

Workshop	Description
AFL 9's	Students will kick off the session with some AFL-specific running drills to build speed, endurance, and agility - just like the pros! Students will then shift into a game of AFL 9's, focusing on skills, movement, and teamwork. It's all about clean kicks, sharp handballs, and smart play. A high-energy and fun session for students to level up their footy game!
Barista Course	Students will learn and develop the skills required to prepare and serve espresso in restaurants, bars and cafes using commercial espresso coffee equipment. They will learn about milk texturing, coffee styles and the breakdown of a coffee machine. Students will receive practical training and make coffee under the supervision of a qualified barista trainer. Students will attend two 3-hour workshops on the same day.
Beach Trail Run	Students will embark on an exciting 2-hour beach trail running course. This unique experience combines the beauty of coastal scenery of the bay with the thrill of trail running. Students will learn essential techniques for running, focusing on proper form, pacing, and breath control.
Book Club	Students will relax into a comfortable nook, armchair or bean bag to read their favourite books in our beautiful library. They can choose from the following activities throughout the session: reading, perusing the shelves for a new book, sharing/writing book recommendations, helping our wonderful librarian with some book projects for the library space, or playing some reading-related games.
Bouldering	Students will head to 'Flow Climbing' in Cheltenham where they will engage in 1.5 hours of bouldering with an experienced coach. Students will face several challenges and need to rely on their own strength and balance to climb up various walls. Students must bring along a signed waiver from their parents/guardians to complete this workshop.
Colourful Chemicals	Students will learn how to test the acidity of different substances using chemical indicators. They will create their own natural indicator from fruit and plants.
Cooking	Students will bake and create various treats in preparation for the festive season.
CPR Course	Students will be certified to provide CPR in medical emergencies.
Create an Indulgence Package	Students will create an indulgence package perfect for relaxation or to give as a Christmas gift. They will make personalised bath bombs and soap and will also create a simple 'lava lamp'.
Cricut Workshop	Students will work in small groups to create products using the Cricut machines.
Dance Technique and Performance	Students will start with an engaging dance warm-up that focuses on technique, incorporating some Pilates movements to prepare their bodies. After that, they'll break into groups or pairs to choose a song and choreograph their own dance. The session will wrap up with each group presenting their creative work! This is a wonderful opportunity for both seasoned dancers and those interested in the performing arts. Everyone is welcome to join in!
Developing Leadership	Students will learn practical leadership skills and strategies to maximise their applications and interviews. Through real-world scenarios, students will leave with a clearer sense of their leadership potential and actionable steps to help them apply and succeed in roles and jobs.
Electronics and Soldering	Students will create their own Bluetooth speaker in the workshop.

English Games	Students will engage in playful, interactive activities that build vocabulary, grammar, and communication skills through competition and collaboration. Designed to make language learning fun and dynamic, this session develops confidence and fluency while reinforcing key English concepts.
Friendship Bracelets	Students will relax and unwind while creating their own friendship bracelets using colourful beads, loom bands, and other fun materials. They will listen to music, chat with friends, and express their creativity in a laid-back, social atmosphere. Students will leave with unique handmade bracelets — and maybe even a few new friends!
Gym 101	Students will learn the fundamental movement patterns required for a strength-based training program. This includes proper technique for a range of moments and how to structure a fitness session, including how to perform a proper warm-up and cool-down. They will also learn how to use fitness equipment and gym etiquette.
Laser Cutting	Students will learn how to utilise the laser cutter to create products out of materials such as acrylic and wood.
Lego Masters	Students will engage with a variety of LEGO as they design and create different creations. Students will work in teams in a variety of challenges.
Maths Club	Students will catch up on any missed Mathematics learning and prepare for their 2026 Mathematics classes.
Mindfulness	Students will do a range of activities that incorporate mindfulness to help their creativity and wellbeing.
Pottery	Students will use clay and hand modelling techniques to make a piece of their choice. Students will attend two sessions throughout the week - one session to create their piece and one to paint.
Shoot to Show	Students will learn to make a 2–3-minute short film in an afternoon! Using the school DSLR cameras they will create a short film using an editing technique called, 'shoot to show'. Students will attend two sessions on the same day.
Soloist Auditions - College Production 2026	Students who have signed up for the 2026 college production will use this time to audition for select lead roles. They will come prepared as per the OneNote, and will complete solo and group auditions in order to secure the casting of lead roles. Students should have been in contact with one of the teachers in charge, and be in the teams.
Study Supervision	Students will catch up on any missed learning or complete additional learning to be prepared for next year.
Tabletop Games	Students will work in teams and play different games. Games include classics such as chess and uno; social games like Chameleon and Hues and Clues, as well as card games like Magic the Gathering or YuGiOh. Students are encouraged to bring their favourite games from home to share.
Teams Games	Students will compete in large team games such as dodge ball in a short round robin style competition.
CPCWHS1001 White Card Training	Students will complete the mandatory White Card (Construction Induction) training, developing awareness of workplace health and safety laws and practices. They will learn to identify and report hazards, apply basic risk controls, respond to incidents, and correctly use personal protective equipment (PPE).