# BMGS CAREERS NEWSLETTER Tuesday, 25 May 2022

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**Work Experience** 

# **Open Days & Info Sessions**

# **UOW College | Pathways Information Session**

Thursday 2 June 2022, 5:30 pm - 6:30 pm

Online

Want to get into uni? Use your time wisely and get started on your pathway to UOW. UOW College offer pathway courses that can guarantee entry into a range of bachelor programs, some with direct entry into the second year. Please join us for our upcoming online info session to find out more about our range of courses, scholarships and how to apply at the Wollongong, South Western Sydney, Loftus, Southern Highlands, Bega, Batemans Bay and Shoalhaven campuses. Staff will be available on the night to answer your questions.

Find out more: <a href="https://studentservice.uow.edu.au/Portal/Events/EventDetails?eventId=14fcff76-c0a0-ec11-8198-000d3ad2bf21">https://studentservice.uow.edu.au/Portal/Events/EventDetails?eventId=14fcff76-c0a0-ec11-8198-000d3ad2bf21</a>

# Basair | Pilot Career Seminar

Monday 13 June 2022, 7:00 pm - 8:30 pm

Basair Aviation College, Bankstown Aerodrome

Learn about career paths, salaries, entry level jobs, qualifications, pilot courses and everything you need to know about becoming a Commercial Pilot in less than a year at Basair.

Find out more: http://www.basair.com.au/Events/Register/241

# UAC Digital | Let's Chat - SRS Early Offers

Wednesday 15 June 2022, 6:00 pm

Online

While the ATAR is still the main selection tool used by most unis, there are other ways for you to show that you're ready to succeed at uni. Many institutions have one or more early offer schemes for Year 12 students. Through these schemes, institutions assess you using criteria other than (or in addition to) your ATAR.

We'll give you an overview of the Schools Recommendation Scheme (SRS) and discuss:

- how to apply
- whether you're guaranteed early entry if you apply
- other universities' direct early entry schemes
- how many early entry schemes you can apply for.

Find out more: <a href="https://uacdigital.easywebinar.live/registration-let-s-chat-srs-early-offers">https://uacdigital.easywebinar.live/registration-let-s-chat-srs-early-offers</a>



# Endeavour College | Natural Health Open Day

Saturday 18 June 2022, 10:00 am - 12:00 pm

Endeavour College of Natural Health, Sydney Campus

Open Day is a unique opportunity to see your local campus first-hand and chat one-on-one with experts before you take the plunge and enrol.

We are opening our campus doors for Open Day on Saturday 18 June. Why not see what student life with Endeavour College looks like? Tour the facilities, learn about student life, and chat to our team of academics and admissions advisers on the day.

Find out more: <a href="https://www.endeavour.edu.au/events/natural-health-open-day/">https://www.endeavour.edu.au/events/natural-health-open-day/</a>

# \$20 Boss Awards by Young Change Agents

Wednesday 22 June 2022, 4:00 pm - 6:00 pm

Online

The \$20 Boss Awards are an opportunity for us to showcase and celebrate the brilliant ideas and businesses from students who've participated in a \$20 Boss program between Term 1-4 2021 and Term 1-2 2022.

Interested in supporting the next generation of social entrepreneurs? Register to attend the \$20 Boss Awards on Wednesday 22 June 4–6PM AEST.

Find out more: <a href="https://events.humanitix.com/usd20-boss-awards-info-session-o3cld0di">https://events.humanitix.com/usd20-boss-awards-info-session-o3cld0di</a>

# University of Melbourne | Meet Melbourne, Wagga Wagga

Tuesday 19 July 2022, 6:00 pm - 8:00 pm

International Hotel Wagga

At Melbourne, you'll join a thriving and diverse community that supports you to follow your passions. As a Melbourne graduate, you'll think critically and creatively across disciplines and be a changemaker throughout your career, no matter the industry.

Come along to an information evening to speak to our Future Students team and hear how a Melbourne degree will set you apart.

