



Careers Newsletter

5 August 2020

Disclaimer – all information is printed in good faith

It is the responsibility of the student to confirm all details with the appropriate institution.

To contact Ms Janes please call 9414 4377 or email djanes@stpiusx.nsw.edu.au

JobJump - Parents and students please watch YouTube video and sign up

Sign up to JobJump for information about tertiary study options, ATAR's and apprenticeship and TAFE information. Create a resume, sign up for news alerts.

To register go to <https://www.jobjump.com.au/>

Search school – St Pius X Chatswood

Register with an email address (use a private address, not spx)

Password – pius (lower case)

Parent information: <https://www.youtube.com/watch?v=fZoyckJwvVg&feature=youtu.be>

[Flight Centre Travel Academy | Your Virtual Open Day](#)

Until 31 December 2020, 8:00 pm

Australia

Our virtual Open Day has been designed to give you all of the information you need to get started on your study journey with us. At these sessions, you can find out more detail about our courses and meet with our facilitation team. These sessions will be tailored to your needs and your schedule, choose a time and date that suits you.

Find out more: <https://www.fctravelacademy.com/open-days>

[ACU | ACU Guarantee Q&A](#)

4 August 2020, 12:00 pm - 1:00 pm

Online

Join us to hear more about our exciting new early entry program, ACU Guarantee. You will hear from our Admissions team directly about the program, application process and key dates.

This early entry program considers entry based on your Year 11 results and can include optional statements to qualify for up to 10 additional adjustment factors.

Find out more: <http://events.acu.edu.au/events/acu-guarantee-q-a/event-summary-a9dadfc40e084aa3b94317c621ca984a.aspx>

[UAC | Ask Anything Live](#)

5 August 2020, 6:00 pm

Online

Year 12 students, teachers and parents, tune in to UAC's Facebook and Instagram live! You don't need to register, just visit UAC's Facebook or Instagram page at 6.00pm on Wednesday 5 August.

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UAC will be answering your questions about EAS, Equity Scholarships, SRS and University entry for 2021.

Find out more: <https://www.facebook.com/uacinfo/posts/3226000050787062>

WEP | Student Exchange Online Info Session

6 August 2020, 6:00 pm

Online

What are your goals?

Imagine making friends from all over the world, learning about yourself and the world around you and seeing sights you could only dream of!

Find out more about your high school student exchange options at WEP's info session.

Find out more: https://zoom.us/webinar/register/WN_5Cu-k1GITFa80PKvRjUrOw

Patrick Careers Academy | Open Day

15 August 2020, 10:00 am - 2:00 pm

Patrick Careers Academy, Sydney

Consider a career in business administration or social media marketing with a job-ready diploma.

Come along for a campus tour, meet our current students and lecturers, set-up an interview for our scholarship/early entry scheme, and learn about our 97 years of experience in finding students a job by the time they graduate.

Find out more: <https://www.pca.edu.au/studying-at-pca/pca-open-day/>

The Hotel School | Virtual Open Days

18 August 2020, 10:00 am - 20 August 2020, 5:00 pm

Online

We are excited to announce the launch of The Hotel School Virtual Open Days, live on 18-20 August 2020.

Register now to explore university qualifications at The Hotel School in business, hotel management and hospitality plus:

- Get access to on-demand webinars
- Explore our virtual campus tours
- Learn about student life and learning experiences
- Meet our industry alumni
- Learn about early entry and scholarship applications
- Live Q&A

Find out more: <https://www.eventbrite.com.au/e/the-hotel-school-virtual-open-days-tickets-114380212294>

CQUni | Online Chat Session

20 August 2020, 3:00 pm - 6:00 pm

Online

Thinking about starting a TAFE or university qualification in 2021? If you're considering CQUniversity, you probably have a few questions.

If you still have questions after attending our Virtual Open Day or maybe you couldn't make it, then register to join our Online Chat Session. All you need to do is head over to our CQUniversity

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Facebook page and send us a message during the session and you'll receive real-time answers to all your questions.

Our staff will be able to help answer any questions you may have about your course of interest, student support services, or anything else to do with studying with us.

Find out more: <https://www.cqu.edu.au/events/event-items/information-session/online-chat-session47>

UTS | Virtual Open Week

31 August 2020, 9:00 am - 5 September 2020, 5:00 pm

Online

Join us for our virtual event and explore your course and career options from the comfort of your own home.

With 200+ info sessions, virtual tours and digital workshops on offer, it's your chance to get your uni questions answered.

What's on at Open Week?

- Attend an info session on your course area of interest.
- Learn about admission schemes, pathways and the student experience in a 1-1 live chat with our team.
- Discover campus and social life at UTS and explore our entrepreneurship, global leadership opportunities and more.
- Listen to one of our student experience podcasts to get you ready for your journey to university.

