

Yarra Ranges Council
invites parents, carers and professionals of children
to FREE webinars presented by
Building Better Brains Australia.



Presented by
Sian Chambers Vallance,
clinical play therapist, parent
educator and consultant
and
Tony Vallance, educator,
consultant and Australian
Teacher of the Year (2019).

Taming the Tiger

Tuesday 1st September 2020 7-8:30pm

Identify the emotional triggers in yourself and your family that lead to anger, understand the science and function of emotions, explore coping skills, resourcing, effective communication and practical tools and techniques to help restore calm and emotional health to your family.

To Register: <https://www.trybooking.com/BKYGy>

Diving Deeper - Trauma Smart Parenting

Thursday 17th September 2020 7-8:30pm

Building on the basics of brain and behaviour research this webinar is all about growing a toolbox of practical coping skills and strategies that we can use to support ourselves and those in our care during these challenging times.

Opportunity for Q and A

To Register: <https://www.trybooking.com/BKYNL>

Yarra Ranges Council is a
Child Safe Organisation

Further enquiries please contact:
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