We'll be covering key topics including:

- How you can design a degree as unique as you with our Melbourne curriculum, using breadth subjects and more than 100 majors to set yourself up for a successful career
- Student Life initiatives, University Accommodation, our wellbeing and support services and how we can support you making your new home in Melbourne
- Opportunities in and outside of the classroom, such as concurrent diplomas, work-integrated learning, internships, exchange and our suite of competitive scholarships
- Access Melbourne, our special entry access scheme, which offers guaranteed entry to eligible students from rural and regional areas, and those with a disadvantaged financial background.

Find out more: <a href="https://study.unimelb.edu.au/connect-with-us/events-for-future-students/meet-melbourne-wagga-wagga">https://study.unimelb.edu.au/connect-with-us/events-for-future-students/meet-melbourne-wagga-wagga</a>

# Torrens University Australia | Open Day

Saturday 6 August 2022, 10:30 am - 1:00 pm

Torrens University Australia, Ultimo Campus

Open Day gives you a taste of what we do and how we do it. Meet our academics, talk to current students and tour our campuses. We're here to help you turn your dream into your career.

Find out more: <a href="https://www.torrens.edu.au/whats-on/open-day">https://www.torrens.edu.au/whats-on/open-day</a>

# Schindler Apprentice Open Night Webinar

Monday 8 August 2022, 6:00 pm - 8:00 pm

Online

When you join Schindler, you become part of a global family that is one of the world's leading providers of elevators, escalators, and moving walks.

With 6 locations across Australia and a team of over 1,200 people, there is so much to experience as an Apprentice at Schindler. and learn from a network of the industry's leading experts... Schindler will elevate your career!

Over four years, you will take on regular structured in-house training through a world-class program and gain a formal electrical trade qualification.

Join our online information evening, which will cover:

- What does an apprenticeship at Schindler offer?
- Meet the apprentices
- What makes a good apprentice?
- Life after your apprenticeship
- The application process
- Q&A discussion panel

Apprenticeship roles will be opening soon, so this is a perfect opportunity to learn everything you need to know about the Schindler Apprenticeship program.

Find out more: <a href="https://www.eventbrite.com.au/e/schindler-apprentice-open-night-webinar-tickets-341479031977?aff=ebdsoporgprofile">https://www.eventbrite.com.au/e/schindler-apprentice-open-night-webinar-tickets-341479031977?aff=ebdsoporgprofile</a>

# Torrens University Australia | Virtual Open Day

Tuesday 16 August 2022, 4:00 pm - 6:00 pm

Online

Jump online for our Virtual Open Day to get the information you need to turn today's dream into tomorrow's career. You'll hear from academics who are leaders in their field; guest speakers who are trailblazers in their industries; and Course and Careers Advisors who knows the ins and outs of our courses, internships, scholarships and campuses.

Find out more: https://www.torrens.edu.au/whats-on/open-day/virtual-open-day

# **Workshops and Courses**

# NIDA Online | Introduction to Acting

Tuesday 31 May 2022, 6:00 pm - Tuesday 14 June 2022, 8:00 pm

Online

Be introduced to the fundamental skills of an action-based acting technique. Connect to your inner playfulness, be present in the moment and learn to create character.

This is a fully online course designed for beginners and is delivered through NIDA's online learning management system.

Find out more: https://www.open.nida.edu.au/course/OANOIA

# SAE | Create for a Day

Saturday 2 July 2022, 10:00 am - 3:00 pm

SAE Institute, Byron Bay

SAE Institute is opening its doors this July for a one-day program, designed to expand your skills and get you working on inspiring creative projects in the fields of Animation, Audio, Design, Film, Games, Music Production, or Songwriting.

Don't miss out on your chance to experience life as an SAE student, and discover what it means to be a creative professional in state-of-the-art facilities with industry experts by your side.

During the workshop, attendees will learn valuable practical and collaborative skills to build a creative piece of work! They will also receive a certificate of participation to acknowledge the creative project they have undertaken.

Find out more: <a href="https://sae.edu.au/event/create-for-a-day-at-sae/">https://sae.edu.au/event/create-for-a-day-at-sae/</a>

# NIDA | Audition Preparation Workshop

Monday 4 July 2022, 10:00 am - Friday 8 July 2022, 5:00 pm @ Chatswood Monday 11 July 2022, 10:00 am - Friday 15 July 2022, 5:00 pm @ Kensington

Ensure you are informed and prepared for NIDA BFA Acting auditions. Gain insight into material selection and work with NIDA tutors to explore vocal and physical technique. Work on your audition material to ensure you are open and ready for the challenges of the audition process.

