

SPACE

Supporting Parents and Children's Emotions

ARE YOU UNDER 25 YEARS?

ARE YOU PREGNANT AND/OR PARENTING?

**DO YOU WANT TO LEARN MORE ABOUT YOUR CHILDREN'S
EMOTIONS?**

SPACE will provide support to young people to understand:

- Healthy Relationships
 - Children's developmental needs and emotions
 - Parent's and children's strengths and resilience
- Positive health and wellbeing options for parents and children
- How to access specific support in the community when needed

For information please contact:

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