



# Engaging Adolescents

-RESOLVE DIFFICULT BEHAVIOUR IN TEENAGERS-

**Free program for parents of teens aged 13-18 years**

## Tired of yelling and nagging?

**Resolve difficult behaviour in Teenagers.**

In 3 sessions parents will learn:

- Some common ground shared by parents & reasonable expectations to hold about adolescents;
- New understandings of adolescents;
- A three-option model & flow chart for decision making;
- Self check-in first, for parents;
- Building a relationship with your teenager and making the best of your non-crisis conversations with them.

## Parents will receive:

- \* **A FREE workbook (valued at \$12) to apply the concepts learnt**
- \* **A Certificate of Completion**
- \* **The choice of live face to face or online delivery**

***Do this highly sought after program live online from the comfort of your own home - Or come in and do it in person!***

***Hurry!  
Places are limited***

## When?

**11:30 – 2:30pm**

delivered over 3 Thursdays:

**March 23<sup>rd</sup>**

**March 30<sup>th</sup>**

**April 6<sup>th</sup>, 2023**

## Cost?

**FREE**

## Get in touch

**Bookings are essential!**

Please contact:

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