional changes can significantly impact not only student success but also the establishment of a culture of trust and belonging within classrooms.



This event is part of Macquarie's [Discover Lecture Series](#), monthly talks suitable for ages 10 and up that offer inspiring insights and a glimpse into the technological advancements shaping our future. [Find out more](#)

## Scholarships

HospoNEXT Future Leaders Scholarship

**Organisation:** Food & Beverage Media

**Location:** Australia

**Value:** AU\$16,380

**Close Date:** June 18, 2026

[Find out more](#)

BizCover Tools of the Trade Grant

**Organisation:** BizCover

**Location:** Australia

**Value:** AU\$1,000

**Open Date:** April 1, 2026

**Close Date:** March 31, 2027

[Find out more](#)

Australian Olympic Committee and Griffith University Sports Scholarship

**Organisation:** Australian Olympic Committee, Griffith University

**Location:** Australia

**Value:** Up to AU\$40,000

**Close Date:** June 30, 2026

[Find out more](#)

BizCover Women in IT Scholarship

**Organisation:** BizCover

**Location:** Australia

**Value:** AU\$5,000 + paid work placement

**Open Date:** January 1, 2026

**Close Date:** February 28, 2027

[Find out more](#)

SAE Regional Cost of Living Support Bursary

**Organisation:** SAE University College

**Location:** Adelaide, Brisbane, Melbourne, Perth, Sydney

**Value:** AU\$6,000

**Close Date:** No closing date

[Find out more](#)

Her Tech Circle Regional Scholarship

**Organisation:** Her Tech Circle

**Location:** Australia

**Value:** AU\$4,000

**Close Date:** No closing date

[Find out more](#)



## Competitions

The ABC Heywire Competition 2027

**Organisation:** Australian Broadcasting Corporation

**Location:** Australia

**Value:** See details

**Close Date:** September 1, 2026

[Find out more](#)

International Chemistry Quiz for Year 7-12 Students

**Organisation:** Royal Australian Chemical Institute

**Location:** All

**Value:** See details

**Close Date:** July 17, 2026

[Find out more](#)

Tournament of Minds – Australia

**Organisation:** Tournament of Minds Ltd

**Location:** Australia

**Value:** See details

**Close Date:** No closing date

[Find out more](#)

SPACE MISSION 2040: Primary School Competition 2026

**Organisation:** Aviation Aerospace Australia

**Location:** Australia

**Value:** See details

**Close Date:** August 28, 2026

[Find out more](#)

Bright Awards Design and Creative Media Competition for Year 10-12 Students

**Organisation:** Torrens University Australia

**Location:** Australia

**Value:** See details

**Close Date:** September 6, 2026

[Find out more](#)

The Harvard Crimson Global Case Competition 2026

**Organisation:** Crimson Education

**Location:** All

**Value:** See details

**Close Date:** October 14, 2026

[Find out more](#)

SAE x BAYFM BaySounds Songwriting Competition

**Organisation:** SAE University College

**Location:** New South Wales

**Value:** See details



**Close Date:** July 12, 2026

[Find out more](#)

## Weekly Posts

### **JOBS & CAREERS**

7 careers that didn't exist 10 years ago

The career landscape has changed faster in the last decade than almost any point in history. Roles that didn't have a job title in 2016 are now full-time positions at major organisations, and that trend isn't slowing down. If you're not sure what you want to do yet, that's actually fine, because some of the jobs you might end up in haven't even been invented yet. For now though, here are seven careers that are proof of just how much things have already shifted.

#### **Large Language Model Trainer**

Behind every AI chatbot or writing tool is a team of humans who taught it how to behave. Large Language Model Trainers work with AI companies to evaluate outputs, correct errors, flag biased or harmful responses, and help the model improve over time. It's a role that requires clear thinking, strong communication skills, and often subject-matter expertise in a particular field. A few years ago this job didn't exist anywhere. Now it's one of the more in demand roles in the tech industry.

#### **Sustainability Officer**

Businesses of all sizes are under growing pressure to reduce their environmental impact, and Sustainability Officers are the people making that happen from the inside. They analyse a company's operations, identify where emissions, waste, or inefficiencies can be reduced, and develop strategies to hit environmental targets. It's a role that blends science, policy, and business, and it's one of the fastest-growing areas across almost every industry.

#### **Esports Coach**

Competitive gaming is now a professional industry with tournaments, sponsorships, and dedicated teams, and like any other sport, those teams need coaches. Esports Coaches work with players and squads on strategy, game mechanics, mental performance, and team communication. It's a role that draws on sports science, psychology, and deep game knowledge, and it's one that has gone from unimaginable to genuinely viable in under a decade.