Find out more: https://www.open.nida.edu.au/course/OHNAP1112

# **Scholarships**

# Bond University Vice Chancellor's Elite Scholarship

Value: 100% Tuition Fee Waiver

Open/Closing Dates: May 2, 2022 - August 1, 2022

Each year, outstanding Year 12 students from across Australia are awarded prestigious Vice

Chancellor's Elite Scholarships.

Find out more

# University of Sydney Chancellor's Award

Value: \$10,000 AUD per year

Open/Closing Dates: May 2, 2022 - September 30, 2022

\$10,000 scholarship awarded to school-leavers with an outstanding performance in the NSW Higher School Certificate Examination (ATAR 99.90) or equivalent.

No application is required. These scholarships are awarded automatically following the release of ATAR results.

Find out more

# **Competitions**

# Youth KSP Poetry Award

The KSP Writers' Centre is proud to present this annual poetry competition for Australian writers, which is free for youth to enter thanks to sponsorship from the Shire of Mundaring. Entries must be original and unpublished. All poetry styles and themes are acceptable.

Entries close 29 September 2022.

Find out more and enter here: <a href="https://www.kspwriterscentre.com/poetry-competition">https://www.kspwriterscentre.com/poetry-competition</a>

# \$20 Boss Awards by Young Change Agents

From a social enterprise that recycles metal waste and turns it into stunning garden art. Or a business that sells jewellery made from repurposed cutlery and utensils – \$20 Boss students have come up with amazing businesses that positively contribute to their communities.

Know a young person who should enter? Young people aged 10-18 who participated in the \$20 Boss program between Term 1-4 2021 and Term 1-2 2022, are eligible to enter this year's awards.

Entries will close on Thursday 2 June 2022.

Go here for more info on how to enter: https://20boss.com/awards

# **Work Experience**

# Work Experience with Burwood Council

We are committed to supporting our local community by offering the opportunity to undertake work experience across a broad range of employment and professional areas. Areas of work experience may include:

- Communications
- Community and Cultural Development
- Engineering
- Events
- Finance
- General Administration
- Human Resources
- Information Technology
- Library Services
- Planning
- Project Delivery
- Sustainability and Waste

We accept students who are required to undertake work placements in association with study and/or qualifications.

To be eligible for placement you must:

- Be currently studying (High School, TAFE, University or College);
- Apply for a placement that is relevant to your current study requirements; and
- Have current insurance coverage (Certificate of Currency) covering the duration of your placement.

While we try to place as many students as possible, due to high demand we are unable to guarantee that all requests for placements will be met.

Learn more

# ASD Cyber Security and Robotics Work Experience

The Australian Signals Directorate (ASD) is the national authority for information security and through its Work Experience Program offers students from Years 11-12 an opportunity to extend their knowledge and skills in science, technology, engineering and mathematics (STEM), with a focus on information/cyber security.

High achieving Year 10 Students with a strong interest in this field are also encouraged to apply and may be considered for a placement.

The ASD Work Experience Program offers a number of challenges designed to increase STEM knowledge and understanding, such as:

- python programming
- identifying security intrusions on a computer system
- identifying email compromises
- monitoring network traffic to detect exploits
- conducting forensic examinations of hard drives
- exploiting web application vulnerabilities
- learning modern encryption methods and how they are used to protect data
- performing geospatial analysis and utilising geospatial tools for imagery analysis
- engineering hardware and software solutions for security problems
- robotics programming using Arduino
- constructing electrical circuits

Interstate students are encouraged to apply – financial assistance may be available.

The placement will run from 19 - 23 September 2022.

Applications close 7 August.

Learn more

# **Careers & Jobs**

## National Careers Week Series

For National Careers Week, we've written a series of blogs – the theme for 2022 is "Career. More than just a job" and we've taken an in-depth look into what your career actually is, and what you can do to take control over it.

