



JOIN IN THE SURFSIDE WALK-A-THON & 'KIAH' COLOUR RUN on Thursday 24th November

We will be holding our annual Walk-A-Thon Colour Run again this year.

Parents are welcome to come along and spectate from 2:15pm –3:15pm

The word “kiah” is an indigenous word that means *“from a beautiful place”* and the Colour Run is the final event in the Barwon Month of Action. The Month of Action has been a way for us to be intentional about the language we use to contribute to a more peaceful community and is our contribution to changing the impact of Violence, Abuse and especially Family Violence in our society. We hope our language comes from KIAH (from a beautiful place) and that is something to celebrate!

How it all works:

Students will be grouped in year levels (Foundation, years 1 & 2, years 3 & 4, years 5 & 6) and will run or walk around the school oval for 30 minutes over the course of the day.

After lunch all students who have raised money for the event (please see attached Sponsor sheet) will have some fun and get splashed with coloured powder by the staff! (coloured powder information is overleaf)

All students are encouraged to collect sponsors for their running/walking efforts.

Dress: Students are to wear school uniform on the day but bring casual white/light coloured clothing on the day to change into for the colour run. The coloured powder is washable.

Sponsorship: This is a school fundraising event, so we encourage all families to look for sponsorship from family, friends, colleagues and neighbours and send sponsor form, signed permission section and money raised all together, into the school office **no later than Wednesday 23rd November**.

Any amount raised will qualify students to participate in the Colour Run part of the day. Please ensure the sponsorship form, money and permission slip are completed and returned to school by the due date.

COLOUR RUN INFORMATION

THURSDAY 24TH NOVEMBER

All students who raise any amount of money for the annual Walk-a-thon / Colour run are invited to participate in the super fun 'Colour Run' part of the day.

All year level groups will have a nominated time to get positively covered in vibrant, non-toxic coloured powder after lunch on the day of the Walk-a-thon (Thursday 24th November)

The Colour Run involves the students running through powdered colour . This is great fun for the students as they come out the other side of the run covered in bright rainbow colours.

As a result of this, **children participating are required to wear their school uniform to school and bring an old white/light coloured t-shirt and shorts to change into that won't matter if they get colour on them. The Colour Run will be held in the last hour of the day.** Please feel free to send your child with a pair of sunglasses (optional) to protect your child's eyes from the coloured powder.

Parents/Guardians are asked to complete the permission slip at the bottom of the sponsorship form and return it with money raised by the due date in order for their child to participate in the Colour Run.



- BRIGHT VIBRANT COLOURS
- SMOOTH & SILKY
- NON-TOXIC
- ENVIRO-FRIENDLY
- NON SKIN IRRITANT
- NON FLAMMABLE
- ALL NATURAL INGREDIENTS
- EASILY REMOVED FROM CLOTHES & SKIN
- QUALITY FINE FREE FLOWING POWDER
- NO CHEMICALS OR ARTIFICIAL INGREDIENTS USED
- 100% NATURAL, PURE AND SAFE
- NO SIDE EFFECTS ON SKIN
- THE BASIS OF OUR PARTY POWDER CONSISTS OF CORN STARCH AND FOOD GRADE COLOURING
- WE ADVISE YOU DO NOT EAT THE PRODUCT, DUE TO THE FACT THAT THE POWDER IS NOT PRODUCED WITH THE SAME HYGIENIC CARE AS FOOD.
- INHALING THE POWDER IS NO WORSE THAN INHALING DUST AND THUS NOT DANGEROUS, BUT ALSO NOT ADVISED



Please return this section attached to the sponsor sheet with money raised.