#### **Vertical Farm Technician**

Vertical farming grows food indoors across stacked layers using controlled lighting, water systems, and climate technology, and it's becoming a serious part of how some regions approach food production. Vertical Farm Technicians manage and maintain the systems that keep these environments running, monitoring plant health, troubleshooting equipment, and optimising growing conditions. It's a hands-on technical role sitting right at the intersection of agriculture and environmental innovation.

#### **Drone Operator**

Commercial drone use has expanded into agriculture, construction, emergency services, filmmaking, and environmental monitoring. Drone Operators plan and execute flights for specific purposes, whether that's mapping terrain, surveying infrastructure, or capturing aerial footage. It requires both technical skill and, depending on the context, formal licencing, making it a surprisingly structured and in-demand trade.

#### **Podcast Producer**



Podcasting has grown from a niche hobby into a major media industry, and behind every well-produced show is someone making it all work. Podcast Producers manage recording, editing, sound quality, publishing, and often the overall direction of a show. While audio production has existed for decades, the podcast-specific role is genuinely new, and it's now a recognised position at media companies, independent studios, and in-house brand teams. Worth noting: this one did exist in related forms before, but the standalone role as it exists today is very much a product of the last decade.

### **Cybersecurity Analyst**

Cybersecurity itself isn't new, but the scale and specialisation of the field has grown enormously. Cybersecurity Analysts monitor networks and systems for threats, respond to breaches, and build defences against attacks. As more critical infrastructure, healthcare, and financial systems moved online, the demand for dedicated analysts exploded. This is one of those roles that technically existed before but has become a distinct, highly sought-after career in its own right over the last ten years.

### **The takeaway**

The careers above are just a snapshot. New roles are emerging constantly as technology, the environment, and society keep shifting. The skills you're building now, whether that's critical thinking, communication, or technical know-how, are the foundation for jobs that may not even have a name yet.

If you want to explore more careers and find out where different paths could take you, check out our [jobs and careers](#) section.

### **Surprising jobs that pay really well**

When people imagine a well-paid career, they often picture a surgeon, a lawyer in a sharp suit, or a tech genius tapping away at a startup. But some of the best-paying jobs in the world don't get a second glance because on the surface, they sound, well, a bit dull. The thing is, "boring" and "brilliant" are not opposites. In fact, some of the most reliable, well-paid careers are hiding in plain sight, doing the unglamorous work that keeps the modern world running.

Here are some jobs that might surprise you (there's more than you might expect):

### **The ones who keep things moving**

Behind every smoothly running city, hospital, or business, there are workers doing essential jobs in the background. The economy depends on thousands of moving parts that most people never think about, and without them, whole industries would grind to a halt.

A **freight broker** connects businesses that need to move goods with the transport companies that can move them. It sounds like a lot of phone calls and spreadsheets, and it is — but it also pays well above average because the logistics industry is enormous and brokers who are good at negotiating are worth their weight in gold.

A **mortgage broker** does something similar, but with money rather than goods. They help people find the right home loan by comparing options from different lenders. It is a behind-the-scenes role that requires real skill, and experienced brokers can earn a strong income through commissions.

**Freight and transport operations** also need people on the ground. Experienced **Earthworks operators** — the people who drive heavy machinery to move dirt, grade land, and prepare construction sites — are in constant demand as cities grow and infrastructure expands. It's physically active work with solid pay.

### **The fixers and maintainers**

Some of the best-paid tradespeople are the ones you usually only call when something goes wrong.



**Elevator repair technicians** inspect, maintain, and fix lifts in buildings all over the world. Every office tower, hospital, and shopping centre depends on them. The training is specialised, which keeps the field smaller and you'll be on call 24/7 meaning the pay is usually higher.

**Hospital bed repairers** might sound like a very niche job, and it is. But hospitals cannot function without properly working beds, so these technicians are always needed. Engineers in the healthcare industry... worth investigating.

**Industrial maintenance technicians** are the people keeping factories, plants, and large facilities running. If a machine breaks down on a production line, every minute of downtime costs money, making the person who can fix it quickly incredibly valuable. This is a role where your skills directly affect the bottom line.

**Plumbers** are still one of the most reliably well-paid tradespeople around. Clean water in, waste out — it's not always glamorous, but it's essential. Experienced plumbers, particularly those who specialise in commercial work, can earn very strong salaries.