Find out more: <https://openweek.uts.edu.au/>

UOS | Online Open Night

9 September 2020, 5:00 pm - 10 September 2020, 9:00 pm

Online

Get course advice, chat to current students and attend a range of webinars at one of our Online Open Nights. Choose from either of our convenient weeknight sessions and learn about the University of Sydney from home.

Find out more: <https://www.sydney.edu.au/study/events-for-prospective-students/undergraduate/register-your-interest-in-open-night.html>

UON | Open Week Online

14 September 2020, 9:00 am - 18 September 2020, 5:00 pm

Online

While the current COVID-19 restrictions mean we're unable to welcome you to campus just yet, we can't wait to 'see' you all virtually, for our Open Week Online.

Throughout our week-long virtual event, you'll have access to over 40 degree webinars, live information webinars including sessions with our admissions, pathways and scholarships teams, live tours and loads more.

Find out more: <https://www.newcastle.edu.au/study/open-day>

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Sydney Design School | Open Day

26 September 2020, 10:00 am - 12:00 pm

Sydney Design School, St Leonards

Twice a year we open our studios for a morning of creative exploration. Our Director Amanda Grace will take you through our flexible course options and give you a comprehensive introduction to our School community. Meet our Careers Coach, tour our campus and explore our inspiring student work.

Find out more: <https://sydneydesignschool.com.au/information-sessions/>

CSU | Virtual Open Day

26 September 2020, 12:00 pm - 4:00 pm

Online

It's one thing to hear about what going to uni is like – but it's completely different to experience it for yourself. That's where our virtual Open Day comes in.

We've got lots of interactive experiences for you to explore what's possible at Charles Sturt. From undergraduate course sessions and scholarships info, to video tours of our campuses, facilities and accommodation options – you'll get all the info you need, all from the comfort of your home.

Find out more: <https://study.csu.edu.au/life/events/open-day>

Western Sydney U Day

20 November 2020, 9:00 am - 3:00 pm

Western Sydney University, Campbelltown Campus

Western Sydney U Day provides the opportunity for Year 10 and 11 high school students to experience a day on a Western Sydney University campus.

The event will allow high school students to speak with current University students and academic staff, experience the range of courses available at Western Sydney University through interactive workshops and presentations, learn about scholarships, The Academy, pathway programs and further opportunities to pursue their aspirations.

Find out more: <https://www.westernsydney.edu.au/future/student-life/events/western-sydney-u-day.html>

School of The New York Times Summer Academy Online

Summer Academy Online gives intellectually curious high school students the opportunity to pursue their passions and study with experts in the fields of journalism, media, politics, technology, arts, culture, sports, business, fashion and more.

The online program brings this unique academic experience directly to you, wherever you are in the world. Each two-week course draws on the expertise and unrivalled access of The New York Times

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and encourages students to think critically and creatively while exploring their passions and building skills for life.

Highlights will include live video instruction from world-class faculty, a line-up of exciting guest speakers and virtual site visits.

Find out more about the program and enrol here: <https://nytedu.com/pre-college/summer-academy/online/>

Vision Australia Further Education Bursary

Value: N/A

Open/Closing Dates: July 1, 2020 – September 30, 2020

Each year, Vision Australia awards Further Education Bursaries to a select number of students who are blind or have low vision.

The bursaries provide adaptive technology to help the students fully participate and succeed in their chosen studies. Assistive technology can eliminate barriers to education and enhance access to information. It enables students to read course material, conduct research and improve their student life.

Applicants must:

- Be or become, a client of Vision Australia
- Have a current (within the last 12 months) eye report on file with Vision Australia
- Be an Australian citizen or permanent resident
- Be living or moving to Australia
- Be enrolling to study at an institution in Australia
- Be enrolling to study in at least Certificate IV or higher accredited courses including undergraduate and postgraduate degrees (not a Foundation or Enabling course) at the start of the year or be already enrolled in such a course (preference may be given to those in the early stages of a course). The course must have a minimum 12 months remaining from January 2021 for those already enrolled
- Be willing to be involved in publicity events and provide feedback and updated on their academic progress

[Find out more](#)

2021 Pinnacle Foundation Scholarships

Value: \$5,000

Open/Closing Dates: July 1, 2020 – September 15, 2020

The Pinnacle Foundation provides Scholarships for LGBTIQ+ students between the ages of 17-26, who are planning to study full-time education at a public or private secondary school (final year) or public institution of higher education in Australia, for the purpose of gaining an educational or vocational qualification in any profession, trade or the arts.

To be eligible for consideration for a Pinnacle Foundation Scholarship, you must meet every one of the following eligibility criteria:

- Australian citizen or permanent resident (proof required during application stage)
- At least 17 years of age, and younger than 27 years of age, on the day of closure of applications (15 September)
- Identify as a member of the LGBTIQ+ community
- Have achieved good or reasonable scholastic results given your circumstances
- Will be undertaking full-time studies.