In our posts we'll look at:

- 1. The difference between a career, job, and work
- 2. What it means to be a lifelong learner
- 3. What you can do with your Core Skills
- 4. When things go wrong and how to handle career chaos
- 5. What is digital literacy and what does it mean for your career?
- 6. When is the right time to start learning about careers?
- 7. How to find career-related information you can rely on

## Jobs for people who love puzzles

<u>Puzzles</u> can be toys, games, or problems that are designed to test your ingenuity. From jigsaw puzzles and computer games, to crosswords and sudoku, there are lots of different ways you could be entertained by a great puzzle.

But there's more to puzzling than just fun. You can learn useful skills (puzzles are often used in educational settings), give your brain a work out, and you can even find careers where solving puzzles could part of your daily life.

# Useful skills you could get from puzzling

From early childhood onwards, puzzles are used as tools to help us to develop skills from finger strength and dexterity, to visual-spatial skills and logic.

There are a tonne of other great skills that you can learn and develop through puzzles too, they could be useful in lots of jobs and other aspects of your life and include:

- Resilience and perseverance
- Problem solving and reasoning
- Critical and analytical thinking
- Teamwork and collaboration
- Planning
- Focus
- Creativity
- Time management
- Adaptability

All of the above are wonderful skills to have. Taking part in competitions, joining clubs, and working on real world puzzles (or problems) could help you to build on these skills, gain new ones, and help to illustrate to others that you have these skills already. So don't forget to add them to your resume and use examples in your interviews.

# Jobs for people who love puzzles

You could incorporate puzzles into your career if you like to be challenged and love finding solutions where others may not be able to.

Here are some examples of careers you could explore further:

- Mathematician
- Actuary
- Cryptographer
- Ethical Hacker
- Computer Support
- Network Engineer
- Archaeologist
- Crime Scene Investigator
- Forensic Scientist
- Police Detective
- Private Investigator
- Fire or Accident Investigator
- Reverse Engineer
- Software Engineer
- Scientist
- Auto Mechanic
- Interior Designer
- Puzzle Maker
- Psychologist
- Counsellor
- Software Developer
- Teacher
- Architect
- Journalist
- Data Analyst
- Air Traffic Control

- Structural Engineer
- UX Design
- Cybersecurity
- Programmer
- Doctor
- Event Planner
- Author

# Curious which other careers might suit you?

Why not head over to our <u>job spotlights</u> page to read up on other jobs, or have a read through various industries and roles on the careers page.

# Hear directly from experts in their field with the International Oyster Program

Access a full spectrum of interviews with experts in their own field. These interviews are specifically designed to give you insights into careers that you may be considering, or may not even be aware of. Hear what the professionals have done and what they look for. Why not connect with one of them and start your internship?

Find out more: https://internationaloysterprogram.com/

# **Further Learning**

# The Aviation Careers Mentor Program

The Aviation Careers Mentor Program is open for applications now!

The Program is designed to help women access exciting career opportunities across the aviation industry, focuses on defining aviation career goals and building a plan to achieve these goals with the guidance of supportive women in industry.

The program runs for three months and provides you with aviation career opportunity awareness and training pathway options as well as invaluable contacts and industry insights.

When: 30 June - 29 September

Time commitment: 2 hours per month

Delivery: Online

Apply to join the program at <a href="https://empoweringwsw.com.au/events/">https://empoweringwsw.com.au/events/</a> but make sure you do it soon, applications close on the 5 June 2022.

# A letter to my Year 12 self

Wondering what it's like to be a university student? Meet fourth-year Bachelor of Arts/Law student Jessie Xiao as she writes to her Year 12 self about all the experiences awaiting her at UNSW. Read the full article here: <a href="https://www.news.futurestudents.unsw.edu.au/letter-my-year-12-self-jessies-perspective">https://www.news.futurestudents.unsw.edu.au/letter-my-year-12-self-jessies-perspective</a>

# **Understanding Your Money Online Course**

Understanding Your Money is a self-paced online course for high school students, offered as part of the University of Pennsylvania's Global Youth Program.