**Natural gas technicians** install and maintain gas pipelines and appliances. It requires specific safety training, and because the work involves real risk, it pays accordingly.

**Weld inspectors** don't just weld, they check the welds others have done to make sure they meet safety standards. It's a specialist quality-control role that is critical in construction, mining, and manufacturing, and across lots of other industries.

### **The number-crunchers and paperwork people**

Not all surprising salaries come from hands-on work. Some of the most underrated careers are desk-based.

An **actuary** uses maths and data to work out the likelihood of future events — things like accidents, floods, or illness — and puts a financial value on that risk. Insurance companies and governments depend on them. It requires strong maths skills and some study, but it is one of the highest-paying careers that most students have never heard of.

An **insurance adjuster** investigates insurance claims to figure out how much a company should pay out. It is detailed, careful work — think of it as being a detective for damaged cars and flooded homes.

A **real estate appraiser** puts an official dollar value on a property. Before a home is sold or a loan is approved, someone has to decide what it is worth. Appraisers do that job, and they are paid well for the expertise it requires.

A **patent lawyer** is a specialist in intellectual property law. If a company invents something new, a patent lawyer protects it from being copied. It requires law qualifications plus knowledge of science or engineering, but the combination makes it very well-compensated.

A **COBOL programmer** writes code in a decades-old programming language that still runs the financial systems of banks, governments, and hospitals around the world. It is not trendy, but because so few young people learn it, those who do are in very high demand.

### **The essential workers**

Some jobs are invisible simply because they happen early in the morning or behind the scenes, that doesn't make them any less important or well-paid.

**Waste management workers**, often called bin men or rubbish collectors, are an essential part of every city. Many roles in this industry, particularly those that involve specialised or hazardous waste, pay significantly above the average wage.

**Commercial cleaners** working in specialised environments like hospitals, industrial warehouses, laboratories, or construction sites can earn great pay, particularly with supervisory or biohazard training.

A **vending machine technician** stocks, repairs, and maintains vending machines across a wide area. The pay can be pretty good and it's a role with a lot of independence, as you'll travel around on your



own schedule and get paid to keep snacks and drinks flowing.

**Parking lot line painter** uses specialised equipment to paint the lines in car parks and on roads. It might sound simple, but it requires precision, specialised machinery, and they often work to very tight deadlines.

A **notary** witnesses and authenticates important documents like contracts, wills, and legal agreements. Notaries with full legal qualifications can earn well above average incomes, although it may often be a side-income to their main business practice.

### **What's the big takeaway?**

Prestige and pay are not the same thing. Many of the careers in this article are overlooked simply because they're not always well known, they don't come with a flashy job title, and they're often far from glamorous. But they solve real problems, require genuine skills, and can reward the people who do them well.

If you're looking for a career that pays well without necessarily being in the spotlight, or requiring extensive education beforehand, it could be worth looking at the jobs that keep the lights on, the lifts running, and the pipes flowing.

### **Find out more about jobs and careers**

Curious about other careers you might not have considered? Head over to our [Jobs & Careers](#) page to explore more ideas and find a path that suits you.

## **HUMAN SKILLS**

### **The value of doing things you're bad at**

Most people avoid things they're not good at. It's uncomfortable to feel like the least experienced person in the room, or to try something and not get it right the first time. But that discomfort is actually one of the most useful feelings you can have, especially when you're still figuring out who you are and what you want to do.

Being bad at something isn't a sign you're on the wrong track. It's often a sign you're on the right one.

### **Why struggle is part of the process**

When you're learning something new, being bad at it isn't a detour. It's the actual path. Every skill you have right now, whether that's driving, cooking, writing, or playing sport, started with a version of you that had no idea what they were doing.

The same is true in almost every career. A new employee making mistakes in their first few weeks isn't failing at the job. They're doing exactly what learning looks like. The people who progress fastest aren't usually the ones who already know everything. They're the ones who are comfortable not knowing, and keep going anyway.

### **What you actually build when you struggle**

When you push through something you find difficult, a few things happen underneath the surface that are worth paying attention to.

You build resilience. Resilience isn't something you develop by breezing through things. It comes from hitting a wall and figuring out how to get past it. Whether that's fumbling through a new language, losing a game you really wanted to win, or completely freezing during a presentation at school, those moments build a kind of mental toughness that's hard to get any other way.

You get better at adapting. When something isn't working, you have to try a different approach. That process, adjusting, experimenting, trying again, is exactly what adaptability looks like in practice.