[Find out more](#)

ACU Thomas More Law School Academic Excellence Scholarship

Value: \$20,000

Open/Closing Dates: August 28, 2020 – February 28, 2021

Initiated in 2012, the Thomas More Law School Academic Excellence Scholarship reflects ACU's commitment to academic excellence in the undergraduate law program.

This scholarship is open to applicants who meet all the following criteria by the application close date:

- Citizenship: domestic
- Faculty: Law and Business
- Course: any ACU undergraduate Law degree
- Campus: North Sydney, Strathfield or Melbourne
- Year level: First year
- Applied through VTAC or UAC for an undergraduate Law course
- Students are only eligible to receive the Scholarship once during their studies at ACU

[Find out more](#)

ACU George Alexander Foundation Scholarships (NSW)

Value: \$22,500

Open/Closing Dates: August 28, 2020 – February 28, 2021

Established in 2007 by the George Alexander Foundation (GAF), founded by the late industrialist and philanthropist George Alexander AM, for the purpose of assisting outstanding students especially those demonstrating exceptional leadership potential and community participation, to achieve their undergraduate educational goals successfully.

Eligibility:

- Citizenship: Domestic students
- Faculty: Any
- Course: Any ACU undergraduate degree
- Campus: North Sydney or Strathfield
- Year level: First year
- Minimum ATAR: attained a minimum ATAR ranking of 75 or equivalent (non-recent school leavers are welcome to apply but must display evidence of academic merit/equivalent industry experience)

[Find out more](#)

ACU Ramsay Scholarship

Value: \$90,000

Open/Closing Dates: July 1, 2020 – December 31, 2020

Established in 2020, this scholarship supports commencing students enrolling full-time in the Bachelor of Arts (Western Civilisation) at the North Sydney campus.

This scholarship is open to applicants who will be commencing their course and who meet all the following criteria:

- Citizenship: Australian citizen, permanent resident or holder of a permanent humanitarian visa
- Course: Bachelor of Arts (Western Civilisation)
- Campus: North Sydney
- Study load: full-time
- Year Level: commencing first year
- Academic ability as ordinarily demonstrated by projected minimum section rank of 92 based on ATAR and adjustment factors
- Highest qualification:
 - completed year 12 last year; or
 - due to complete year 12 this year.
 - must not have previously commenced study at a Bachelor level or higher

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[Find out more](#)

[AbSec's Tomorrow's Generation Competition](#)

We've seen the wonderful paintings, drawings and artworks, but we know Aboriginal kids and young people have multiple talents!

In line with this year's Children's Day theme: *We are the elders of tomorrow, hear our voice*, we want to hear from all our gifted Aboriginal children and young people about something that has been passed down from a community elder, that has had a significant impact.

Your entry should explain what it is that has been passed down, whether it is special knowledge of culture or a unique dance, anything goes! We want to hear your voices so we encourage you to be as creative as possible.

Kids can submit either a:

- Video entry (examples: a monologue, song/rap or dance, interview); OR
- Written entry (examples: story, poem)

AbSec's Tomorrow's Generation Competition will end on **Sunday 9 August 2020**. There will be ten \$100 gift cards awarded to the finest entries.

Find out more and enter here: <https://absec.org.au/tomorrows-generation-childrens-competition.html>

[Palliative Care Australia Art Competition](#)

Get your paintbrush, sculpting clay, or camera ready because Palliative Care Australia's (PCA) annual art competition is back again. PCA's art competition aims to raise awareness in the community about palliative care, end-of-life care, death and bereavement.

This year's theme "*Palliative Care... It's more than you think!*" aims to challenge common misconceptions about palliative care. Artists are encouraged to think beyond the care provided at the very end of life, and instead focus on how palliative care can improve quality of life, helping people participate in activities that are important to them, and creating opportunities for love, laughter, creativity, and fulfilment.

Entries are open until Tuesday 15 September.

Find out more and enter here: <https://dyingtotalk.org.au/art/>

[#balletbeatdrop TikTok Challenge](#)

Whether you point, plié, pop, lock, shimmy or shake – share your moves!

#balletbeatdrop is all about creativity, impact, execution – and of course fun! We're looking for all styles from ballet to hip hop and everything in between.

To be in the running to win \$5,000, all you need to do is post a video of your dance moves on TikTok with the hashtag #balletbeatdrop.

The competition closes on Monday 17 August.

Find out more: <https://balletbeatdrop.com.au/>

Careers & Jobs

When Can I Start Work?

A big part of growing up is starting work. It can be great to have some extra money for yourself, feel more independent, as well as learning the skills you'll need in the workforce for the rest of your life.

