

VOCATIONAL MAJOR PERSONAL DEVELOPMENT SKILLS

UNIT 1

This unit focuses on the development of personal identity and individual pathways to optimal health and wellbeing. Students begin with concepts of personal identity and emotional intelligence and apply these to planning and delivering a passion project and evaluating its impact on individual and community health and wellbeing. Students will explore and enhance an understanding of community cohesion, community engagement and how sense of identity may affect outcomes in different contexts. Students will investigate local health-promoting organisations from a perspective of community health and wellbeing. Students will examine relationships between technologies and health and wellbeing, and develop a community health promotion in their local context.

AREA OF STUDY

AoS 1 Personal Identity and Emotional Intelligence

AoS 2 Community health and wellbeing

AoS 3 Promoting a healthy life

OUTCOMES

Outcome 1: *On completion of this unit the student should be able to explain and discuss key concepts relating to personal identity and emotional intelligence, and apply learnt strategies when working independently or collaboratively on a Place-based presentation.*

Outcome 2: *On completion of this unit the student should be able to plan and implement an individual or group Passion Project to improve health and wellbeing, and evaluate the effectiveness of the activity by using critical reflection.*

Outcome 3: *On completion of this unit the student should be able to analyse the impact of technology on health and wellbeing at an individual and community level and apply knowledge and skills to plan, implement and evaluate an individual or group health promotion activity.*

UNIT 2

This unit focuses on the benefits of community participation and how people can work together effectively to achieve a shared goal. Students will look at the relationships between active citizenship, empathy and connection to culture, and individual health and wellbeing. Students will seek to understand different perspectives on issues affecting a community. They will negotiate a small community project whereby they plan, implement and evaluate an active response to an individual's or local groups need for community support.

AREAS OF STUDY

AoS 1 What is community

AoS 2 Community cohesion

AoS 3 Engaging and supporting community

OUTCOMES

Outcome 1: *On completion of this unit the student should be able to describe concepts relating to citizenship and community (local, national and/or global), analyse the factors that influence the formation of community and apply strategies to promote community participation in an individual or group activity.*

Outcome 2: *On completion of this unit the student should be able to identify issues and challenges within the community, analyse different perspectives of diverse groups and apply problem-solving strategies when working independently or collaboratively on a negotiated community-based activity.*

Outcome 3: *On completion of this unit students should be able to discuss the concept of engagement as an approach to address community issues, analyse features of effective community engagement and work independently or collaboratively to design, implement and evaluate a community engagement activity.*