



# Welcome to Smile Squad

A guide for parents/guardians

EACH





# Acknowledgement of Country

In the spirit of reconciliation, we acknowledge the Traditional Custodians of country throughout Australia and their connections to land, sea, and community. We pay our respect to their elders past and present and extend that respect to all Aboriginal and Torres Strait Islander peoples today.



# The Smile Squad program

- Smile Squad is a Victorian Government program
- Free dental care for all Victorian public primary and secondary school students
- 250 dental vans
- More than 500 dental health professionals
- Services delivered by us – your community dental agency







To do:  
Luca's party  
~~Music lesson~~  
Kids to dentist

# Did you know?

- Across Australia, a quarter of all children have untreated tooth decay.
- In Victoria, dental conditions are the highest single cause of preventable hospitalisations for children under 10.
- Approximately one quarter of children and young people do not regularly visit the dentist.
- More than 70% of children and young people are consuming more than the recommended amount of added sugars in their daily diet.
- Developing healthy habits from an early age gives your child the best chance of maintaining good oral health into adulthood.





# What does Smile Squad provide for your child?











# Examination procedures





# A bit more about treatment



# Signing up to Smile Squad



**SMILE SQUAD**

## Good news!

The new Victorian School Dental Program – Smile Squad – is visiting your child's school soon. This means your child can get a dental check-up, preventive dental care and other general treatment for free at school. The program is funded by the Victorian State Government and Child Dental Benefits Schedule (CDBS).

The Smile Squad is passionate about working with children and young people to keep teeth healthy. Our friendly, skilled dental professionals will check your child's teeth and mouth, show them how to keep their teeth healthy and strong, and provide preventive services you have consented for. If your child requires more treatment, the Smile Squad will contact you. Together we will agree to what happens next.

For more information, visit:  
[www.smilesquad.vic.gov.au](http://www.smilesquad.vic.gov.au)

### What you need to do:

- 1 Read the Smile Squad help sheet on page 8.
- 2 Sign the consent form.
- 3 Sign the Medicare bulk-billing patient consent form.
- 4 Fill in the other forms in this pack.
- 5 Return the forms as soon as possible. Place your completed forms in the envelope provided. Please return this to the school.

It's important to get in quick, as the Smile Squad will only be at your school for a limited time.

Please complete all forms using BLOCK PRINT.







# Your child's free dental pack

- ✓ Toothbrush
- ✓ Toothpaste
- ✓ Eat well, drink well, clean well brochure
- ✓ Consent form



# Explaining the Child Dental Benefit Scheme (CDBS)

- The Child Dental Benefit Scheme (CDBS) is a dental benefits program for eligible children aged 2–17 years that provides benefits over two years to a child for basic dental services.
- Medicare funded
- Claiming CDBS helps secure the future of public dental services.





# Materials sent home with your child

**SMILE SQUAD** Thank you for seeing the Smile Squad

Child's full name: \_\_\_\_\_  
 Date of birth: \_\_\_/\_\_\_/\_\_\_ Grade: \_\_\_\_\_ Date: \_\_\_/\_\_\_/\_\_\_

**What we did today:**

<input type="checkbox"/> Dental examination (check-up)	<input type="checkbox"/> Fracture sealants (indicated by shading on the diagram)
<input type="checkbox"/> X-rays of teeth (Number taken ___)	<input type="checkbox"/> Tooth cleaning
<input type="checkbox"/> Fluoride varnish application (see further information on page 2)	<input type="checkbox"/> Education about healthy teeth and gums
<input type="checkbox"/> Silver diamine fluoride application	<input type="checkbox"/> Filling(s)
<input type="checkbox"/> Stainless steel crown(s)	<input type="checkbox"/> Extraction(s)

**What we found:**  No further treatment needed.  Your child needs additional treatment not previously consented to, as indicated below.  Your child needs to attend further visits, as discussed with you.  All current care has been completed.

**What we do next:** We will return to your school in 12 months to check in on your child and make sure their teeth and mouth are still healthy. We will contact you by phone to discuss your child's needs in more detail and together we will agree to what happens next. Your child will be collected from class to attend further scheduled visits. If you have agreed, we will return to your school in six months for another fluoride application.