This course offers an introduction to fundamental economic concepts, investing, and basic money management to help you make smarter financial decisions. In addition to online video lessons delivered by Wharton faculty, the course includes links to related readings, activities and glossary terms, as well as quizzes to test students on what you have learned.

The course is on-demand and self-paced, so you can move through the material as your schedule allows. Students can enrol and start learning straight away.

Find out more and enrol here: <a href="https://globalyouth.wharton.upenn.edu/programs-courses/understanding-your-money/">https://globalyouth.wharton.upenn.edu/programs-courses/understanding-your-money/</a>

# Defence Civilian Undergraduate Sponsorship

The Department of Defence is offering sponsorships to students who have completed their secondary education and are interested in pursuing a degree as a civilian student on campus at the UNSW Canberra at ADFA. Civilian students will learn alongside military cadets who are training in order to join the Australian Defence Force in either the Navy, Army or Air Force.

As a sponsorship recipient in the Defence Civilian Undergraduate Sponsorship, you will have:

- the opportunity to study at the UNSW Canberra at ADFA which is one of Australia's most respected universities and has the best student-to-teacher ratio in the country
- full tuition costs for your Bachelor degree this means no Higher Education Loan Program (HFI P) fees
- a generous allowance of \$2000 per annum to put towards the cost of text books and other study expenses
- an opportunity for practical work placements, which in some cases will form part of the professional requirements of your degree
- the benefit of Defence experience when applying for the Defence Graduate Program in the final year of your undergraduate degree
- exposure to a unique and diverse organisation with great career opportunities
- an opportunity to work on projects with leading edge technology.

The Department of Defence will determine the undergraduate degree disciplines that will be offered from the following options:

- Bachelor of Engineering (4 years)
  - o Aeronautical,
  - Electrical and
  - Mechanical.
- Bachelor of Computing and Cyber Security (3 years)

There are no military service obligations or requirements. This is a sponsorship for civilian students who may be interested in a civilian career in the Department of Defence.

Find out more: <a href="https://www.defence.gov.au/jobs-careers/civilian-undergraduate-sponsorship">https://www.defence.gov.au/jobs-careers/civilian-undergraduate-sponsorship</a>

## What is a Student Contribution Amount?

Not too long ago, we wrote a <u>blog explaining all about Commonwealth Supported Places</u> (or CSPs). If you enrol in a degree with a CSP, the Government will cover some of the cost of the degree, and whatever is left over for you to pay is called a **Student Contribution Amount**.

#### What is my Student Contribution Amount?

There isn't one flat fee for all students attending university – your Student Contribution Amount will differ depending on the type of degree you enrol in.

Every few years, the Government will look at employment across the country, including areas of growth and demand in the future. This information is used to calculate how much they will contribute towards certain degrees. Think of it as an incentive to study a degree that will lead to more people working in jobs where they're needed.

For example, nursing is currently a high-demand job area, so the Government puts more money towards their share of a Commonwealth Supported Place – and in turn, your Student Contribution Amount goes down.

In 2022, Student Contribution Amounts are split into **four bands**. How much you will need to pay depends on the band in which your degree falls.

You can see the current bands and their Student Contribution Amount on the <u>StudyAssist website here</u>.

# Do I need to pay my Student Contribution Amount up-front?

No – in fact, most students don't. You'll most likely defer your Student Contribution Amount to what's known as a <u>HECS-HELP</u> loan. <u>There are some incentives to paying up-front</u>, but you don't have to.

#### Are there any other ways I can reduce the cost of my degree?

Absolutely! There are tons of scholarships out there than can reduce – and in some cases cover entirely – the cost of your degree. Have a browse of our <u>Scholarships database</u> to see if there are any you might be eligible for.

#### Where can I find out more?

Read more about Student Contribution Amounts on the StudyAssist website <a href="here">here</a>.

# Resources

# Navigating Year 10 Subject Selection

If you're planning to stay on in high school and complete Years 11 and 12, then Subject Selection is going to be an essential process that you're going to have to go through.

While on one hand it's great that you'll get to choose which subjects you'll be studying, the flip side is that what you choose now could impact on what you can study after high school.

We've put together some important factors to bear in mind as you start making those big decisions about Subject Selection.

One: Do some research.

