

Dear East Doncaster Secondary College Families,

We are excited to extend an invitation to all students who are eager to explore the thrilling world of track and field. Doncaster Athletic Club (DAC) warmly welcomes you to join us as we embark on another incredible season of athletics!

**About Doncaster Athletic Club:**

Doncaster Athletic Club has a rich history of nurturing and developing talented athletes, and we're thrilled to extend this invitation to local students. Our dedicated coaches and members are passionate about supporting athletes of all levels, from beginners to seasoned competitors. The DAC experience is not just about the sport of athletics; it's about fostering camaraderie, and to improve your fitness levels in a family friendly environment. Email Doncaster Aths Club

[DAC@doncasterac.org.au](mailto:DAC@doncasterac.org.au) if interested, or visit our website to join now:

<https://www.doncasterac.org.au/how-to-join/>

**Track and Field Season (October to March):**

The track and field season is in full swing, and we encourage your students to get involved. Athletics Victoria (AV) hosts a wide array of exciting events and competitions during this period, offering a fantastic chance for athletes to showcase their skills. You can stay up to date with the AV calendar here: <https://athsvic.wpenginepowered.com/wp-content/uploads/2023/10/AV-Summer-Calendar-231020.pdf>

Explore the AVSL local track and field competitions here: <https://athsvic.wpenginepowered.com/wp-content/uploads/2023/10/AV-Summer-Calendar-231020.pdf>

**Pole Vault Free Tryout - November 12th:**

For those interested in trying out pole vaulting, don't miss our free tryout session on Sunday, November 12th, at 9:00 AM. To express your interest, please contact us at [DAC@doncasterac.org.au](mailto:DAC@doncasterac.org.au). No prior experience required. Open to anyone over 11 years old.

**DAC Mile Event - November 21st:**

Mark your calendars for an extraordinary event! The DAC Mile is back for its second year, and this time we introduce the thrilling 100 yards race, including the Open Victorian 100-yard Championship. Both events are available for juniors (Under 14 and up), open, masters athletes, and even parents! There are prizes, gift giveaways, and exciting races to look forward to.

**Event Details:**

- **Date:** Tuesday, November 21<sup>st</sup>
- **Location:** Tom Kelly Athletics Track – 125a George Street, Doncaster East, VIC 3109

Entries are now OPEN and will close on Thursday, November 14th. You can register for the event here: <https://athsvic.org.au/events/doncaster-athletic-club-mile/>  
No DAC or AV registration is required. A great way to try out track running.

**For Athletes Over 40:**

We're proud to have an over 40's team with over 30 members aged between 40 and 82! It's never too late to discover your athletic potential. Kids, tell your parents, and teachers are welcome to join in the fun too. No prior experience is needed; we're here to help you get started on your track and field journey.

**Competition Categories:**

Our competitions start from the Under 14 age group through to Under 20, followed by the Open category, and culminating with our Over 40 group.

Join us for an exciting season of track and field at Doncaster Athletic Club! We look forward to seeing many of you at the track in the coming weeks.

For any questions or to express your interest in the pole vault tryout, please reach out to DAC at [DAC@doncasterac.org.au](mailto:DAC@doncasterac.org.au).



Doncaster Athletic Club

Website: [www.doncasterac.org.au](http://www.doncasterac.org.au)

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