Employers consistently list it as one of the qualities they want most in the people they hire.



You become more self-aware. Struggling at something teaches you a lot about how you learn, what frustrates you, and what actually motivates you to keep going. That kind of self-knowledge is

genuinely useful when it comes to making decisions about study, work, and the kind of environments where you're likely to thrive.

### **It matters more than you might think in a career context**

Most workplaces are full of situations where you're expected to figure things out as you go. New software, new processes, new teams, new responsibilities. The ability to sit with not knowing and work through it without shutting down is one of the most practical things you can bring to any job. Think about a tradie who picks up a new type of job they haven't done before, or a graduate starting their first role in an office and navigating a completely unfamiliar industry. Neither of them can know everything from day one. What matters is their willingness to try, ask questions, and not be derailed by early mistakes.

The same applies to creative fields. A graphic designer trying a new style, a writer working in a format they've never attempted, a musician learning theory after years of playing by ear. Getting it wrong at first is built into the process.

### **It's okay if it feels uncomfortable**

None of this means you have to pretend struggle feels good. It doesn't, and that's fine. The point isn't to enjoy being bad at something. It's to stay in it long enough to get somewhere.

A lot of students avoid subjects, activities, or opportunities because they're worried about looking incompetent. But most of the time, the people around you are far less focused on your mistakes than you think. And even when they do notice, working through something visibly difficult tends to earn more respect than avoiding it entirely.

### **A small practical step**

You don't need to overhaul your life to put this into practice. Pick one thing you've been avoiding because you didn't think you'd be good at it. It could be a subject at school, a sport, a creative hobby, a type of social situation, or even just putting your hand up to take on a task you're unsure about.

Give it a genuine go. Notice what happens, not just to your skill level, but to how you feel about trying new things in general.

### **The bigger picture**

The careers that tend to be most fulfilling are rarely ones where everything comes easily. They're usually the ones where you kept going through the hard parts and came out with something real on the other side.

Being bad at things isn't a weakness to hide. It's a starting point, and every starting point is worth something.

For more on building skills and navigating your career journey, check out our articles on [skills for work](#), [human skills](#), and [first jobs](#).

## **HEALTH & WELLBEING**

### **9 great ways to recover from exams**

Exams take a lot out of you, and when they're finally over it's completely normal to feel a mix of relief, exhaustion, and even a little flatness. Your body and mind both need time to reset, and that looks different for everyone. Here are nine ways to help yourself recover well.



## **Celebrate**

You put in the work, so take a moment to actually mark that. Some ideas:

- Organise a get-together with friends
- Have a meal at your favourite restaurant with family
- Book tickets to a concert, show, or event you've been looking forward to
- Take a day trip somewhere you enjoy
- Treat yourself to something small that feels like a reward

The point is to create a clear mental line between exam mode and what comes next.

## **Get some rest**

Sleep is one of the first things to suffer during exam periods, so give yourself permission to sleep in, go to bed early, and let your body catch up without guilt. Beyond sleep, if your diet took a back seat during study, now's a good time to eat a bit more intentionally, whether that's cooking something you enjoy or just slowing down at mealtimes.

## **Spend some time outside**

Fresh air and movement do a lot for a mind that's been stuck in a cycle of stress. You don't need a structured plan. A walk, a swim, a bike ride, or just sitting somewhere outside for a while can genuinely shift how you're feeling, and getting out of the space where you studied is part of it.

## **Clear the space**

Sort through your notes, recycle or donate what you don't need, and tidy up your desk or room. Removing the physical reminders of exam stress from your environment helps signal to your brain that that chapter is closed.

## **Reconnect with people**

Study periods have a way of shrinking your social life without you noticing. Spending unhurried time with friends or family, without the background anxiety of something you should be doing instead, is its own kind of recovery. You don't need to plan anything elaborate, just being around people you like at a relaxed pace tends to help.

## **Give your mind some easy wins**

After weeks of high-stakes mental effort, your brain still needs engagement, just without the pressure. Low-stakes activities are a good bridge out of exam intensity:

- Pick up a book you've been meaning to read for fun
- Watch a series you've been putting off
- Try something creative like drawing, cooking a new recipe, or playing music
- Play a game, whether that's a video game, board game, or something else entirely

## **Have a digital reset**

Exam periods often involve a lot of screen time and continuing that pattern into your break can leave your attention feeling scattered and your sleep patchy. Taking a few days to be more intentional about screen use, whether that's putting your phone in another room at night or spending a morning offline, can make a noticeable difference.

