FINDING SUPPORT

If you or someone you know is experiencing violence or using violence, help is available.

SAFE STEPS
Safe Steps is a confidential and supportive family violence response line for Victoria. Phone services available 24/7.

safesteps.org.au
1800 015 188

THE ORANGE DOOR
The Orange Door offers family violence support and services for all Victorians. Find your nearest location: orangedoor.vic.gov.au

ELIZABETH MORGAN HOUSE
Elizabeth Morgan House Aboriginal Women's Service provides culturally safe, holistic case management and support. EMH is open 24/7.

emhaws.org.au
1800 364 297

DJIRRA
Djirra is a culturally safe place where practical support is available to all Aboriginal women, particularly those who are currently experiencing family violence, or have in the past.

djirra.org.au
1800 105 303

INTOUCH MULTICULTURAL CENTRE AGAINST FAMILY VIOLENCE
inTouch is a specialist family violence service that works with multicultural women, their families, and their communities.

intouch.org.au
1800 755 988

1800 RESPECT
1800 RESPECT is the national sexual assault, domestic and family violence counselling service. Phone and online services are available 24/7.

1800respect.org.au
1800 737 732

KIDS HELPLINE
Kids Helpline is a counselling service for Australian children and young people aged between five and 25 years. Phone and online services are available 24/7.

kidshelpline.com.au
1800 551 800

RAINBOW DOOR
Rainbow Door is a free specialist LGBTIQ+ helpline providing information, support, and referral to all LGBTIQ+ Victorians, their friends and family.

rainbowdoor.org.au
1800 729 367

MEN'S REFERRAL SERVICE
Men's Referral Service provides anonymous and confidential telephone counselling, information, and referrals to men, to help them take action to stop using violent and controlling behaviour.

ntv.org.au
1300 766 491

MENSLINE
Mensline provides professional support and information service for Australian men. Phone and online services are available 24/7.

mensline.org.au
1300 78 99 78

SENIORS RIGHTS VICTORIA
Seniors Rights Victoria (SRV) provides information and advice to help prevent elder abuse and safeguard the rights of older people.

seniorsrights.org.au
1300 368 821

If you believe someone is in immediate danger, call 000 and ask for the police.

EVERYONE HAS A RIGHT TO SAFETY, RESPECT AND DIGNITY.
VIOLENCE IS PREVENTABLE. HELP CREATE CHANGE

RESPECT VICTORIA