Tick	Description	Key
<input type="checkbox"/>	X-rays of teeth	
<input type="checkbox"/>	Fluoride varnish application	
<input type="checkbox"/>	Tooth cleaning	
<input type="checkbox"/>	Fracture sealants	S
<input type="checkbox"/>	Silver diamine fluoride application	D
<input type="checkbox"/>	Stainless steel crown	C
<input type="checkbox"/>	Filling(s)	F
<input type="checkbox"/>	Extraction(s)	X
<input type="checkbox"/>	Some baby teeth are decayed but should fall out before problems occur. Please contact us if pain occurs.	L
<input type="checkbox"/>	Other treatment to be discussed with parent/guardian	

Comments: \_\_\_\_\_

Post-care report

Fluoride varnish applied twice a year helps to provide extra protection against decay. If fluoride varnish was applied today you may notice that there is a temporary pale yellow or white varnish on the teeth. This is normal, and does not need to be brushed off as it is important the varnish stays on as long as possible to achieve maximum protection.

If fluoride varnish was applied today we recommend:

- eating soft foods for the rest of the day to help the fluoride varnish stay on the teeth for longer
- telling other dental professionals your child sees that they have had fluoride varnish applied by Smile Squad.

Please contact us if you have any concerns about your child's oral health. Email us at [smilesquad@dhsv.org.au](mailto:smilesquad@dhsv.org.au) or visit our website at [www.smilesquadvic.gov.au](http://www.smilesquadvic.gov.au).

You can also contact us by phone: \_\_\_\_\_

You can help your child by encouraging them to eat well, drink well and clean well every day.

Clinician's full name: \_\_\_\_\_ Clinician's signature: \_\_\_\_\_  
 Agency name: \_\_\_\_\_

**Child Dental Benefits Schedule (CDBS)**

Today we provided your child with a Medicare Benefit Assignment Form.


To allow the Smile Squad to claim services provided to your child under the Medicare Child Dental Benefits Schedule (CDBS), we will need you to sign the Medicare Benefit Assignment Form.


This form details the services that were provided to your child and the claim amount for each item.


**What you need to do:**

- 1 Sign and date the Medicare and patient copies of the attached form.
- 2 Cut and retain the patient copy.
- 3 Return the Medicare copy of the form immediately. Place completed form in the envelope provided. Please return this to the school.

If you have any questions about this form, or how to fill it out, please contact the Smile Squad.

 Choose fresh foods and limit sugary foods, drinks and sweets

 Brush morning and night with fluoride toothpaste

 Drink plenty of tap water

**SMILE SQUAD** After-care requirements

Child's full name: \_\_\_\_\_  
 Teachers: please review and return with child for parent at the end of the day. Date: \_\_\_/\_\_\_/\_\_\_

**Tick: Treatment and description of condition that may result following treatment**

Stainless steel crown/silver crown  
 Student may feel that they can't bite their teeth together normally for up to one week. The bite will go back to normal on its own.

Local anaesthetic (numb lip/tongue/cheek)  
 The lip, cheek or tongue will feel numb for a couple of hours after treatment. Students are at risk of biting themselves and causing trauma, ulceration or bruising to area.

Extraction (removal of tooth)  
 Students may experience bleeding following an extraction.

**After-care instructions**

**Student should:**

- avoid chewing sticky foods (lollies, bars, gum, fruit straps) for 24 hours.
- be reassured that their normal bite will return.
- avoid chewing, biting, scratching or playing with numb area.
- avoid hot foods and drinks as this may burn lip or tongue (sipping a cool drink is fine).
- be careful when chewing foods as they may accidentally bite themselves without realising.

Lip/tongue/cheek may be sore if after-care instructions are not followed. If this happens please refer to Smile Squad.

**Student should:**

- rest for today and eat on the other side of their mouth. Avoid touching, poking, spitting, sucking and rinsing for today as this may cause bleeding to start.
- avoid playing sports (running around).
- wait until tomorrow to gently brush all teeth and rinse with warm salty water.

If bleeding occurs get the student to bite firmly on gauze for 30 minutes. Students will be given spare gauze that can be used to stop minor bleeding. If bleeding continues after this time, refer student to the Smile Squad. If problems continue after hours, please contact your local community dental agency or hospital emergency department.

**Medication**

- In the case that a student requires medication such as pain killers following treatment, Smile Squad will discuss this with parents/guardians when gaining verbal consent for treatment.
- If medication is required, parents/guardians will need to provide details to the school in accordance with current policy.

If the student feels unwell after dental treatment or if any other medical issues arise during school hours, please follow school first aid procedures and inform Smile Squad.

