



GREATER SHEPPARTON
Lighthouse Project

CAPEABILITIES

AFTER SCHOOL SPORTS PROGRAM



CAPEABILITIES

SPORTS FOR EVERYONE

Do you know someone who loves sport that needs extra help to play?
(intellectual or physical disability)



Term 1, 2023

Every Tuesday from February 14th from
3.45 - 5.30PM
Parent / Carer supervision is required.



Multi-purpose Room Shepparton Stadium

120 Nurmurkah
Road Shepparton



Free

Healthy snacks and
drink provided.

SPORTS MAY INCLUDE

**Basketball
Tennis
Football
Soccer
and more...**

AGES 8-12

REGISTER NOW:

0417 011 695

bsenini@gslp.com.au

Register your interest by 3rd February 2023 Places are limited

T-shirt Size

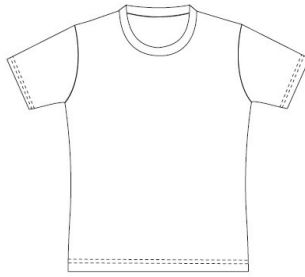


CAPEABILITIES

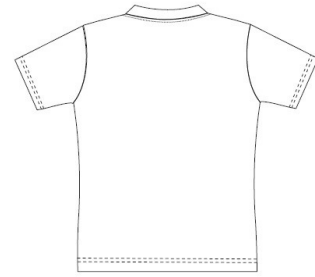
SPORTS FOR EVERYONE

Youth sizing

PATTERN NO: CP128- YOUTH'S T SHIRT



Front



Back

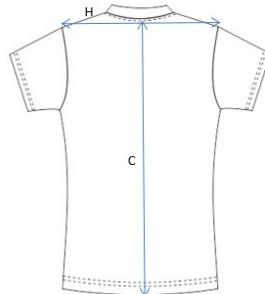
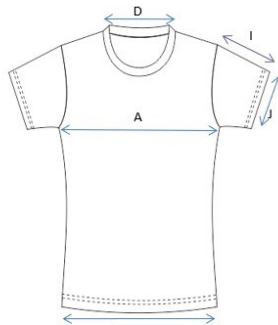
*FILL YOU ARTWORK INTO THE TEMPLATE.

Mea.(cm)	Size available								
	2	3	4	6	8	10	12	14	16
CHEST CIRCUMFERENCE	74	76	78	82	86	90	94	100	106
LENGTH FROM HPS	44	46	48	52	55	59	63	67	72

Women's sizing

STYLE NO:	CP127-4
STYLE DESCRIPTION:	WOMEN'S T SHIRT
DATE OF PUBLISHING:	6/03/2019

POSITION	CODE	ADULT_SIZING (CM)											
		XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL	7XL	
1/2 CHEST	A	50	52.5	55	57.5	60	62.5	65	67.5	70	72.5	75	
1/2 HEM	B	50	52.5	55	57.5	60	62.5	65	67.5	70	72.5	75	
CENTRAL BACK LENGTH	C	71	72	73	74	75	76	77	79	81	83	85	
NECK WIDTH (SEAM TO SEAM)	D	18.5	19	19.5	20	20.5	21	21.5	22	22.5	23	23.5	
SHOULDER ACROSS(SEAM TO SEAM)	H	42	44	46	48	50	52	54	56	58	60	62	
SLEEVES LENGTH	I	23	24	25	26	27	28	29	30	31	32	33	
SLEEVE OPENING	J	34	36	38	40	42	44	46	48	50	52	54	



Mens sizing

**VERY IMPORTANT! PLEASE DOUBLE CHECK!
BODY MEASUREMENTS IS NOT APPAREL MEASUREMENTS!!
FACTOYR WON'T TAKE ANY RESPONSIBILITY IF YOU CHOOSE SIZE BY MISTAKE!!!**

STYLE NO:	CP127
STYLE DESCRIPTION:	MEN'S T SHIRT
DATE OF PUBLISHING:	15-03-2014

POSITION	CODE	ADULT_SIZING (CM)													
		2XS	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL	7XL		
1/2 CHEST	A	50	52.5	55	57.5	60	62.5	65	67.5	70	72.5	75	77.5		
1/2 HEM	B	50	52.5	55	57.5	60	62.5	65	67.5	70	72.5	75	77.5		
CENTRAL BACK LENGTH	C	71	72	73	74	75	76	77	79	81	83	85	87		
NECK WIDTH (SEAM TO SEAM)	D	18.5	19	19.5	20	20.5	21	21.5	22	22.5	23	23.5	24		
SHOULDER ACROSS(SEAM TO SEAM)	H	42	44	46	48	50	52	54	56	58	60	62	64		
SLEEVES LENGTH	I	23	24	25	26	27	28	29	30	31	32	33	34		
SLEEVE OPENING	J	34	36	38	40	42	44	46	48	50	52	54	56		

