delicious.

Cherry and coconut pavlova

Serves

6



Ingredients (13)

- 6 egg whites
- 1/2 tsp cream of tartar
- 1 1/2 cups (330g) caster sugar
- 2 tbs cornflour
- 1 tsp white vinegar
- 1/3 cup (30g) desiccated coconut
- 300g jar good-quality cherry jam, room temperature, stirred to loosen
- Fresh cherries & baby mint leaves, to serve

Method

- Preheat the oven to 160°C. Draw a rough 18cm x 33cm rectangle on a piece of baking paper and use to line a large greased oven tray.
- 2. Place egg whites and cream of tartar in a stand mixer fitted with the whisk attachment and whisk on medium speed to soft peaks. With the motor running, add 1 tbs sugar every 30 seconds and continue whisking until well incorporated. Whisk for a further 5 minutes or until the mixture is thick and glossy and the sugar has dissolved.
- 3. Add the cornflour and whisk until combined, then whisk in the white vinegar. Fold through coconut. Place the meringue into the centre of the rectangle and, using a palette knife, spread the meringue into the shape of the rectangle with waves and swirls on top.

Coconut cream

- 500g sour cream
- 100g thickened cream
- 100g coconut cream (cream taken from the top of the can. Reserve remaining cream for another use)
- 80g icing sugar mixture
- 2 tbs Malibu or coconut essence

- 4. Reduce oven temperature to 100°C. Bake the pavlova for 1 hour 20 minutes to 1 hour 30 minutes or until dry to touch. Turn off the oven and let cool in the oven overnight or until cooled completely.
- 5. For the coconut cream, whisk the creams and sugar in a stand mixer to soft peaks, then fold in the coconut liquor. Refrigerate until ready to use.
- 6. Place meringue on a serving platter and spread with cream mixture. Drizzle with loosened jam and scatter with extra fresh cherries and mint leaves to serve.