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# Taree Christian College

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3 February 2020

## YEAR 8 CAMP & SURF SCHOOL 2020

Coffs Harbour – Coffs Coast Adventure Centre (CCAC)

Wednesday 19 February – Friday 21 February 2020

*This year's camp to Coffs Harbour is promising to be a fantastic time to develop new and deeper relationships with and between students. The program is designed to be fun whilst developing teamwork, cooperation and mutual dependence. As a staff we are looking forward to an invaluable opportunity to meet and learn more about each student in Year 8 and to teach them more about God and His world.*

Dear Parents/Carers

### Purpose:

Camps at Taree Christian College are compulsory events for all secondary students. This is a valuable time for students to develop new friendships with their peers and teachers, as well as strengthen old ones. It is a chance for students to create lasting memories and develop their character as they face challenges outside of the normal routine. We encourage parents and carers to be supportive and excited about this wonderful opportunity.

### Location & Accommodation:

The camp will be held at Coffs Coast Adventure Centre in Bonville, near Coffs Harbour. Students will be sleeping in dormitory style accommodation. Facilities include a large dining hall and kitchen, recreation/meeting hall, games room and playing areas.

### Meals:

Students will need morning tea and lunch packed for the first day. Meals on site are catered for although there may be opportunities to buy snacks at various places during the camp. Please be aware that some students suffer severely from allergies to nut products and therefore we ask that any food which is brought on camp does not contain nuts. To avoid potential problems, students will not be permitted to eat on the bus.

### Travel:

Students will be travelling by coach. We will leave the College at **9:30am** on **Wednesday 19 February**. Therefore, students need to be at the College by **9:15am** to allow time for packing of coaches, roll marking, final instructions, etc. Students will return in time for the regular afternoon buses on Friday 21 February.

### Supervising Staff:

Attending staff are - Mrs Collier, Mrs Donaldson, Mrs Blyth, Mr Reed and Mr Saunders.  
The contact number for camp is 0423 918 485.

### Activities:

Include Surfing, Ocean Awareness, Commando Course, Giant Swing, SkyWire and Zorb Ball.

Mrs Sally Collier  
Camp Organiser

Mr Wayne Green  
Head of Secondary

## *“...empowering students to make a difference”*

Taree Christian Community School Limited (trading as Taree Christian College) is an educational ministry of Taree Baptist Church.

[www.tareeccs.nsw.edu.au](http://www.tareeccs.nsw.edu.au)

ABN 92 003 351 915

# YEAR 8 CAMP & SURF SCHOOL 2020

COFFS COAST ADVENTURE CENTRE

## EQUIPMENT CHECKLIST

(tick off as YOU pack)

### ***Sleeping Gear***

- ☐ Sleeping Bag or Sheets & Blanket
- ☐ Pillow

### ***Clothing***

- ☐ Comfortable casual clothing (mid length shorts/ full length pants required for activities)
- ☐ Boardshorts and swimwear suitable for swimming and surfing - *Girls are required to wear one piece swimmers, where the midriff is covered, in accordance with College Policy.*
- ☐ Rash Shirt, T-shirt
- ☐ Warm jacket (waterproof would be a bonus)
- ☐ Rain Jacket
- ☐ Underwear etc
- ☐ Enclosed shoes (needed for all activities)
- ☐ Enclosed shoes that can get wet/ muddy (e.g. enclosed water shoes)
- ☐ Old T-shirt and mid length pants that can get wet/muddy

### ***Other***

- ☐ Bible
- ☐ Towels (at least 2 – Beach and Bath)
- ☐ Toiletries
- ☐ Camera – *optional*
- ☐ **Hat**
- ☐ **Sunglasses**
- ☐ **Sun Screen**
- ☐ **Water bottle**

### ***Meals***

- ☐ Students will need morning tea and lunch packed for the first day, in that bag students will also need to bring their swimwear and towel as the first stop is Sawtell Beach, without all their luggage.

### ***What NOT to wear:***

No Short shorts, singlets, crocs/sandals/clogs etc when on activities.

Clothing should not draw undue attention to the wearer or promote values that conflict with those of the College. Sleeveless and midriff tops are not permitted for sun protection reasons. Rash shirts for swimming are encouraged. Girl's swimmers should be one piece or a rash shirt worn as per the College policy.

# YEAR 8 CAMP & SURF SCHOOL 2020

## COFFS COAST ADVENTURE CENTRE (CCAC)

### ITINERARY

Wednesday 19 Feb	Thursday 20 Feb	Friday 21 Feb
<b>9:30am</b> Depart TCC	<b>7.00am</b> Breakfast	<b>7.00am</b> Pack up room Breakfast
<b>11:30am</b> Arrive at Sawtell Beach Lunch	<b>8.00am</b> Depart for Sawtell Beach	<b>8.00am</b> Activity Session 3
<b>12.00pm</b> Surf Session 1	<b>8.30am</b> Surf Session 4	<b>9.30am</b> Morning Tea
<b>1.00pm</b> Surf Session 2	<b>9.30am</b> Surf Session 5	<b>10.00am</b> Activity Session 4
<b>2.00pm</b> Surf Session 3	<b>10.30am</b> Morning Tea	<b>11.30pm</b> Depart CCAC
<b>3.00-3.30pm</b> Leave Sawtell Beach Arrive CCAC	<b>11.00am</b> Surf Session 6	<b>12:30pm</b> Lunch
<b>3.30pm</b> Welcome/ Sign in/ Tour	<b>12:00-12.30pm</b> Lunch Depart for CCAC	<b>2:30pm</b> Arrive TCC
<b>4.30pm</b> Afternoon Tea	<b>1.30pm</b> Activity Session 1	
<b>5.00pm</b> Free time/ Showers	<b>3.00pm</b> Afternoon Tea	
<b>6.00pm</b> Dinner	<b>3.30pm</b> Activity Session 2	
<b>7.15pm</b> Night Activity	<b>5.00pm</b> Free time/ Showers	
<b>8.30pm</b> Supper	<b>6.00pm</b> Dinner	
<b>9.00pm</b> Bedtime	<b>7.15pm</b> Night Activity	
	<b>8.30pm</b> Supper	
	<b>9.00pm</b> Bedtime	

