

PARENTS BUILDING SOLUTIONS

For parents, step-parents, grandparents & carers
of children aged 3 - 13 years



Join us in an interactive program to share experiences and ideas, and learn strategies to support your child

ARE YOU TIRED OF YELLING?

How to get kids to listen, without having to yell

DEALING WITH ANGER

Helping parents, and kids, deal with anger and frustration

RESPONDING TO BEHAVIOUR

Better understand why children behave the way they do

STRATEGIES THAT WORK

How can parenting be easier and more fun!

DATES: Wednesday evenings
24th Oct to 28th Nov 2018
(6-weeks)

TIME: 6.30pm – 8.45pm

WHERE: Hampton Park Baptist Church
Community Room
1 Orient Pl, Hampton Park
(Behind the library)

COST: **FREE** – Bookings Essential
Refreshments provided

BOOKINGS AND ENQUIRIES:

Sandra Phillips at ParentZone
03 5945 2000 or call/text 0447 500 355
sandra.phillips@anglicarevic.org.au