## **Plan something to look forward to**

Having something on the calendar gives your post-exam period a bit of shape. It doesn't need to be a big trip. A weekend away, a camping trip, or catching up with someone you haven't seen in a while all count. Looking forward to something concrete is genuinely good for your mood.



### **Let yourself do nothing**

Sometimes the most useful thing you can do is simply stop. If you feel like turning your brain off for a few days, that's a reasonable response to sustained pressure. Take each day as it comes without an

agenda and recover at whatever pace feels right for you.

### **Find out more**

We have plenty of other articles on health, wellbeing, and making the most of your time on our [Grow](#) page.

## **SUBJECT SELECTION**

### **How to make the most of a subject you dislike**

Not every subject is going to excite you, and that's a normal part of school. Nobody breezes through every class with equal enthusiasm, including your teachers, your high-achieving classmates, and plenty of successful adults who've been in your exact position.

How you respond when enthusiasm isn't there is what tends to separate students who get through it and those who don't. Plenty of valuable things in life require effort before they start to feel worthwhile, and school subjects are no different.

### **Why your mindset matters more than you think**

Your attitude towards a subject has a bigger effect on your performance than most people realise. When you've already decided a subject is pointless or that you're bad at it, it's easy to disengage, put in less effort, and then use the results as proof that you were right all along. It becomes a self-fulfilling cycle.

Approaching a subject with even a small amount of openness changes that dynamic. You don't need to love it. You just need to stay curious enough to look for something worth engaging with. Most of the time, that something is there, it just takes a bit of digging to find it.

### **Find a reason that's yours**

One of the most effective ways to shift how you feel about a subject is to connect it to something you actually care about. This doesn't mean forcing yourself to love the content. It means finding an angle that makes it feel less abstract.

Ask yourself:

- Does this subject develop a skill that's useful in a career I'm interested in?
- Is there a topic within it that connects to something I already enjoy?
- Could doing well here open a door to something I do want?

Even a loose connection is enough. Someone who struggles with maths but wants to work in game design might find it easier to engage once they understand how closely the two overlap. If you find history dry, you might connect more once you start looking at it through the lens of human behaviour or decision-making under pressure.

The reason doesn't need to be grand. It just needs to be yours.

### **Focus on what you can control**

When a subject feels difficult or unenjoyable, it's easy to fixate on the parts you can't change: the content, the assessment style, maybe even the way it's taught. That kind of focus tends to make things feel worse without actually improving anything.

Attending consistently, asking questions when something doesn't click, and putting in reasonable effort are all things within your reach, regardless of how you feel about the subject itself. These habits also tend to improve your results, which in turn makes the subject feel a little less unbearable.



Small actions compound over time. Choosing to engage rather than check out, even on the days when it's hard, builds a kind of resilience that carries over into everything else you do.

### **Make it easier on yourself**

You don't have to white-knuckle your way through a subject you dislike. There are practical ways to make studying for it feel less draining.

Keeping your study sessions shorter and more focused can help, as can mixing up how you review material so it doesn't feel like the same slog every time. Studying alongside a classmate who's motivated can also make a difference, since having someone to work through things with tends to keep both people more accountable and engaged.

It also helps to get the hard subject out of the way early in a study session rather than leaving it until you're already tired. You'll approach it with more patience when you haven't already spent your best energy on everything else.

### **Talk to your teacher**

Teachers have seen students struggle with their subject before, probably more times than you'd expect. They're also one of the most underused resources available to you.

If you're finding a subject difficult to connect with or genuinely hard to get through, telling your teacher is worth doing. They may be able to offer a different explanation, point you towards resources that suit how you learn, or just give you a bit more context about why certain content exists in the course. Sometimes understanding the reasoning behind what you're studying is enough to make it feel more relevant.

You don't need to frame it as a complaint. A simple conversation about where you're struggling and what might help is usually enough to get useful advice that's specific to your situation.

### **If you chose it, give it a real chance**

If you're in a subject you chose yourself and you're already regretting it, try not to write it off too early. Most subjects take a few weeks to find their rhythm, and first impressions aren't always accurate. Give yourself enough time to actually experience the course before deciding how you feel about it.

That said, if you've given it genuine effort and it's still not working for you, a subject transfer is always worth considering. It's not a failure to recognise that something isn't the right fit, and most schools have a process for making changes early in the year. Talk to your teacher or a careers adviser about your options before making a decision either way. Discomfort alone isn't a reason to leave, but genuine, sustained misery probably is.