But before you get too keen, there are some things you need to know before you rush out and start applying.

What age can I start working?

The minimum age for starting work is different depending on the state or territory you live in. Take a look at the information we've gathered below.

New South Wales

There are no minimum age restrictions to start work in New South Wales. However, if you are under 15 there may be some restrictions on the type of work you can do and how many hours you can work.

What other restrictions are there?

There are also restrictions other than age to consider when starting work. These include how many hours per day or week you are allowed to work, when you are allowed to work, and if you are allowed to leave school to work.

New South Wales

In New South Wales, you aren't allowed to work during school hours. You can't work more than one shift a day, and for more than 5 days in a row. You can't work later than 9.00pm if you have school the next day. You must not work and attend school for more than 50 hours a week combined.

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You will need to stay in school until you finish Year 10. After this you can either stay in school, work full-time, or undertake a combination of education and training.

Where can I find more information?

If you want to know more about starting work, there are plenty of handy resources out there you can check out. You can find them all on the Fair Work Ombudsman's website here:

<https://www.fairwork.gov.au/find-help-for/young-workers-and-students/what-age-can-i-start-work>

Keen to learn more about careers? Check out the [Careers page on Study Work Grow](#) for info about your dream career area, jobs available now, and more.

[How to start a business in the middle of a pandemic](#)

Ok, this might sound a little crazy, but hear me out.

Jobs aren't necessarily in plentiful supply right now, especially in entry-level roles. There are [some areas where jobs are increasing](#), but by and large there are [more people looking for jobs](#) than there are jobs going around.

So your options are to a. give up (not good) b. look for work elsewhere (pickers and packers or home delivery are in high demand), or c. start your own gig.

If you've ever thought about trying to start your own business, now could be the time.

It could start off as a side gig – something you do when you're not studying or in the time you would normally be working. Down the track, you could find it becomes something bigger, morphs into another business idea, or gets put to one side when you find a job.

Starting a business may seem daunting, but don't let that put you off – it's actually not as difficult as it seems. Plus, if these [girls can make \\$20mil a year off bath bombs](#), anything is possible.

Start with an idea

All good businesses start with an idea. It can either be a new product or service, or a new way to sell a product or service that already exists.

A **new** product or service would be something like an idea for the next big thing – like Uber was to the taxi industry.

A new **way to sell** something that already exists would be more like you starting your own local ride sharing business with your friends to ferry kids from your school into town and back on the weekend.

In order to make some money from your idea, it needs to **solve a problem**.

For example, right now, people need masks and they're hard to find, so solve their problem and start making reusable masks. Or, if there are no buses in your area your local business could solve the problem of bored teens and parents who are sick of driving.

Don't just copy someone else's idea

You'll make life harder for yourself, with instant competition from the moment you start operations. You can always put your own spin on someone else's idea – if there's a Year 12 student down the road offering maths tutoring then maybe you could offer tutoring for science or geography instead?

If you really want to do the same thing as someone else then be prepared to work hard and step on some toes.

How is your business going to make money?

This is important – you need to know if your business is **viable**. This means the product or service you will be offering will return more than you invest to offer it.

Sounds simple, right, but lots of people come unstuck because they forget that the business needs to be profitable to work.

For example, if you're selling bath bombs then how much will each bath bomb cost you in raw materials?

If all the ingredients for 12 bath bombs cost \$18, then each bath bomb costs you \$1.50.

Packaging could cost you an additional 70c per bomb.

You've also got to take into account the amount you pay in advertising, for your website hosting each month, any fees you pay to be a stall-holder, any special equipment or moulds you need for the bombs... the list goes on.

If you work out that the total cost of each bomb is \$2.80, then you need to charge at least that much to make any money. If you charge \$3 per bath bomb then you're making 20c each, which is not a very large margin. If it takes you an hour to make 20 then you could potentially make \$4 per hour, not counting the time it takes you to sell them.

But, if you were able to sell the same bath bombs for \$5 each, you'd be making \$44 per hour. If you sell 100 bath bombs per week you'd be making around \$220 for 5 hours work.

Which is not bad.

Once you have your idea the very next thing you need to do is work out exactly how much your product or service is going to cost you to produce, and what you are likely to make. If other people in your area are doing similar things then you can look to what they charge as a good place to start.

This is the only time I will ever tell you to be pessimistic, but you need to take a worst-case scenario to assess viability. If you think your idea can make you a decent income even in the worst case scenario then you are on the right track.

Set up the official stuff

Before you can start trading in Australia you need to get a TFN (tax file number) and an ABN (Australian business number). If you're 13 or older you can do the paperwork yourself.

[Apply for a TFN](#) here, and once you have your TFN you can [apply for an ABN](#) here.

