

Parenting pre-teens

Making sense of adolescent behaviour - parenting seminar

Join experienced Family Support worker Joan Lauricella for this practical parenting seminar on how to understand teenage behaviour and support a positive relationship with your teen.

This session will cover a range of topics and strategies, including:

- Flipping the lid on the teenage brain to understand the cause of adolescent behaviour
- Adolescent myths and truths
- Brain development



Please scan to book:



Booking link:

<https://events.humanitix.com/parenting-pre-teens-making-sense-of-adolescent-behaviour>

For more information:

Email: joan.lauricella@healthability.org.au



9.30am - 11.30am



Wednesday 11 March



\$30 per adult, \$45 per couple, \$16.50 concession



healthAbility Eltham, Wominjeka Room, 917 Main Road Eltham

Box Hill: 43 Carrington Road, Box Hill VIC 3128

Eltham: 917 Main Road, Eltham VIC 3095

Phone: (03) 9430 9100 | **Email:** contact@healthability.org.au

Website: healthability.org.au