Explore industries and careers, learn about which ones appeal to you and try to understand why. Is it the work environment, the core skills required, or does it reflect your interests, for example? Identify your strengths and interests then explore the tertiary and career options that tie in with these. Don't focus on specific jobs, instead find a range of careers and industries that appeal to you. Doing this could help you to uncover studies and jobs that you'll actually enjoy. Rather than focusing on the salary, prestige, or perceived (but not always accurate) benefits associated with certain jobs.

Two: Find out which compulsory subjects and units you'll have to do.

**Three:** Look at the tertiary pathways which could help you get into the jobs or industries you've identified during your research.

Some VET pathways for example might not have any prerequisites or assumed knowledge in order for you to sign up.

Whereas to be eligible to get into some university courses you may have to tick pre-requisite boxes or need to have assumed knowledge.

**Four:** Then choose electives which will give you the *best range of options* for your future studies and careers.

**Five:** If you'd like to go to university after high school, you'll need to check with your teacher or careers advisors to make sure that the combination of courses you choose will make you eligible to receive an ATAR.

**Six:** Choose subjects which you Don't just choose ones that you think might scale better and give you a better ATAR, or could lead into a well paid job one day (but isn't actually something you're passionate about doing).

Choosing subjects you're passionate about could mean that you'll put in more effort, enjoy them more, do better, and feel more confident about your abilities.

#### What are Prerequisites?

One way universities gauge whether they'll give you a place on a course is through the ranking system that's you <u>ATAR</u> score. But that's only one of the eligibility criteria that might apply. **Prerequisites** are another.

Defined in the dictionary as "a thing that is required as a prior condition for something else to happen or exist".

Essentially what that means is that in order to study some courses, the universities recognise that you'll need to already have studied specific subjects up to a certain level if you're going to be successful. Lots of universities have reduced or removed prerequisites in recent years. That doesn't mean that you should feel confident to ignore assumed knowledge requirements. Prerequisites weren't removed because the knowledge is no longer needed. They were removed because some courses weren't getting the numbers of enrolments they needed, and the universities wanted to increase the pool of students who were eligible to apply for them.

The downside to that? You might think you can choose lower level subjects because it means you could score a higher ATAR. When in actual fact what could really happen is that you get into the course really under-prepared and behind everyone else. In the worst case scenario, it could even mean that you'll fail the course.

For example, you think you might have a crack at studying Engineering after high school because you really enjoy building things. But you absolutely hate studying Maths, so you choose the easiest options on your subject selection. You get accepted onto a Bachelor of Engineering degree – yay! However, when the lectures start the course, they assume that you have studied Advanced or Extension Maths (the harder units as well, of course).

## Course Foundational or Assumed Knowledge

If a degree has a prerequisite subject, studying that subject at school means you'll be well equipped with the essential foundational knowledge to begin building on during your degree studies.

The subject which provides the assumed knowledge in Year 11 and 12 will be extended on, and it's safe to assume the subject will form a core component of the degree.

In other words, if you needed to study it in Year 11 and 12, then you can expect to be doing a whole lot more of it at uni.

#### Course Core Knowledge and the Future

If a subject, such as Maths, forms a core component of a degree, then you should assume it will also be a core component of any career which follows on from the degree.

If you studied it at university, then you can expect that you'll need to draw upon and extend that knowledge again in any career related to that degree.

So, it's important to understand that if you are seriously considering choosing a subject solely because it is a prerequisite for your preferred degree, but you don't enjoy it and aren't interested in it; then you could find yourself in a job you don't enjoy and aren't interested in.

## Remember, entry requirements can change

Universities can change their entry requirements at any time. However, they usually stagger or delay big changes specifically to avoid affecting any students who have already selected their senior school subjects.

It's still important to be aware that just because you choose subjects that you believe will be enough in Year 10, there is no guarantee they will still apply 2 or 3 years down the track.

Which comes back to choosing courses in Year 10 that give you the most options and flexibility down the track.

#### Don't stress out

Remember that at 14 or 15 years old, it's absolutely OK if you don't know what you want to study at uni, let alone which career you'd like go on to do later in life. In fact, studies have shown that 45% of your age group don't have a clear career aspiration, so it's actually completely normal.

