

**TERM 3
2021**



TERM 3 2021 PROGRAMS AND EVENTS

**KURUNJANG
COMMUNITY HUB**

33 MOWBRAY CRESCENT, KURUNJANG, 3337

TERM 3 2021
KURUNJANG COMMUNITY HUB

MONDAYS
12 JUL – 13 SEP

CANTONESE RICE & NOODLE CLASSICS

TIME: 5pm – 6.30pm

COST: \$75

In Carmen's relaxed classes you will learn to cook an array of classic rice and noodle based dishes with a new one each week!

MONDAYS
12 JUL – 13 SEP

YOGA FOR EVERYONE

TIME: 5pm – 6pm

COST: \$90

Learn to relax your mind and body through gentle breathing practices and poses in our popular Yoga program.

TUESDAYS
13 JUL – 17 AUG

TASTY FOOD IDEAS ON A BUDGET

TIME: 6pm – 7.30pm

COST: \$90

Come along to these relaxed cooking classes and learn how you can make 6 low cost and delicious meals.

WEDNESDAYS
14 JUL – 15 SEP

ZUMBA FOR EVERYONE

TIME: 6.30pm – 7.30pm

COST: \$90

Get your body moving mid-week in these fun and energetic Zumba classes led by our friendly instructor Beth

SATURDAYS
17 JUL – 21 AUG

KIDS IN THE KITCHEN

TIME: 3.30pm – 5pm

COST: \$90

Kellie brings to Kurunjang Community Hub with another tasty series of recipes to share with the kids!

TERM 3 2021

KURUNJANG COMMUNITY HUB

SUNDAY 18 JUL

COOKING DEMO: CANTONESE SLOW COOKED BEEF BRISKET

TIME: 10am – 12pm

COST: Free

Live cooking demonstrations with Carmen are returning! In Carmen's second installment, watch as she cooks live for you a deliciously tender slow cooked beef brisket.

MONDAYS
19 JUL – 13 SEP

MUMS & BUBS FITNESS

TIME: 9.15am – 10am

COST: \$80

Meet new friends and return to exercise after having your bub with our new Mums & Bubs fitness sessions, this term at Kurunjang!

THURSDAYS
5 AUG – 9 SEP

JOB SEEKING 101

TIME: 1pm – 2.30pm

COST: FREE

Learn how to start searching for a job online, engage with recruitment agencies, interview techniques and walk away with a new resume and cover letter to kick start the hunt for your perfect job!



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BOOKINGS: meltonlearning.com.au

TERM 3 2021
KURUNJANG COMMUNITY HUB

MONDAYS
16 AUG – 13 SEP

**EXPRESSIONS OF
INTEREST**

**HONG KONG STREET FOOD COOKING
PROGRAM**

TIME: 5pm – 6.30pm

COST: \$75

Take your tastebuds to the Hong Kong food markets with Carmen in her street food program at Kurunjang Community Hub!

KURUNJANG GARDENING GROUP

The Kurunjang Gardening Group is open to new members! The community garden is a place where you can plant and grow your own crops and maintain the surrounding garden areas.

Each season, the group plants new seedlings generously donated by Bunnings Warehouse. Group members also enjoy one off workshops in the garden throughout the year including seasonal produce workshops, wicker bed workshops and co-planting just to name a few.

This program is run by the community, for the community. People of all ages and gardening abilities are invited to join, Everyone's ideas and skills are welcome!

Please contact the centre for more information.





ENROLMENTS

Enrolments for all programs are now online at our website (unless specified).

REFUNDS

Please refer to the refund policy on our website.

ROOM HIRE

For information on available rooms to hire at this centre, visit the 'Locations' page on our website.

CONTACT US

For more information about this centre or any of the programs on offer, contact us via phone or email or visit us during business hours.

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