Clinician's full name: \_\_\_\_\_ Clinician's signature: \_\_\_\_\_  
 Agency name: \_\_\_\_\_

After-care requirements form

**SMILE SQUAD** Medicare benefit assignment form

DB2-DB 1209

First Name: \_\_\_\_\_ Initial: \_\_\_\_\_  
 Surname: \_\_\_\_\_  
 Residential Address: \_\_\_\_\_  
 Date of Birth: DD / MM / YYYY  
 Medicare Number: \_\_\_\_\_  
 Patient Ref. No.: \_\_\_\_\_ Empty Date Checked: \_\_\_\_\_  
 Date of Service: DD / MM / YYYY  
 I assign my right to benefits to the dental provider who has rendered the services. Patient credit to age: \_\_\_\_\_  
 Dental provider who rendered the above services: \_\_\_\_\_ Provider number: \_\_\_\_\_

DB2-DB 1209

Save Reset Print

DB2-DB 1209

First Name: \_\_\_\_\_ Initial: \_\_\_\_\_  
 Surname: \_\_\_\_\_  
 Residential Address: \_\_\_\_\_  
 Date of Birth: DD / MM / YYYY  
 Medicare Number: \_\_\_\_\_  
 Patient Ref. No.: \_\_\_\_\_ Empty Date Checked: \_\_\_\_\_  
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DB2-DB 1209

First Name: \_\_\_\_\_ Initial: \_\_\_\_\_  
 Surname: \_\_\_\_\_  
 Residential Address: \_\_\_\_\_  
 Date of Birth: DD / MM / YYYY  
 Medicare Number: \_\_\_\_\_  
 Patient Ref. No.: \_\_\_\_\_ Empty Date Checked: \_\_\_\_\_  
 Date of Service: DD / MM / YYYY  
 I assign my right to benefits to the dental provider who has rendered the services. Patient credit to age: \_\_\_\_\_  
 Dental provider who rendered the above services: \_\_\_\_\_ Provider number: \_\_\_\_\_

DB2-DB 1209

Medicare benefit assignment form



Eat well  
—  
Drink well  
—  
Clean well





## EAT WELL

### Offer healthy snacks and limit or avoid sweet foods

Healthy snacks include fresh fruit and vegetables, plain yoghurt, cheese and dry biscuits and sandwiches.

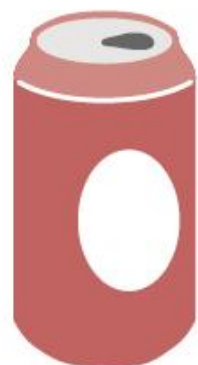


Eating food high in sugar can lead to tooth decay.

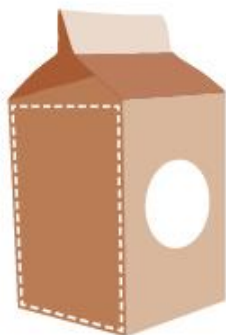


**Want to know more?** Visit the Smile Squad website at [www.smilesquad.vic.gov.au](http://www.smilesquad.vic.gov.au)

## DRINK WELL



Can of soft drink (375 ml)  
= **11** teaspoons of sugar



Chocolate milk (250 ml)  
= **6** teaspoons of sugar

## Limit fruit juice and sugary drinks



Fruit flavoured cordial (250 ml)\*  
= **4** teaspoons of sugar

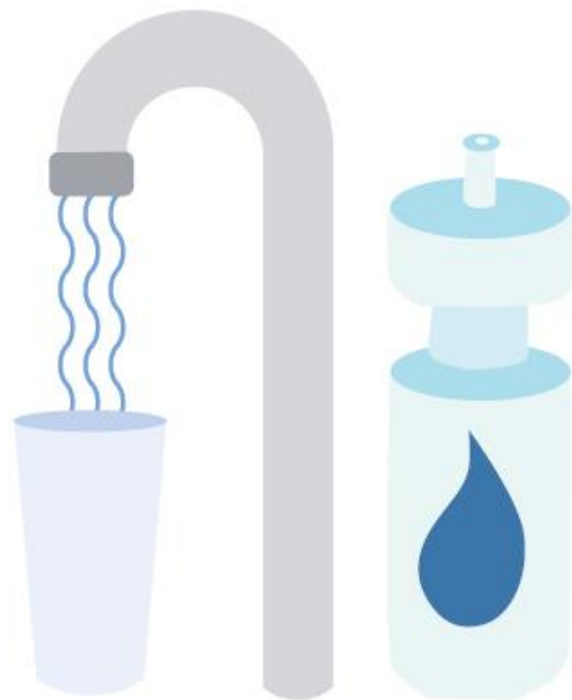
\*when made up as directed



Orange juice (250 ml)  
= **5** teaspoons of sugar



## Water is great



– it's free, refreshing  
and there's no sugar

**Want to know more?** Visit the Smile Squad website at [www.smilesquad.vic.gov.au](http://www.smilesquad.vic.gov.au)



## CLEAN WELL

## How to brush



1

Brush in the morning and at night before going to bed.