If you are working by yourself, and are operating your business using your own name then you don't need to register a business name (this makes you a 'sole trader'), but if you want to operate under a proper business name then you'll need to register it as well. You can do this at the same time as you apply for an ABN.

There are some rules and restrictions around when you can work and how long you can work for, [check them out here](#).

You'll also need to [keep track of your payments and invoices](#) so you have all the details you need at tax time.

You'll find a free step-by-step [guide to setting up the legal and tax aspects](#) of your business here.

Will you be operating online?

Creating an online presence for your business can make a world of difference. There are loads of ways to promote your business and connect with customers without having to fork out for Google or Facebook ads, and if you're planning on selling products or taking bookings you can create a website with ecommerce built in.

There are loads of website builders you can use if you're not into coding your own, and many of them will handle the payments securely on your behalf. They'll walk you through the process of collecting and tracking payments, and can even help with things like shipping and the inevitable refunds.

Some of the more popular ones are [Weebly](#), [Squarespace](#), and [GoDaddy](#).

Work out how you'll connect with customers

Unfortunately, we're still in a pandemic, so you need a plan to keep your customers safe, and a contingency plan for if restrictions are tightened in your area.

Consider things you can do to make your customers feel more comfortable about working with you. For example, if you're selling masks you could state that you follow COVID best practices and sanitise each mask before packaging it. You could offer to post or deliver items, or offer contactless pick-up.

If you're offering a service such as tutoring and can offer it online (e.g. via zoom) then do so for now.

Safe Work Australia have put together a [COVID-19 Resource Kit](#) to help you stay safe.

Start making money

Once you've tested your idea and set up the official stuff, it's time to start earning your own income.

The key thing is to get your message out there.

Tell people you've gone into business for yourself, and that you can help them solve their problem. How you spread the message is up to you, and start with the methods you feel most comfortable with:

- Share your business on social media
- Put up flyers at your local shops (most grocery stores still have old-school message boards you can post on for free)
- Hold a stall at the local markets if they're still on
- Drop flyers into letterboxes in your target areas
- Post into local resident groups on social media
- Let your local newspaper or news outlet know what you're up to in case they want a good news story

If you're looking for more ideas on how to market your business check out [HubSpot's Guide here](#), [Quicksprout have some tips](#), and some [government organisations also offer free advice](#) (just check it's up to date as things change all the time online).

Some businesses take off quickly, but if yours doesn't, don't panic

Just reassess how you're getting your message out there and listen to any feedback.

Writing a Business Plan is a great first step for anyone (young or old) who wants to start making money for themselves. It helps you stay in control of your business and keeps you on track to meet your goals. Business.gov.au have a [free Business Plan Template](#) and some tips to help you put it together.

There are hundreds of local groups (like [this one from Adelaide](#), or [this one from Cairns](#)) all across Australia who help young entrepreneurs get their business up and running – they can offer you everything from business advice and mentoring, through to free workshops and help applying for funding.

Next week, we'll be looking at some ways you could make money even during the pandemic and give you some options you can try even while you're working from home.

In-demand roles for 3 August 2020

This week, there was strong growth for roles in Real Estate and Property.

These jobs can include roles such as real estate agents, auctioneers, property managers, and more. Most of these jobs require qualifications to get into. If you are interested in a career in real estate, you can check out the [Job Spotlight we wrote](#).

Here are the top in-demand roles by location:

NSW – [Trades Assistant](#) (458 jobs)

VIC – [Aged Care](#) (1,925 jobs)

QLD – [Pharmacy Assistant](#) (122 jobs)

ACT – [Graphic Designer](#) (202 jobs)

WA – [Service Advisor](#) (409 jobs)

SA – [Gardeners](#) (72 jobs)

TAS – [General Manager](#) (76 jobs)

NT – [Recruitment Consultant](#) (45 jobs)

Source: [Seek Australia](#)

Further Learning

New Bachelor of Climate Science and Adaptation at UON

Do you have a passion for science and the environment? The University of Newcastle is offering a brand new degree in 2021, the Bachelor of Climate Science and Adaptation.

During the degree you will learn the fundamentals of climate science, as well as the issues climate change is presenting to our world. You will learn about a variety of topics including:

- climate change and resource management
- risk, vulnerability, adaptation and resilience
- water, energy and food security
- climate and energy
- Earth processes (including climatic, hydrological, coastal, soil)
- environmental sustainability
- human geography
- spatial science
- statistics

Interested? Find out more here: <https://www.newcastle.edu.au/degrees/bachelor-of-climate-science-and-adaptation>

ACU's brand new Bachelor of Arts (Western Civilisation)

ACU is introducing a brand new degree to their North Sydney campus in 2021, the Bachelor of Arts (Western Civilisation).

This degree will give you an understanding of topics such as western literature, philosophy, art, politics, religion, science and history.

There are also [30 scholarships available for students in this degree](#), worth \$30,000 per year.

