



## What's been happening...

### Term 4 shenanigans!

Welcome back to the children and their families!

Our days are filled with laughter and wonderful ideas. The focus this fortnight has been to add activities that children really enjoy as well as discussing emotions and self-regulation.

As per famous request... board games are back and challenge the educator is underway. We promoted physical activity by starting our FOMO Club: Sporting Superstars and set up challenges.

We are continuing our donations for Rise Up and got in our first donations from some families (cat, dog food and bird seeds, thank you Indie and Phoenix) as well as made some dog treats with... baby food?!

OSHClub will continue donating a pet Item per week till the start of December.

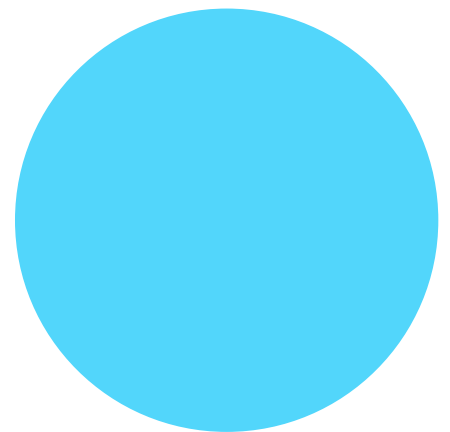
We would like to Inform you that OSHClub will be open for the upcoming Pupil Free Day on the 30th of November. Please make sure to book in your child / children and let us know if you require any assistance.

#### Digital Daily Journal:

More pictures of our projects and Daily Activities can be found on our Digital Journal – Contact us to obtain the Passcode if you don't have it ☺

<https://ourladyofassumptio1.wixsite.com/website>

Till next time!



## Coming Up

Nov  
11

### Prep Info Night

OSHClub will be present for this event.

Nov  
16

### Road Safety Week

Neighbourhood Walk

Nov  
30

### Pupil Free Day

OSHClub is open for this upcoming PFD, Bookings are essential.

## Important Dates

### Christmas Break

As you all know we are heading towards the end of the year. Here are the Important dates for OSHClub Holiday Program:

**Open: 16.12.21 till 23.12.21**

**Closed: 24.12.21 till 9.1.22**

**Open: 10.1.22 till 1.2.22**

## Quality Area Reflection

### Quality Area 5 - 5.2.2: Self - Regulation of emotions.

An area of focus this Term will be the self-regulation of emotions. We expect that some students returning to onsite learning and routines, might struggle to adapt.

We are planning ways to support these children to express and handle their emotions, such as, stress, anxiousness and feeling overwhelmed.

We will include new practices in our routine like the Yarning Circle (an Indigenous practice for family) for our Afternoon Meeting, where we will be discussing the emotions, they experience during their day and ways to identify and solve issues with others.

## Club News

### Term 4 - Kid's Clubs

#### Project FOMO activities.

Project FOMO has started. We are so excited to participate in these clubs. After a voting the children have selected to participate In Science Squad, Sporting Superstars, Waste Warriors, and we are continuing with our Cooking Masterclass.

We have experimented with colors, Ice and volcanic reactions, we have played cricket and soccer, we made papier Mache globes and socktopi, and many delicious foods.

We can't wait to show you our Club creations at the end of this Term.

Come and join in all the fun.

EXCLUSIVE TO OSHCLUB!



## Coordination Corner

### A game of Peek - a Boo...

What does “play-based learning” mean and why is it important?

To put it simply; children learn through playing. During the act of play children are exploring, taking risks, engaging their imagination, and solving problems. They are learning valuable skills that support social, physical, and cognitive development.

Play-based learning appeals to children’s natural curiosity and their desire to engage in experiences based on their own unique interests, as they make sense of the world around them. In play-based learning programs, educators tailor their teaching opportunities to align with the type of play the children are engaging in.

We found this TED Talk by a seven-year-old child! She was conducting an experiment about learning through play. Please follow this link to this amazing child.

<https://www.youtube.com/watch?v=aISXCw0Pi94>

## Community Engagement & Collaboration

### Rise Up Animal Rescue & Rehabilitation

And we are at it again! In collaboration with Mentone Park OSHClub, we are helping this organisation by creating a donations program within our OSHClub services this term and have shared a list of items that would be of help to care for the animals they rescue and rehabilitate. [You can help us by donating:](#)

- o Canned Pet Food
- o Dry Food
- o Old Clean Blankets
- o Pet Beds
- o Pet Toys
- o Worming Medications
- o Accessories like; Brushes, food bowls and Collars.

Will be donating the collected items towards the end of term on [Friday December 3rd](#) to assist this wonderful service during the Christmas break.



## Recipe

### Cauliflower Popcorn "Chicken"

#### What you'll need:

- 1 cauliflower, cut into small florets
- 1 Egg, lightly whisked
- 1 cup (75g) panko breadcrumbs
- 1/2 cup (40g) finely grated parmesan
- 1 tsp smoked paprika
- 1 tsp chicken salt
- 2 tsp coarsely chopped thyme sprigs (optional)

#### How to cook that:

Preheat oven to 200°C. Line a baking tray with baking paper. Cook the cauliflower in a large saucepan of boiling water for 5 mins or until just tender.

Drain well. Transfer to a large bowl. Stir in the egg.

Combine the breadcrumbs, parmesan, paprika, chicken salt and thyme (optional) in a large bowl.

Add the cauliflower mixture and toss to combine. Arrange the mixture in a single layer over the lined tray. Spray well with olive oil spray. Season.

Bake, turning occasionally, for 20 mins or until cauliflower is golden brown and crisp. Serve warm.

Bon Appetit!