2

Use a pea-sized amount of fluoride toothpaste on a soft toothbrush.



3

Brush teeth and along the gum moving in gentle circles.

Start with the outside surfaces.



4

Repeat on the inside surfaces.



5

Use a light back and forth motion on the chewing surfaces.

Spit out toothpaste, but don't rinse with water.

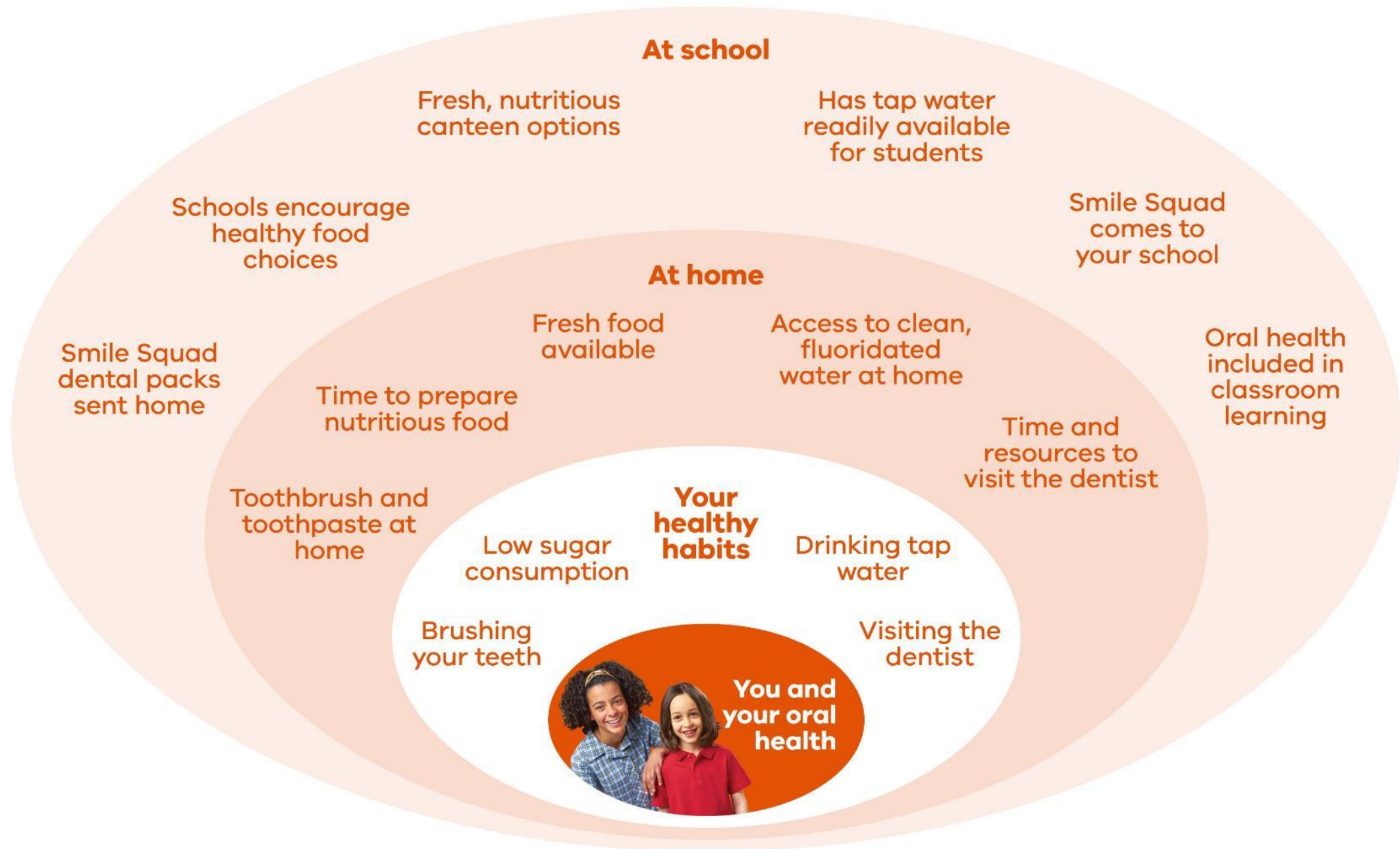


**Want to know more?**

Visit the Smile Squad website at [www.smilesquad.vic.gov.au](http://www.smilesquad.vic.gov.au)

**Be sure to brush all surfaces: top and bottom, left and right, front and back.**





# Want to know more?

- Visit the Smile Squad website at [www.smilesquad.vic.gov.au](http://www.smilesquad.vic.gov.au)



About

Information & FAQs ▾

## Free dental

for all Victorian public  
school students