Applications can be made direct to ACU, and are open now.

Find out more here: <https://www.acu.edu.au/study-at-acu/find-a-course/new-courses/bachelor-of-arts-western-civilisation>

University of Newcastle – Indigenous Early Entry Scheme

Newcastle Law School is offering Indigenous students who are passionate about law the chance to receive an early offer into their Bachelor of Laws (Honours) Combined.

Not only will you get early entry into the degree, you will have access to:

- a guaranteed place in [University accommodation](#) at the Callaghan Campus
- a pre-law orientation program
- a mentoring scheme pairing new Indigenous students with more senior Indigenous students and legal practitioners
- support services available via the [Wollotuka Institute](#).

To apply, you will need to write an expression of interest explaining why you want to do the program, a recent copy of your school results, and a letter of recommendation from your school, and Aboriginal Elder or community member.

Applications are open through UAC until Sunday 13 September.

Find out more here: <https://www.newcastle.edu.au/school/newcastle-law-school/experience/indigenous-early-entry-scheme>

Applications to AFTRS Open for 2021

Do you have a passion for film, video and television? Applications are now open for AFTRS' Bachelor of Arts Screen: Production in 2021.

During the course you will learn the fundamentals of screen storytelling, and have the opportunity to engage in hands-on production experience.

You can apply direct to AFTRS by Monday 9 November.

Find out more and apply here: <https://www.aftrs.edu.au/2021-courses/>

New Pathway to Medicine at UON

The University of Newcastle has recently announced that they will be putting side six places a year in their Joint Medical Program for students who apply through the Excellence through Equity Pathway to Medicine.

To be eligible for the pathway, students need to complete either the Open Foundation or Newstep program, satisfy academic and interview criteria, as well as demonstrate socioeconomic disadvantage and three additional equity indicators. These equity indicators are:

- Financial hardship
- Regional, rural, remote or isolated area
- Carer responsibilities
- Refugee status
- Sole parent
- Personal illness or disability
- Experience of domestic and family violence
- Out-of-home care experience
- School status
- Aboriginal and Torres Strait Islander

UON hopes that the pathway will help widen access to their Joint Medical Program to students from a wide variety of backgrounds.

Read more about the new pathway here: <https://www.newcastle.edu.au/newsroom/featured/new-pathway-will-boost-access-and-equity-for-aspiring-medicine-students>

Macquarie Leaders and Achievers Early Entry Scheme – Applications Close Soon

The Macquarie Leaders and Achievers Early Entry Scheme is available for students completing the NSW Higher School Certificate, ACT Senior Secondary Certificate or International Baccalaureate (IB) in 2020.

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This scheme recognises academic achievement as well as your involvement in leadership and community engagement activities during Year 11 and/or Year 12. This may include voluntary or paid activities you participated in at your school or within your community.

If your application is successful, you will receive an offer to study at Macquarie in 2021 before you complete your final exams. For details on how to apply and key dates visit <https://mq.edu.au/leaders-and-achievers>. Applications for round two close 2pm Monday 10 August 2020, and round three close 2pm Monday 31 August 2020.

To speak with one of our team call 02 9850 6767 or email futurestudents@mq.edu.au.

Find out more and apply: <https://www.mq.edu.au/study/admissions/entry-requirements/domestic/macquarie-entry/macquarie-leaders-and-achievers>

Essential Techniques Every Filmmaker Should Know

Do you love creating movies and film? Maybe it's something you would like to do as a career. It's never too early to brush up on your knowledge and stay in-the-know.

ActionVFX has written a blog with 15 essential skills for aspiring filmmakers. It looks at some important skills you should know if you're looking to break into the film industry.

Check it out here: <https://www.actionvfx.com/blog/15-essential-filmmaking-techniques-every-filmmaker-should-know>

Resources

Study Work Grow Apply to Uni Guide – Out Now

Are you thinking about applying to uni in 2021? We know there have been a lot of big disruptions this year, and your plans might have changed.

Our new Apply to Uni Guide is full of all the information you need to know about applying to uni, including new entry pathways created especially for Year 12 students this year.

Check your emails for a copy.

Study Work Grow Open Day Guide Updated

More unis are moving to online open days this year, so we've added a few more to our guide. Make sure to check it out and stay up to date with how you can visit your favourite uni for open day this year.

[You can find more info here.](#)

Nuts and Bolts of Emotional Agility, Resilience and Leadership – free online resource for parents and teachers

Nuts and Bolts of EARL is a free online resource for parents, carers, teachers and coaches to use with young people, encouraging positive conversations around leadership, teamwork, skills and

techniques for developing resilience, confidence, job readiness, dealing with bullies and even the importance of getting good rest.

It's filled with videos, articles, podcasts and activities and includes exclusive insights from inspiring athletes and business minds globally too.