Follow the tips at the start of this blog and you'll be doing the best to give yourself more time to make long term decisions that will come into play once school is finished.

Just remember, unless you are really certain about what you want to do after high school, the aim of your Subject Selections should be to allow you to build post high school pathways that gives you options and plays to your strengths.

# Need more help?

Keep your eye out for our Subject Selection Handbook, which will be coming soon and could help you to work through the process more easily.

#### From The Field Podcast

From The Field is a podcast series that takes you inside the Australian cotton industry.

Cotton Australia talks to a wide variety of people working in the industry, giving you an insight into what it's like living in a cotton community, the role of women in the industry, mental health in farming communities, the effects of climate change, and more.

Listen here: <a href="https://cottonaustralia.com.au/campaign/from-the-field-podcast">https://cottonaustralia.com.au/campaign/from-the-field-podcast</a>

## 13YARN - National Support Line for Aboriginal and Torres Strait Islander People

Lifeline Australia has launched the first national support line for Aboriginal and Torres Strait Islander people in crisis called 13YARN.

The 24/7 phone line will give First Nations communities access to culturally responsive and safe support for social and emotional wellbeing when and where they need it.

If you, or someone you know, are feeling worried or no good, connect with 13YARN on 13 92 76 (24 hours/7 days) and talk with an Aboriginal or Torres Strait Islander Crisis Supporter.

Find out more here: https://www.13yarn.org.au/

# Parents Mastering Careers Conversations

Parents are the key influencers when it comes to their child's post school decisions, yet 80% feel they don't have enough information to have the conversation.

Parents Mastering Careers Conversations helps bridge that gap in knowledge. It's a presentation with four short and sharp topics on your teen's future careers, skills needed, their future of work and impactful conversations. For \$69.99 it's a worthwhile investment.

Find out more: https://app.mastermind.com/masterminds/26890

# Volunteering - Where Can I Start?

If you've been thinking about volunteering, that's great! There are heaps of places out there that are always looking for keen helpers, and many of them welcome volunteers from ages 16+.

Before we get into some places where you might like to volunteer, let's have a quick look at the benefits of volunteering.

#### What's in it for you?

Well you won't get rich financially – but you'll get rich in many other ways:

- Experience
- Learning new skills
- Reduce your own stress
- Combat depression
- Mentally and/or physically stimulating
- Provides a sense of purpose
- Helps other people
- Makes you feel better about yourself
- Great for your resume
- Benefit your community
- Make new friends
- Network
- Challenging
- Fun

Whatever your motivation for volunteering and no matter what your interests are, there will be a way you can get involved with something that matters to you, and that will also make a positive difference to you.

## Skills you could gain or improve on

Include but not limited to:

- Industry-related skills
- The ability to work in a team
- Leadership
- Problem solving and adaptability
- Communicating with clients and stakeholders
- The ability to plan and prioritise work
- Sales skills
- Time management
- Report writing
- Improved interpersonal skills.

## Not sure where to start?

Here are some ideas for places to volunteer your time:

<u>Miracle Babies</u> – Make a difference in a little baby's life by making them a little blanket or beanie. Contact your local hospital or an organisation like Miracle Babies to find out if you can help. <u>Clean Up Australia</u> – Volunteer to participate in Clean Up Australia or other Clean Up projects. <u>Landcare</u> – Find a Landcare group in your area and get involved in tree-planting and other ways of looking after the land.

<u>Daffodil Day</u> – One way you can show you care about beating cancer this Daffodil Day is to volunteer your time to help sell Cancer Council's merchandise.

<u>Conservation Volunteers</u> – Conservation Volunteers welcomes people with a love of the outdoors and interest in the environment to get involved. Volunteers include students, professionals, international visitors and retirees. Almost anybody can get involved. You do not need any prior skills or experience, just a reasonable level of health and fitness.

<u>Letterbox Project</u> – This project aims to connect thousands of older Australians who have been excluded from their usual social networks.

## You've got nothing to lose

With so many choices and with so many benefits, why wouldn't you consider giving volunteering a go? If you don't enjoy it then you can always try something else (once your commitment is complete), and you never know where it could lead you.