## ACKNOWLEDGEMENT OF INFORMATION

### MISBEHAVIOUR, CIGARETTES, ALCOHOL AND PROHIBITED SUBSTANCES ON CAMPS

Please be aware that gross misbehaviour, disobedience which could endanger the safety of the student and/or others, possession of cigarettes, alcohol or any prohibited substance while on a school camp may lead to being withdrawn from the activity and sent home. Parents will be required to collect their child or come to some other appropriate arrangement with the teacher in charge to get them home. Compromising the excursion by such wilful behaviour will not be accepted. Given the clarity of this requirement parents are urged to instruct their children accordingly.

Please note that students on a level 2 card will be unable to attend College camp.

#### General Comments:

- a) Since one of the aims of the excursion is to encourage interaction among the students, iPods, MP3 players or any other media players are not to be brought.
- b) Mobile phones are not needed on camp and must not be brought; students can be contacted via staff mobile if needed urgently.
- c) If your child suffers from travel sickness it would be appreciated if you could provide them with suitable medication. This will need to be given to staff on the morning of departure, clearly labelled with your child's name and dosage instructions.
- d) While all care will be taken, the College and staff will not be responsible for lost property. Please help your child look after their belongings by clearly labelling each item.
- e) If students would like to meet with any family who are in the area, this should be negotiated with Mrs Collier prior to the excursion and a written permission note sent with your child.

Please complete the attached form regarding medical details and acknowledgement that you have read the camp information, along with the form from the Adventure Centre. Please return **both forms** to your student's Roll Call teacher by **Friday 7 February 2020**.

**Please ensure all student details particularly Emergency Contact Numbers are correct on the Parent Portal before Tuesday 18 February 2020.**

Mr Green  
*Head of Secondary*

### Year 8 Camp Consent Form 2020

**I have read and acknowledged the information about the 2020 Year 8 Coffs Coast Adventure Camp.** I give permission for my student to attend the Year 8 Camp at CCAC from Wednesday 19 until Friday 21 February 2020 and engage in the included activities. I understand that they will travel by coach.

To the best of my knowledge my child has no medical condition, disability or injury which puts them at risk participating in the activities at camp. In the event of illness or injury I authorise the seeking of such medical assistance, on my behalf, that my child may require.

Student Name		Age	Year 8 B / M
Parent/Carer Name		Parent/Carer Signature	
Parent/Carer Contact Number			
My child's swimming ability	<input type="checkbox"/> Strong	<input type="checkbox"/> Intermediate	<input type="checkbox"/> Weak
<b>MEDICAL INFORMATION</b>			
Medicare Number			
PARACETAMOL: My child may be given paracetamol to relieve short term pain such as headache, sprain (please circle)			Yes    No
Medical Information			
Does your child have regular medication? (please circle)			Yes    No
<i>All medications must be given to staff clearly marked with the student's name and dosage requirements. Staff will administer the medication.</i>			
Medication			
Dosage			
Dietary Requirements			
I give permission for photos and videos of my child to be taken whilst engaged in activities for the purpose of CCAC marketing materials and use on CCAC social media accounts (please circle)			Yes    No
I give permission for my child to receive First Aid administered by one of the trained staff at CCAC if required (please circle)			Yes    No
<b><i>Upon returning to TCC my child will be:</i></b>			
<input type="checkbox"/> Collected from the College		<input type="checkbox"/> Catching their regular bus home	

Any other comment or concern:

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## WARNING OF POTENTIAL HARM

### ASSUMPTION OF RISK FORM

I am aware that participating in any of the Coffs Coast Adventure Centre's activities can be dangerous in nature, involving possible RISKS OF INJURY. I am also aware that there is a risk of an adverse effect to a current or past injury and/or medical condition. The activities I will be participating in are as follows:

1. Capture The Flag	2. Minute To Win It
3. Commando Course	4. SkyWire
5. Giant Swing	6. Surfing & Ocean Awareness
7. Z Ball	

The Coffs Coast Adventure Centre takes all reasonable steps to provide safe and enjoyable adventure activities. However, the Coffs Coast Adventure Centre will accept no liability or responsibility for any loss or damage to property, or, injury of or to any person save for any loss or damage directly caused by the negligent act or omission of the Coffs Coast Adventure Centre. The terms hereof shall serve as a release and assumption of risk for my heirs, estate, executor, administrator, assignees, and for all members of my family.

I recognize there are rules and regulations, which govern The Coffs Coast Adventure Centre's activities, and these rules and regulations are in place for my safety, and the safety of others. I agree to abide by these rules and regulations, for my safety and for the safety of those around me.

By signing this form, I acknowledge I have read, understood this document, and will comply with its intent and purpose.

**If participant is under 18 years of age, a parent or guardian must sign this form on the participants behalf.**

Participants Signature: \_\_\_\_\_

Participants Full name: \_\_\_\_\_

Guardians Signature: \_\_\_\_\_

(if participant is under 18 years of age)

Guardians Full Name: \_\_\_\_\_

(if participant is under 18 years of age)

DATE: \_\_\_\_/\_\_\_\_/\_\_\_\_