ST JOSEPH'S COLLEGE, MILDURA



Policy Number: COLLEGE 17
Policy Name: SunSmart Policy

Contact Officer: Principal
Date Approved by Leadership: April 23, 2019
Date of Next Review: April 2022
Related Policies: OH & S Policy

PREAMBLE

God is at the centre of our College...Mercy is the heartbeat of the Gospel. We encourage every student to grow in the fullness of life and realise their potential through the bread we break at school, the bread of relationships and the bread of conversation. Let us engage the heart and bring faith to life and life to faith (Thomas Groome).

LEGISLATION

This policy takes into account relevant legislative requirements within the state of Victoria, including the specific requirements of the Victorian Child Safe Standards as set out in *Ministerial Order No. 870*. This policy applies to St Joseph's College staff, including employees, volunteers, contractors and clergy.

1. PURPOSE

1.1 This policy is designed to ensure that all students and staff attending St Joseph's College are protected from skin damage caused by the harmful ultra-violet rays of the sun. It is to be implemented throughout the school year with particular emphasis from mid-August to the end of April.

2. AS PART OF THE GENERAL SUNSMART STRATEGIES ST JOSEPH'S COLLEGE WILL:

- 2.1 Ensure there is adequate provision of shade within the College grounds for students, by planting trees and building shade structures.
- 2.2 Incorporate appropriate educational programs that focus on skin cancer prevention into the school curriculum.
- 2.3 Encourage positive role modelling of SunSmart behaviour by all teachers and ancillary staff.
- 2.4 Seek ongoing support from parents/guardians/students and the community with regards to the SunSmart Policy and its implementation via Skoolbag, newsletters, College diaries and College assemblies.
- 2.5 Encourage all students to wear hats and SPF 30 (or higher) broad spectrum water resistant sunscreen, when exposed to the sun for more than 10 minutes, and when UV Levels are 3 or above. Sunscreen should be applied 20 minutes before going outside and every 2 hours after. The College provides sunscreen in various locations at both Campuses.
- 2.6 Encourage students without adequate protection to use shaded or covered areas at recess and lunchtime.
- 2.7 Ensure adequate protection for all staff and students involved in excursions and other outdoor activities requiring time in the sun.

- 2.8 Encourage students to be actively involved in initiatives to protect the College population from excessive exposure to the sun.
- 2.9 The College will provide stations for sunscreen dispensers in staff & student areas, and provide access to sunscreen where student activities are conducted outside especially from mid-August to the end of April. This is in accordance with the Occupational Health & Safety Act.
- 2.10 The College will consult, actively encourage and support the Student Representative Council (SRC) in the development of SunSmart policies and practices. The student representatives are to encourage, promote and model sun protection measures to the whole College community.

3. AS PART OF THE PERSONAL DEVELOPMENT PROGRAM ST JOSEPH'S COLLEGE WILL:

- 3.1 Involve the students in a variety of learning activities to develop the knowledge, attitudes and skills relevant to personal skin protection.
- 3.2 Expect staff & students to wear broad brimmed or bucket hats that shade the face, neck and ears in Terms 1 & 4 when outside.
- 3.3 Encourage students to wear broad brimmed or bucket hats that shade the face, neck and ears from mid-August to the end of April.
- 3.4 Expect staff to wear broad brimmed or bucket hats that shade the face, neck and ears from mid-August to the end of April when outside for longer than 10min.
- 3.5 Encourage students and staff to:
 - Wear clothing that is made from a closely woven fibre;
 - Apply SPF 30 (or higher) broad spectrum, water resistant sunscreen 20 minutes before all outdoor activity and re-apply every two hours;
 - Wear appropriate sunglasses to protect the eyes.
- 3.6 Use shady areas and indoor venues whenever possible.
- 3.7 Provide shade and shelter, where possible, at outdoor sporting functions, particularly if held between 10am and 2pm (11am and 3pm in Summer).
- 3.8 The daily UV Rating will be incorporated into the Morning Bulletin.

4. SUNSMART APP (CANCER COUNCIL)

- 4.1 Staff are encouraged to download the free SunSmart App onto their iPhone. After Initial setup is complete, staff should then be able to access/receive UV notifications based on settings.
- 4.2 The Risk, Compliance & Asset Manager will monitor the SunSmart App during Term 1 & Term 4, and notify staff when UV levels are elevated or higher than normal.
- 4.3 When staff receive notifications about higher UV levels, they must encourage and advise students wherever possible.
- 4.4 Further information can be found at www.cancer.org.au (Cancer Council Australia).

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SunSmart App











Protect the skin you're in with the free SunSmart App

Overexposure to ultraviolet (UV) radiation causes wrinkles and skin and eye damage, ultimately leading to skin can Protect the skin you're in with the SunSmart app for iPhone and Androids.

The SunSmart app lets you know when you do and don't need sun protection, making it easier than ever to be smart about your sun exposure all year.







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