# **Job Spotlight**

# How to become a Flight Attendant

Flight Attendants are the people responsible for passengers' comfort and safety while onboard an aircraft. This can be a physically demanding job with a wide variety of responsibilities and tasks, from serving food and drink to providing first aid.

If you have great people skills and want a career that can take you all over the world, you might like to consider becoming a Flight Attendant.

#### About you:

- Excellent communicator
- Neat and presentable
- Can remain calm in pressure situations
- Organised and efficient
- Adaptable and flexible
- Polite and helpful
- Can work in teams and independently
- Reliable and trustworthy

# The job:

- Preparing aircraft for passengers to board
- Checking tickets and directing passengers to their seats
- Performing safety demonstrations and checks
- Serving food and drink mid-flight
- Assisting passengers with special needs
- Helping passengers stow luggage
- Dealing with security issues and keeping passengers calm
- Performing emergency first aid if necessary

#### Lifestyle Impact: Moderate

- Part Time opportunities: High around 49% of Flight Attendants work part-time (source: gov.au).
- Average hours for full-time workers: 41 hours a week, which is around average (source: labourmarketinsights.gov.au).
- Flight Attendants' salary (average) \$55,000\* per year (source: seek.com.au). \*Salaries vary depending on your skills and experience.

- Future career growth: Very strong (source: labourmarketinsights.gov.au).
- You will be doing most of your work onboard aircraft, and spending a fair amount of time on your feet.
- You will most likely need to work on weekends and holidays, as this is when many people travel, as well as late nights and early mornings. You will also need to be prepared to spend some time away from home.

# Flight Attendants are most in demand in these locations:

This is a small occupation, with around 8,400 people working as Flight Attendants in Australia in 2021 (source: labourmarketinsights.gov.au). Demand for Flight Attendants is highest in New South Wales and Queensland. Most Flight Attendants work in the Transport, Postal and Warehousing industry.

## How to become a Flight Attendant in Australia

Although there is no formal qualification for becoming a Flight Attendant in Australia, you will need to meet certain requirements and undergo on-the-job training.

Step 1 – Complete Year 12 with a strong focus on English and Maths.

Step 2 – Obtain a Responsible Service of Alcohol and First Aid Certificate.

Step 3 – You may also need to meet other standards, such as physical fitness requirements, height requirements, and fluency in other languages.

Step 4 – Apply for Flight Attendant roles and once through the recruitment phase, undergo full training.

Step 5 – Start working as a fully qualified Flight Attendant.

Find out more here -

https://faaa.net/

http://travelcareerscouncil.com.au/

http://www.tourism.australia.com/en

## Similar Careers to Flight Attendant

Pilot

Tour Guide

Air Traffic Controller

Travel Agent

**Bus Driver** 

Train Driver

Hotel Manager

Find out more about alternative careers.

## Frequently Asked Questions (FAQs)

## What do Flight Attendants do?

Flight Attendants, also known as Cabin Crew, provide services for the safety and comfort of passengers aboard an aircraft, both on the ground and in the air.

# Which industries employ Flight Attendants?

Flight Attendants are mostly employed in the Transport, Postal and Warehousing industry.

## What options are there for career progression?

You might start working on short local flights, before eventually working in bigger planes and travelling interstate, and even internationally.

#### Do I need to go to university to become a Flight Attendant?

No, you don't need to go to university to work as a Flight Attendant. However, you will need to meet other requirements and do some job-specific training.

# Where do Flight Attendants work?

Demand for Flight Attendants is highest in New South Wales and Queensland, but this is a job that could take you almost anywhere in the world.

# What are 3 things I can do right now to help me become a Flight Attendant?

If you're in high school and you'd like to find out if a career as a Flight Attendant is right for you, here's a few things you could do right now:

- 1. Get a head-start on your qualifications and obtain your RSA and First Aid before you leave high school (note you may need to be 18 to undertake this training).
- 2. See if you can find work experience or get casual work to start building on important skills that you'll need for the job.
- 3. Talk to a Flight Attendant to see what a day in their life is like. If you don't know anyone, see if you can watch videos or documentaries about a career in aviation or tourism.

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