



Lemon and Poppy Cupcakes

Equipment: Ingredients:

Measuring cups and spoons 2 cups Plain flour

Scales 1 teaspoon baking soda

Large mixing bowl 1 tablespoon baking powder

Small mixing bowl 2 tablespoons Poppy seeds

Wooden spoon ½ teaspoon salt

Spoons 2 tablespoons Lemon zest Whisk 2 tablespoons Lemon juice

Muffin papers 1 cup Milk

Muffin trays 120g Butter, melted

Oil spray
Juicer

1 Egg

Grater

Instructions:

Preheat oven to 180 degrees.

Arrange muffin papers into the muffin trays and lightly grease with olive oil spray.

Zest lemons.

Juice lemons.

Into a large bowl, measure out flour, baking soda, baking powder, sugar and poppy seeds. Mix all dry ingredients together.

In a small bowl, measure out and add zest, juice milk, butter and egg. Whisk together, thoroughly.

Add the wet ingredients to the large bowl with the dry ingredients and mix until all ingredients are combined. Don't over stir the mixture.

Using spoons, half fill each muffin case.

Place in preheated oven and cook for about 30 minutes or until golden and the cupcakes spring back when touched.