### **The bigger picture**

Getting through a subject you don't enjoy teaches you something that the subjects you love never quite do. It builds patience, persistence, and the ability to do quality work even when you're not feeling motivated, and those are qualities that follow you well beyond school.

You won't always get to choose what's in front of you. But you do get to choose how you approach it.

## **JOB SPOTLIGHTS**

### **How to become a Sustainable Architect**

Sustainable Architects design buildings and spaces that use resources efficiently, minimise waste, and create healthier environments for the people who use them. They balance creative vision with



practical knowledge of sustainable materials, energy systems, and building regulations to deliver structures that work better for both people and the planet.

Architecture is a long road, but for people who love design, problem-solving, and making a lasting impact on the built environment, it's a deeply rewarding one.

### **What skills do I need as a Sustainable Architect?**

- Creative & visionary
- Strong technical drawing
- Systems thinker
- Excellent communicator
- Detail-oriented
- Collaborative team player
- Environmental knowledge
- CAD & modelling proficiency

### **What do Sustainable Architects do?**

In the early stages of a project, you're working closely with clients to understand what they need and what they value. You'll research the site, analyse environmental conditions like sun orientation, wind patterns, and local climate, and begin developing design concepts that respond to those factors.

Sustainability isn't something you bolt on at the end; it shapes decisions from the very first sketch.

As the design develops, you're producing detailed drawings and specifications, selecting materials, and coordinating with engineers and builders to make sure the design can actually be built the way you've imagined it. You'll model energy performance, assess the environmental impact of different material choices, and work to meet green building standards. Keeping projects on budget and on schedule is part of the job too, which means constant communication across the whole project team.

Between projects, you stay current with advances in sustainable design, new materials, and evolving building regulations. Many Sustainable Architects develop a specialisation over time, whether that's passive house design, adaptive reuse of existing buildings, or large-scale commercial projects targeting high environmental ratings. Some take on mentoring roles, others contribute to industry research or policy discussions about where the built environment needs to go next.

### **What kind of lifestyle could I expect?**

Sustainable Architects work for architectural practices of all sizes, from small boutique studios focused entirely on green design to large multidisciplinary firms where sustainability is one of many specialisations. Some work in-house for property developers, government agencies, or construction companies, while others establish their own practices once they've gained experience and registration.

Most of the work is office-based, with time split between design work at a computer and meetings with clients, engineers, and consultants. You'll also visit construction sites regularly to check that the build reflects the design intent and that sustainable specifications are being followed on the ground. The balance shifts depending on what stage a project is at.

Hours are generally standard, though deadlines and project milestones can create busier periods. The work is mentally demanding rather than physically strenuous, and many roles offer flexibility once you're established. Salaries start at average for graduates and grow to above average with registration and experience, particularly for those with a specialisation in sustainable design as demand in this space continues to rise. Industry growth is strong, driven by tightening regulations around building emissions and increasing client and investor appetite for greener buildings.

### **How to become a Sustainable Architect**



- **Complete an accredited architecture degree:** You'll need to complete an accredited five-year architecture degree, or a combination of a three-year bachelor's degree followed by a two-year master's degree. These programs cover design, history, technology, and environmental systems, and most include practical studio work throughout.
- **Complete your practical experience requirements:** Before you can register as an architect, you'll need to log a minimum of two years of supervised practical experience working in the profession. This period is structured and documented, and it's where you develop the hands-on skills that formal study can't fully replicate.
- **Gain registration:** Registration requirements vary slightly depending on where you're based, but typically involve completing your experience documentation and passing a formal assessment. Registration is what legally allows you to practise as an architect and use the title.
- **Develop your sustainability focus:** Sustainable design can be woven into your studies and early career from the start. Seek out practices with a genuine commitment to green design, pursue additional learning around energy modelling, green building rating tools, and sustainable materials, and build a portfolio that reflects your environmental values.

From here, you could progress to senior architect or associate roles within a practice, lead your own projects, or eventually establish your own studio. Some architects move into urban planning, building policy, or academic roles. Others become recognised specialists whose expertise is sought across major infrastructure and development projects.

### What can I do right now?

If you're in high school and interested in working as a Sustainable Architect, here are some practical steps:

- Start documenting buildings you find interesting, photograph them, sketch them, and note what makes them work, to begin developing the observational habits that architects rely on throughout their careers
- Study maths, physics, and visual arts or design if these subjects are available to you, as they build the technical and creative foundations that architecture programs expect
- Seek out work experience with a local architecture or construction firm to get a feel for how projects come together and what the day-to-day work actually looks like

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