



# STUDENT WELLBEING

Due to COVID-19, there will be times when students will be required to undertake remote learning from home. Our Student Wellbeing Team will remain available for student support during this time and can offer a counselling service online via Microsoft Teams (<https://teams.microsoft.com/start>). Please contact our Wellbeing Team via the emails below to make an appointment.

**Michael Colling** (Mon - Fri, 8:30am - 4:30pm)  
[michael.colling@education.vic.gov.au](mailto:michael.colling@education.vic.gov.au)

**Maria Rigopolous** (Mon - Fri, 8:30am - 4:30pm)  
[maria.rigopolous2@education.vic.gov.au](mailto:maria.rigopolous2@education.vic.gov.au)

**Maddie Sill** (Mon - Fri, 8:30am - 4:30pm)  
[maddison.sill@education.vic.gov.au](mailto:maddison.sill@education.vic.gov.au)

**Lisa Eyles** (Mon, Wed, Fri, 8:30am - 4:30pm)  
[lisa.eyles@education.vic.gov.au](mailto:lisa.eyles@education.vic.gov.au)

**Lisa Trovato** (Wed, Thurs, 8:30am - 4:30pm)  
[lisa.trovato@education.vic.gov.au](mailto:lisa.trovato@education.vic.gov.au)

## AFTER HOURS

Outside business hours, please refer to the following 24/7 Mental Health Services (websites / telephone counselling / online counselling). *EDSC does not take any responsibility for advice provide by these external services.*

**Beyond Blue**  
[beyondblue.org.au](http://beyondblue.org.au)  
Ph: 1300 22 4636

**Lifeline**  
[lifeline.org.au](http://lifeline.org.au)  
Ph: 13 11 14

**Headspace**  
[headspace.org.au](http://headspace.org.au)  
Ph: 1300 22 4636

**Kids Helpline**  
[kidshelpline.com.au](http://kidshelpline.com.au)  
Ph: 1800 55 1800

**MensLine Australia**  
[mensline.org.au](http://mensline.org.au)  
Ph: 1300 78 99 78

**IN AN EMERGENCY**  
**Ph: 000**