

TERM 1 - 2020
John XXIII Canteen
Summer Menu



Breakfast Menu - daily (8am - 8.30am)

Cereal Portion & 150ml milk \$3.50

Daily

2 pieces \$2.50

Fresh baked bread roll with spreads \$2.50

Fresh baked cheese & vegemite scroll \$2.50

Ham & Cheese Toastie \$2.80

Plain Cheese Toastie \$2.30

Tuesday and Thursday

Bacon & Egg roll (when busy) \$4.00

Ham & Cheese Toastie \$2.80

Plain Cheese Toastie \$2.30

Pancakes & Maple syrup(when busy) \$2.80

Baked

Anzac Cookie \$0.80

Assorted muffins \$2.70

Banana Bread \$2.70

Gluten Free Banana Bread \$3.50

Drinks

Plain Milk - 300ml

Plain milk - 600ml



Flavoureds milk - small

- large

Fruit juice (100%) - small, popper

- large

Bottled water

Iced tea

Up and Go / LOL

Icreams

Quelch ice sticks / Vanilla cup

Icey Pole

Bulla light cup / Paddlepop

Paddle pop To Shaky Shake

Snacks

Veggi Chips / Popcorn

Pretzels

Whole fruit piece

Yogurt / Yogo

Fresh fruit salad

Cheese & Biscuits

Jelly Cup



\$1.80

\$2.50

\$2.80

\$4.00

\$2.20

\$3.40

\$2.00

\$4.40

\$3.00

\$1.00

\$1.60

\$2.00

\$2.20

\$1.80

\$2.50

\$1.00

\$2.20

\$3.50

\$2.50

\$1.00



WEEKLY LUNCHEON MENU

(Sorry - no variations to meals)

Avoid queues & time by ordering on-line

Subject to Supplier availability, occasionally items may need to be substituted for other menu items.

Year 7-12 can order their lunch in the morning for pick up at lunchtime.

Monday

Sushi	- 8 piece	\$6.50
	- 5 piece	\$5.00
Hot Ham & Cheese Croissar		\$5.50



Tuesday

Nacho's with sour cream		\$5.50
Caesar Salad		\$6.50



Wednesday

Sushi	- 8 piece	\$6.50
	- 5 piece	\$5.00

Asian salad with Honey Soy

Chicken Kebab		\$6.50
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Thursday

Chicken Parmy Burger		\$6.50
BLT Pasta Salad - Large		\$5.00
	Small	\$3.50

Friday

Smokey BBQ Bacon and Egg roll		\$5.00
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Salad Box

Includes fork, bread & dressing.

Gourmet Lettuce, Tomato, Carrot and Cucumber	\$5.00
Add - Chicken / Ham / Tuna or Egg extra for	\$1.60

Pizza

Slice / Single	\$3.20
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Pastry

(Not available on Wednesday's)

Gluten free Sausage roll	\$4.50
Pies - 175g	\$4.00
Snack Pies - 120g	\$3.00
Sausage roll	\$3.50
Gluten free beef pie	\$5.00



Burrito

Chicken or Vegetable	\$4.50
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Pasta / Easy meals

(Gluten Free Lasagne)

Fried Rice / Satay Chicken / Honey Soy Chicken	\$ 5.50
Lasagne/ Spaghetti bolognaise/ Macaroni	\$4.90
Hot Dogs with or without Tomato sauce	\$3.80

Burgers

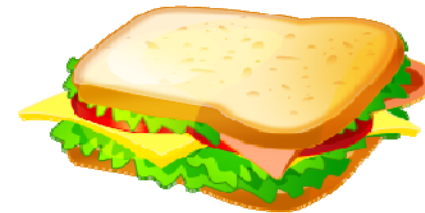
Chicken / Fish / Beef / Vegetable	\$6.00
(must include Salad)	

Recess

Mini pie / Quiche	\$1.40	Boffin Biscuit	\$2.50	Assorted Muffins	\$2.70
Hash Browns	\$1.40	Mini Chicken Wrap	\$2.50	Banana Bread	\$2.70
Yummie Drummies	\$1.40	Gluten Free Banana Bread	\$3.50	Anzac cookies	\$0.80
Plain Cheesie Round	\$2.00	Veggi Chips/Popcorn	\$1.80	Pretzels	\$2.50

Sandwiches / Rolls (available every lunchtime)

	Sandwich	Roll	<u>Extra's - available for rolls, sandwiches & salads</u>		
Vegemite	\$2.00	\$2.50	Olives		\$1.00
Salad (carrot/lettuce/tom/cucum)	\$3.50	\$4.00	Cheddar cheese (sliced or shredded)		\$1.00
Cheese & salad	\$4.50	\$5.00	Avocado		\$1.20
Curried Egg / Egg mayo & lettuce	\$4.50	\$5.00	Beetroot		\$1.20
Chicken & salad	\$5.00	\$5.50	Egg		\$1.50
Tuna & salad	\$5.00	\$5.50	Roast Chicken meat		\$1.60
Ham & salad	\$4.70	\$5.00	Tuna / Leg ham		\$1.60
Egg & salad	\$5.50	\$6.00			
Ham only	\$3.00	\$3.50			
Cheese only	\$3.00	\$3.50			
Chicken only	\$3.70	\$4.20			
Chicken, avo & mayo	\$5.50	\$6.00			
			Tomato sauce / butter portion		\$0.40



All sandwiches & rolls are made without butter unless requested.

Lebanese Wraps

	Whole
Ham & Salad	\$6.00
Cheese & Salad	\$5.50
Chicken & Salad	\$6.00
Chicken, avo & mayo	\$6.00