

Little Speakers Program (LSP) Prep – Grade 4

What is the LSP?



The LSP is a program where we focus on the fun aspects of public speaking and instill children with confidence when it comes to speaking publicly.

The LSP has been specifically designed as a lead-in program to help prepare children for more formal public speaking training from grades five onwards when they do our more structured public speaking courses (Confident Communication and Leadership Program (CCLP) and Advanced CCLP).

Our intention is to guide children and help them to realise that public speaking doesn't have to be a frightening or traumatic experience! In fact, it can be quite good fun to be out in front of people and deliver an engaging speech.

We aim to help children deal with any nervousness early on and teach them how to use these feelings to their advantage. Some of the things that we focus on are:

- How to communicate using body language, facial expressions and gestures when delivering a speech.
- How our posture can affect our confidence, therefore children are taught how to stand and walk with confidence when presenting.



- How our facial expressions affect our voice.
- How our voice sounds. How to organise your thoughts to deliver an engaging speech.
- How to communicate more effectively at home.
- Learn how interpretive reading skills along with reading out other literary works, such as 'Dr Seuss, Green Eggs and Ham'.
- How to create oral rhyming stories to any single topic, i.e. donkey, cat, snake, house, zebra, mouse, etc. which encourages creative thought.
- Learn how to think on their feet and answer questions posed, such as, "If you could have any superpower what would it be and why?" or "If you could make three changes in the world, what would they be and why?"
- Confidently use a microphone when delivering a speech.



They are given various roles in each session to begin the process of learning leadership skills:

- **Helpers** - Assist in handing out the role badges, taking roll call, collecting badges and setting up of the room.
- **Filler Word Counters** - Do exactly what the title suggests. He/She counts how many times each person says, "like," "um," "er," "ah," "like," "sort of," "kind of," and "you know," including any other expressions which make listening boring and don't add anything meaningful. The children have fun marking them down, catching themselves using filler words as they do it. Again, eliciting lots of laughter as they become self-aware of their habits.

- **Listeners** - Since listening is a vital component of communication, the Listener's role is to test the audience by asking questions- by themselves paying attention throughout the meeting making notes of what they thought was important and writing them down. The Listener will then direct those questions to the audience and select someone to answer.
- **Mentors** - Students who have been in the program for at least one term assist other new participants in learning the ropes of the leadership roles listed above. They will also answer other questions that their Mentee might ask. This encourages the Mentor to learn how to pass on information that they learn orally.

In the LSP, children begin learning the process of understanding how to give and receive constructive criticism using the P.I.P. method (Praise/Improve/Praise).

They also start to learn how to critically listen and think in public speaking.

Feedback and Testimonials

The feedback from teachers and parents is very positive with a distinct rise in confidence of children in the class who currently attend our various programs when delivering presentations during school hours.

Contact Us

Contact us on
samantha_richards@buildingvoices.com.au,
or Samantha Richards on 0409 110 169 to
find out more.

Our aim for all the children—on a long-term basis—is to promote the art of public speaking (which is the number one fear amongst many people) and help them to understand how they communicate from Prep to Grade 4.

Our children are more likely to develop self-awareness which, during their learning encourages confidence. Confidence, in turn, improves self-esteem, and healthy self-esteem helps to promote good mental health and learning how to public speak supports all of this. I know that as a parent, all I want is for my children to be happy, healthy, confident, and well-adjusted, and learning how to speak publicly encourages all of this.



Moreover, many of the kids tell us that they feel more confident since being shown how to present with self-assurance, not only when delivering a speech, but in everyday life.

If you would like to see our testimonials go to our website:

<http://www.buildingvoices.com.au/>.

Alternatively, you can go to
<https://www.facebook.com/buildingvoices/>
or
<https://www.instagram.com/building.voices>
to see the children in action and send us an
inbox.