"I wasn't sure what to expect with the Nuts and Bolts of EARL when I sat down with my 13-year-old daughter, but we've learned so much together. The EARL Measure was valuable too and confirmed our thoughts on our strengths and areas of development. A wonderful resource with learning for young and old," says Julia Smith, Parent.

Nuts and Bolts of EARL features important lessons that are essential to the growth and success of young people in the modern world, including practical tips and tricks for future job success.

Find out more: <https://xventure.thinkific.com>

Engineering Heroes Podcast

Engineering Heroes is a podcast series that invites you to listen to some of Australia's best engineers and find out about the work they do.

You can learn about the projects they are involved in, and how they are changing the world. Get insights into an engineering career and find out if it's something you could see yourself doing in the future.

Listen to all the episodes on their website for free here: <https://engineeringheroes.com.au>

8 tips on how to achieve better work-life balance

Prioritise your time

A [good work-life balance](#) is important for us as individuals

- preventing workplace burnout
- helping us to reduce stress levels
- to feel happier and more contented with our lives.

Ultimately promoting [better mental health](#) for us and those around us.

Creating workplace environments that foster work-life balance can also be beneficial to employers. If their workforce is happier and less stressed, they'll be more productive, take less sick time and be more loyal to the company. Saving money on downtime, sick pay, staff replacement and training.

Australia ranks among the bottom third of OECD countries when it comes to working long hours

In an era where technology often means we're "switched on" 24/7 it can be increasingly difficult to maintain the boundaries between work and personal time.

Especially with

- Flexible working hours
- Work from home positions
- And contracting jobs
- Stress about unemployment / job availability

So when you start working, you'll be the one who's responsible for making sure that you are creating the balance that works for you.

8 tips on how to achieve better work-life balance

1. *Actively make better choices*

Choose to apply for positions with companies who have policies that value employees personal time. E.g. time off in lieu of working overtime, flexibility around allowing you to attend personal engagements, or taking your birthday off (lucky you).

2. *Ensure that flexible work hours work to your advantage*

It is tempting to be the star employee who goes above and beyond, you can still be that person and use any flexible time allocations due to you.

- Need to go to the doctor, keep your calendar free of appointments and use the flexi time
- Kids off school sick? Work from home instead of calling in to take carers leave if possible
- Working a 9-day fortnight, make sure you take your allocated day off

3. *Create some ground rules*

When you start a job, even if long hours and the occasional late night meeting or call are the norm, you can establish some limits.

- Set a time you'll turn off your phone and stop checking your emails (or responding to them)
- Limit the number of appointments or meetings you're prepared to schedule outside of work hours
- If you have to travel, work out what frequency you're happy with and what time off you'll be eligible for if you're away for long periods
- Have a cut-off time for working overtime so that if you do have to stay back it won't be indefinite

4. *Leave work at work (when possible)*

Family, friends, spare time, hobbies are all important too. So when you aren't at work it's important that you can learn to switch off and dedicate some time to other important areas in your life.

5. *Make your spare time count*

We all have jobs outside of work to do, domestic chores and other jobs that just need doing. Finding ways to reduce their impact on your spare time is a good thing, so that you will have time to relax and read a book, binge watch Netflix, or catch up with friends.

Share the load fairly with others at home, break the chores down into smaller tasks that are achievable before or after work with minimum disruption, if you find a routine that works – stick to it. Can you afford to pay for help with cleaning or gardening?

If during your working period you have busy and quieter times, use the slower days to prepare or catch up on other work – that way you shouldn't have to stay back or come in for extra days in future.

6. *Business owners need to set boundaries too*

If you're going to run your own company, remember that in addition to incorporating great work balance into the company's policies, you as the owner should stick to the same rules.

It can be harder to walk away when you feel the responsibility for a successful business is all at your feet, but even if you love your job, you need downtime too. Set limitations when you start out on how much time you're prepared to invest, then hire other people and delegate some of the responsibility to them as you grow.

7. Don't put extra pressure on yourself

Creating a perfect work-life balance shouldn't be causing you stress. If you find that is, then it's time to sit down and address your priorities, routines and schedules to see where you can cut back in some areas.

8. Talk to your employer

If you have a job and you enjoy it, but find it hard to maintain a healthy balance with your life, it's a good idea to sit down and have a talk with your employers about how you can be more productive at work in less hours.

Most employers will be willing to listen to you and negotiate different or more flexible hours if they can (you might have to be prepared to get paid less though).

It's also a really good idea to have some solutions already outlined before you speak with your employer. Presenting them with possible solutions as well as a problem is more likely to have a better outcome all round.

[New report on incomes for under 35's](#)

In the news this morning was a report about pay rates across age brackets, which made headlines because it showed that young people are earning less than they were 10 years ago.

