## 7 TIPS TO BE iSAFE THESE HOLIDAYS



DEVICES ALWAYS IN FAMILY AREAS OF THE HOME AND OFF 1 HOUR BEFORE BED



## Но Но Но

Discuss restricted screen time over the holidays

## Tech Plan

Make a plan as a family and decide on the terms of use for the holidays. Put your plan in a high traffic area in your house and everyone stick to it.





- Watch online activity
- Check browsing history
- Check Social Media platforms
- Disable/limit data usage
- Use internet filters
- Disable in app purchases
- Reduce time online

Must be over 13 to use:









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