

# Gateway Family Services

## Term 2, 2021

### Parenting Programs Summary



Program	Date & Time	Location	Registration
<b>No Scaredy Cats</b> <i>Strategies to help your child reduce anxiety &amp; build resilience. This group will assist you to understand how anxiety develops &amp; how to offset its progress whilst providing some strategies for its management.</i>	Every Monday 17th May - 31st May 9:30am - 11:30am <i>* Childcare available</i>	WinCAMP 56 Whitecross Road, WINMALEE	Gateway— 1300 316 746 (free call)
<b>Tuning In To Kids</b> <i>Emotionally Intelligent Parenting Learning to better talk &amp; understand your child to help manage your child's emotions &amp; behaviour.</i>	Every Monday 3rd May - 31st May 9:30am - 11:30am <i>* Childcare available</i>	Katoomba Public School Merriwa Street, KATOOMBA	Gateway— 1300 316 746 (free call)
<b>1-2-3 Magic &amp; Emotion Coaching</b> <i>Learn how to understand &amp; manage your child's difficult behaviour. Suitable for parents with 2 -12 year olds.</i>	Every Thursday 6th May - 20th May 10:00am - 12noon <i>* NO Childcare available</i>	Gateway Family Services (Penrith premises) Cnr Henry & Station Street, PENRITH	Gateway— 1300 316 746 (free call)
<b>Circle of Security</b> <i>Learn how to be a strong, wiser &amp; kinder parent with your kids. Suitable for parents of 0 -12 year old.</i>	Every Wednesday 5th May - 23rd June 7:30pm - 9:00pm <i>* NO Childcare available</i>	ONLINE via ZOOM	Gateway— 1300 316 746 (free call)

For more information and Individual Flyers go to:

[www.gatewayfamilyservices.org.au](http://www.gatewayfamilyservices.org.au) or [www.facebook.com/GatewayFS](https://www.facebook.com/GatewayFS)

Gateway Family Services parenting programs are funded by DSS and DCJ.

Gateway works collaboratively with community partners to bring parent groups to communities from St Marys to Blackheath.

Thanks to MMM for providing childcare for the Daytime groups.

Gateway encourages, supports & respects diversity in families & communities. Our Groups are open to everyone.

