



LORETO COLLEGE

The Loreto Psychological Service invites you to a parent mental health forum on

Body Confident Children and Teens for Years R-12

Join Rachel Soderstrom from the Butterfly Foundation for a presentation on body image and self confidence.

The seminar will provide knowledge, practical information and tips on promoting positive body image, the power of role modelling, reducing appearance-based talk and how to respond when a child expresses negative body image.

Learn about things to look out for if you are concerned and ways to access support.

Wednesday 21 June 2023

5.30pm-7pm, Performing Arts Centre

To register, [click here](#).