This report from ABC News/Triple J Hack – [‘The lost decade’: Young people getting paid less now than in 2008](#) – lays it out in pretty stark terms, and it's not pretty.

The lack of jobs and increasing rates of casual and part time roles for young people make it difficult to earn more, in fact many people are just happy to have a job at all.

So what can you do about it?

At Study Work Grow, we would love to be able to wave a wand and create a meaningful, well-paying job for everyone. But our superpowers simply don't extend that far. What we would say to young people concerned about this is that you need to take charge of your own career.

1. Get as much of [an education](#) as you can, as that will help increase your employability.
2. Keep a good record of your accomplishments and have an up-to-date resume ready to go. In a crowded field you want yours to stand out and be completely error-free. You can use our [Online Portfolio](#) to manage your resume items.
3. Don't panic – everyone is in the same boat and a [positive, flexible and adaptable attitude](#) will help. There are still opportunities out there, but you may need to look a little harder or start out a little lower on the ladder.

I'll be honest, it was hard to find the positive take-aways from this report, but we'll keep looking for more ways to help you navigate your options in this rapidly changing world.

Job Spotlight

How to become a Picker and Packer

What do Pick Packers do?

Picker and Packers (also known as Pick Packers) generally work in warehouse environments for retail, logistics, wholesale or manufacturing. They pull merchandise from the shelves and packers prepare items for shipping.

If you're organised, physically fit and interested in a career that's face paced and will keep you active, then working as a Pick Packer could be worth investigating.

About you:

- Reliable, punctual, efficient, and organised with great attention to detail
- Operation of Warehouse Vehicles is highly desirable but not essential
- Willing to work flexible work hours (shifts), in a dynamic environment
- Physically strong and fit, with a good work ethic

The job:

- Pick items from warehouse shelves to match picking slips
- Pack and prepare orders for despatch
- Load and unload deliveries
- Ensure warehouses are kept clean, organised, stocked, and in good rotation
- Keeps accurate records of stock movements, orders, product quality, safety issues and other administration requirements

Picker Packer salary (average) \$49,000 per year

(Source: joboutlook.gov.au) or \$27.16 per hour (Source: au.indeed.com)

Pickers and Packers are in demand in these locations: Victoria, Queensland and Western Australia

(source: seek.com.au)

How to become a Picker & Packer in Australia

Formal education and qualifications are not generally required to become a Picker and Packer in Australia, on the job training is usually provided. However previous experience or specialised skills are highly regarded.

Step 1 – Good Year 10 or 12 results could help you to get a job more easily

Step 2 – Work experience or part time jobs in a similar environment while you are at school will look good on your resume and job applications

Step 3 – Research the industry and narrow down an area you'd like to work in, e.g. logistics, manufacturing or retail.

Step 4 – Make sure you're eligible to apply for the job. E.g. Minimum age, drivers license, medical check, forklift (or similar) qualification, Health & Safety certificate. Some jobs might also require you to have your own equipment or clothing e.g. steel toe-capped boots, high vis clothing, safety goggles, gloves etc.

Step 5 – Consider getting relevant qualifications that could help you advance and apply for promotions

[Certificate II in Warehousing at TAFE Qld](#)

[Certificate III in Warehouse Operations at TAFE QLD](#)

[Certificate IV in Warehouse Operations at TAFE QLD](#)

[Diploma of Logistics at Victoria University](#)

[Bachelor of Business \(Logistics and Supply Chain Management\) at Open Universities](#)

Find out more here –

<https://sclaa.com.au/>

<https://www.cilta.com.au/>

<https://www.rwta.com.au/>

<https://www.austlogistics.com.au/>

<http://www.ferret.com.au/c/Australian-Warehousing-Association-Inc>

Similar Careers to Picker & Packer

[Warehouse Worker](#)

Product Quality Controllers

Importers, Exporters and Wholesalers

Truck Driver

Forklift Driver

Administration Officer

Crop Farm Workers

Clothing Trade Workers

Retail Worker

Factory Worker

[Logistics Coordinator](#)

Find out more about [alternative careers](#).

Frequently Asked Questions (FAQ's)

What do Picker Packers do?

Wholesalers, retailers, and manufacturers store inventory (goods or products) in large, centralised distribution centres. Picker Packers work in these centres receiving new stock, updating records, storing it accurately, as well as picking out ordered items and sending out stock to customers or stores all over the country (or world).

- **Do I need qualifications to become a Picker Packer?**

No qualifications are necessary. Completing Year 10 or having your Year 12 certificate could be an advantage, as could having additional qualifications that are relevant to the job or industry.

- **Where do Picker Packers work?**

Pickers and Packers generally work in large warehouses or other storage and distribution centres.

You could be working in a large industrial area, at a port or other transport hub, within a large store in the loading and unloading areas.

Ms Janes

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